

**VOL. XCVIX** 

**USPS 297-360** 

May 2022

## **Knox County FB** Foundation Scholarship Winners Announced

Thomas Lincoln Memorial Scholarship





Ali is the daughter of Jarid and Christinel Cain of Rio. She is currently a senior at **ROWVA High School** and will be attending a university next fall to study Business Management and

Accounting. Ali is involved in an array of organizations including 4-H, FFA, and Knox County Federation. After graduation, she plans on opening a bakery and continuing her business in agriculture sales and processing.

#### **Kreig Family Scholarship** Ashlyn Murdock



Ashlyn is the daughter of Bill and Angie Murdock. She resides on a farm outside of Wataga, IL and is currently a senior at ROWVA High School. This fall, Ashlyn will be attending the University

of Illinois at Urbana-Champaign where she will be majoring in Animal Science with plans of becoming a large animal veterinarian. O'Connor Family Scholarship

#### Hayden Beard



Hayden is the son of Jason and Jennifer Beard. He resides in Dahinda, IL and is currently a senior at Williamsfield High School. In January of 2022, Hayden opened

Beards Feed Store in Williamsfield and has decided that he wants to stay in that industry. He plans on attending Western Illinois University this fall where he will major in Ag Business and minor in accounting. Following his graduation from WIU, he plans to use his skills by becoming a C.P.A.

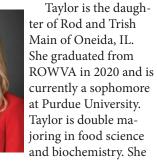
**Knox County FB Foundation Scholarship Dalton Engel** 



Illinois University. Dalton is pursu-Agricultural Science with a focus on Agronomy and Precision Technology. He

enjoys being involved in the Agronomy club, Ag Mech club, and the Collegiate Farm Bureau.

#### O'Connor Family Scholarship **Taylor Main**



is an active member of the Food Science Club and Purdue's National Agri-Marketing Association Team. Taylor has had the privilege of representing Knox County this past year as the 2021 Knox County Fair Queen.

#### You've heard about the "resilient" farmer. The one who faces adversity head on, who knows times will sometimes be tough, who bounces back when they've been beaten down.

From Resistant to Resilient: Helping



By Adrienne DeSutter

But what about the "resistant" farmer? You know help (despite the choice words they're shouting), and they tend to be a little (or a lot) stubborn. One of my most frequently asked questions related to men-

tal health is "how can I help someone who doesn't want to be helped?" It's certainly a challenge, but there are skills that can sometimes make tough conversations easier.

Here are some top tips to try when you're concerned about a resistant farmer:

Practice effective communication. Think about the last time someone gave you unsolicited advice, like sharing their thoughts on your eating or exercise habits. How did you respond? Did it make you want to eat better or exercise more? Or are you like me, and you'd rather continue your habits mostly out of spite for the unsolicited advice? No one wants to be told what to do, or hear about their imperfections. In fact, when someone is in the midst of heavy stress, sometimes they don't even want to hear logical solutions. Instead, try listening! You can try using and strengthen the communication skills you I-statements to help start a less threatening conversation (i.e. "I am worried about you" rather than "You should..."), and then let them lead the direction of the conversation.

**Practice patience.** It can be extremely hard to watch someone you love struggle, especially when you know there are resources when they're finally ready to accept it.



Remember, the only person you can control is yourself, and just because you are ready for them to change doesn't mean they are ready. And when they are ready, change takes time.

Coping with stress and mental health conditions is a process, and it's unrealistic "fine," they never need any to expect perfection overnight. Learning more about the symptoms of stress and other mental health conditions can help you better understand why your loved one acts the way they do, and can help you find patience in those sad, frustrating, and confusing moments.

> Practice what you preach. Supporting someone through stressful times can be heavy.

Supporting someone with a mental health condition can be exceptionally heavy. Just as you wish your loved one would take the initiative to care for themselves, the same expectation goes for you. Vent to a friend, call a therapist, or pull out your favorite stress management tools at the first sign that your weight seems too heavy. Not only will you get the relief you need, but you'll also be setting an example for your loved one that it's ok to need help, and it's ok to take time to care for yourself. Sometimes doing hard things becomes a little easier when you're doing them together. And bonus: a therapist can also help you set important personal boundaries need to get through to your resistant farmer!

It takes a lot of hard work to help a farmer go from resistant to resilient. Practicing these skills with intention and diligence can help you become the best support system for your farmer, and the one they know they can turn to for help







the one! They're always



### WORKSHOPS

Wednesday, June 8th | Quad Cities Thursday, June 9th | Peoria

Registration begins April 18th at http://aginaday.weebly.com/

Space is limited Registration deadline May 20th

\$10 per day includes lunch & materials

Continuing education credits will be available



#### Knox County Farm Bureau

Members are always welcome at Knox County Farm Bureau's Board of Director meetings. They are held the third Thursday of each month. Please call for times.



The Knox Co. Farm Bureau Bulletin (ISSN 0892-1156) is published monthly with a subscription price of \$.50 per year. Periodicals Postage paid at Galesburg, IL 61401-9998

> POSTMASTER: Send address changes to: KNOX CO. FARM BUREAU 180 S. Soangetaha Rd., Galesburg, IL 61401.

> > **BOARD OF DIRECTORS** DISTRICT I Monica Stevens Drew Desutter Brian Nelson Damon Shea

> > > DISTRICT II VACANT Lori Engel Cory Link Kyle Underwood

DISTRICT III Nathan Link Tom O'Connor VACANT VACANT

DISTRICT IV Becky King Phil Goedeke Jennifer Beard Jeff Grady

DISTRICT V VACANT Beau Bewley Kurt Emken Dustin Courson

Young Farmers Representative Tyler Main Farm Bureau Staff Executive Director - Hailey Weyhrich Administrative Assistant - Kim Johnson AITC Specialist - Roxanne Green Manager, Affiliated Organizations: Hailey Weyhrich - Mgr. Knox Agri Center; Hailey Weyhrich - Reg. Agent, Knox County Farm Bureau Foundation Joe Youngman - Agency Mgr. Country Financial Jim McNelly - West Central FS Telephone: 309-342-2036 Office Hours Monday thru Friday 8:00 a.m. to 4:30 p.m.



Planting the unofficial start to the new year Spring upstages January in delivering a fresh start, a contagious feeling when flowers bloom, morel mushrooms pop and calves frolic through greening pastures. Warming temperatures recharge motivations to grill out, eat healthier and take walks. We again experience the satisfying exhaustion of days spent in fresh air and sunshine.

I welcome this season when my family acts on our resolution to grow better crops in better ways, making this month a more ideal start to the New Year than January 1. In fact, I'll stay up past midnight more in

#### Page 2

this single spring planting season than the last several New Year's Eves combined.

Since harvest, our farm has serviced the planters and tractors, stocked seed, prepared the planter maps and loaded seeding prescriptions in the monitors. We studied last year's harvest data, planned new test plots, researched soil-improving microbials and prepped the planters to give millions of seeds equal opportunity to produce a better crop than the last.

Thousands of farm families like ours across Illinois will work in windows of favorable weather and ground conditions to plant corn, soybeans and other crops that cover about 75% of the state's land mass. Planting season re-energizes the state's quiet landscape, painting this blank canvas with seeds to grow golden tassels and bushy soybean plants. In our gardens, seeds promise feathery carrot tops and scratchy squash vines. Our daughter aims for sky-reaching sunflower blossoms for an FFA and 4-H project.

#### May 2022

Technology has introduced the art of satellite-guided rows and picket-fence stands. The tractor drives itself hands-free, allowing corn to sprout in straight rows at precise spacing like posts on a yard fence. Ideally, the plants emerge at the same time, courtesy of ground pressure sensors that help sow seed at consistent depths. The planter operates via satellite guidance in the absence of a row marker, the steel "arm" that once reached out to etch a line in the soil for the tractor to follow the next pass.

In many ways, the process of planting represents an act of faith and a belief in tomorrow. When the weather threatens or field conditions seem too ideal to stop, we may experience today and tomorrow in the same work session.

About the author: Joanie Stiers farms with her family in West-Central Illinois, where they grow corn, soybeans, wheat, hay and cover crops and raise beef cattle, backyard chickens and farmkids.

# Getting To Know Your Farm Bureau Policy 122. TRANSPORTATION - postings at public road crossings on railroads genery conditions

RAILWAYS

Finance

We support: 1. Strengthening of existing state laws so the Illinois Commerce Commission (ICC) can deal effectively with unfair rent increases imposed by railroads upon their tenants, and unrealistic sale prices for land offered by the railroads to tenants or other prospective buyers of railroad property.

2. Legislation requiring full disclosure of the railroad grain transportation bidding process to the individuals who participate in the process after all bids have been made and rail cars have been allocated.

We oppose diversion of railroad earnings to holding companies or non-railroad businesses at the expense of maintaining a viable railroad.

#### Infrastructure

We support: 1. Efforts to have more at-grade high-

way/railroad crossings signalized with warning lights and gates.

A. Where closure of the crossing would impose undue hardships on users of the road, greater flexibility should be shown by the ICC on safety considerations.

B. Efforts should be made to ensure that the ICC considers accident history and emergency access along with other locally important issues in decisions on petitions to close railroad crossings.

2. Protocols that maintain public safety by requiring railroads to give a minimum of two weeks advance notice of construction intentions to local residents and local government bodies prior to taking formal action on permit applications and prior to temporary railroad crossing closures.

We oppose parallel branch line mergers of rail systems and the granting of railroad abandonments which tend to lessen overall transportation competition or where there is or could be proven traffic potential.

which are abandoned.

2. A requirement that a notice of proposed crossing closure be posted at crossings 30 days in advance of a hearing to consider closure of the crossing.

3. The prompt communication, assessment of damages, cleanup and processing of claims incurred by both private landowners and units of local government following a train derailment.

4. Oversight by the ICC of median barriers and crossing safety devices placed in the approach to grade crossings which prohibit and/or hinder the flow of agricultural equipment through grade crossings.

5. Legislation that will allow the Surface Transportation Board, on petition of a state, to declare all or part of a state to be an area of inadequate rail competition, with special rail customer remedies that would apply in such areas.

#### Other

#### We support:

1. Giving authority to the state to force a railroad to temporarily cease operations on a given stretch of track due to emergency conditions.

2. Maintaining state oversight of railroads under the purview of the ICC.

3. Working with the railroad industry and the ICC to establish regulations that require parked trains to maintain a 500-foot distance from ungated and/or unsignaled at-grade crossings in unincorporated areas to provide safe visibility for motorists. Trains parked at businesses should be exempt from this requirement when it is necessary while loading or unloading, but still maintain the maximum setback distance possible.

4. Meeting with railroad officials to determine ways to improve rail service to agriculture across Illinois.

5. Encouraging rail passenger services to maintain or improve service and increase efforts to become self-sufficient.

We oppose the implementation of high speed rail projects unless the following conditions are included:

1. Safe and convenient public access is provided across the railroad.

2. Owners of private crossings are provided continued access.

3. Landowners are fairly compensated for any takings associated with the project.



We reserve the right to reject any or all news material or advertisements offered to this paper. PLEASE REPORT ANY CHANGES IN YOUR ADDRESS TO OUR OFFICE

Thank You KNOX COUNTY FARM BUREAU

Land Use We support legislation and regulations to provide that in the case of a railroad abandonment, the current owner of the tract of land from which the railroad right-of-way was obtained be given the right of first refusal for such land, including mineral rights, based upon the fair market value for comparable property rights in the area. If the current owner fails to exercise such option, the adjacent landowners will be offered the next right of refusal.

#### Access

We support: 1. Expedient placement of "exempt"

Join Illinois Farm Bureau's Vice President Duncan for exclusive monthly episodes discussing all things policy.



Visit www.ilfb.org to listen today!

## These area businesses are proud to be a part of our 2022 Discount **Program for members of the Knox County Farm Bureau®**

The Knox County Farm Bureau does not intend the Membership Discount Program as an endorsement of any business or products/services on which discounts have been obtained, and assume no liability for any service rendered under the Membership Discount Program. Benefits may change without notice and some restrictions may apply.



FASHION

BUILT

BUREAU

TRAVEL

#### RESTAURANTS

#### CONCERTS **Z00S**

FLOWERS GIFTS

# Illinois Farm Bureau members receive

We value our long-standing partnership with Farm Bureau and are proud to offer you exclusive savings.

#### ON ELIGIBLE NEW SUPER DUTY°, F-150, RANGER OR MAVERICK



### Don't miss out on this offer.

TOUGH \*Visit FordFarmBureauAdvantage.com today for complete offer details!

SPORTING EVENTS

ents of the United States. \$500 Exclusive Cash Reward on the purchase or lease of an eligible new 2021/2022/202 centives or AXZD-Plans. Some customer and purchase eligibility restrictions apply. Must be a Farm Bureau member for 30 consecutive days prior to purchase or lease and take new retail delivery from ord Dealer's stock by January 3, 2023. Visit FordFarmBureauAdvantage.com or see your authorized Ford Dealer for qualifications and complete details. Note to dealer. Claim in VINCENT using #38326 Page 4

### NEWS FROM COUNTRY FINANCIAL COUNTRY 3 Types of Auto Coverage Explained

Chances are, if you own a car, and you're a law-abiding citizen, you have auto insurance. And although auto insurance is one of the most common types of insurance out there, there are a lot of confusing terms that go along with it.

But don't let insurance mumbo-jumbo get you overwhelmed. Here are the most common types of auto insurance coverages -

Liability coverage: Protects you if you cause damage to others and/or their stuff.

Liability can help cover another person's medical bills or costs to repair their vehicle and property damaged from the accident. Most states have legal minimums to how much liability coverage you must have. It's often a good idea to carry more than what's required, to decrease your chance of high out-of-pocket costs later.

Collision coverage: Covers your car if you hit another car, person, or non-moving object.

Collision coverage helps cover costs

to repair your vehicle regardless of fault. Collision does not cover if you hit an animal or if your car breaks down because it's really old and untrustworthy.

Comprehensive coverage: Protects your car from things other than liability and collision, like theft, vandalism, fire, severe weather, or hitting a deer.

Comprehensive coverage is typically sold alongside collision coverage. Think of them as peanut butter and chocolate. Ok on their own. But together, magic.

Sometimes, when you have more questions than answers on confusing insurance terms, it might seem easier to do nothing at all. So, whether you're protecting the things you love or preparing for tomorrow, don't get overwhelmed, get started. For more information visit www.countryfinancialcom.

Auto insurance policies issued by COUNTRY Mutual Insurance Company®, COUNTRY Casualty Insurance Company®, and COUNTRY Preferred Insurance Company®, Bloomington, IL.

## **April Board Highlights**

#### **KCFB Board Attendance 2022**

	February	March	April	]
Beard, Jennifer	Р	Р	P	(D) Dresent
Bewley, Beau	Р	Р	Р	(P) Present
Courson, Dustin	A	A	Р	(A) Absent
DeSutter, Drew	A	Р	Р	(C) Cancelled
Emken, Kurt	Р	Р	Р	
Engel, Lori	Р	Р	Р	
Goedeke, Phil	Р	Р	Р	
Grady, Jeff	A	A	A	
King, Becky	A	A	A	
Link, Cory	Р	A	Р	
Link, Nathan	Р	Р	Р	
Nelson, Brian	Р	Р	Р	
O'Connor, Tom	Р	Р	Р	
Shea, Damon	A	Р	A	
Stevens, Monica	Р	Р	Р	]
Underwood, Kyle	Р	Р	Р	]

The meeting of the Board of Directors of the Knox County Farm Bureau was held on April 21, 2022.

Education & Outreach – Lori Engel Nothing new to report. Farm Business – Brian Nelson Nothing new to report. **Government and Policy - Drew** DeSutter

Sign up for FB Act text alerts by texting the word FARM to 52886.

Member Relations – Jeff Grady The 2022 Quota Program has been set and KCFB needs 1890 Associate Members and 842 Voting Members.

Foundation - Hailey Weyhrich The Internship Application deadline has starting at 9AM.

**OLD BUSINESS** 

There are 4 vacancies on the Knox County Farm Bureau Board. Directors are looking to fill the spot in District 2, 3, and 5. Task Forces met and set their Programs of Work.

**NEW BUSINESS** 

The KCFB Annual Meeting will be January 28, 2023 at Cedar Creek Hall.





Name: Michael J. White

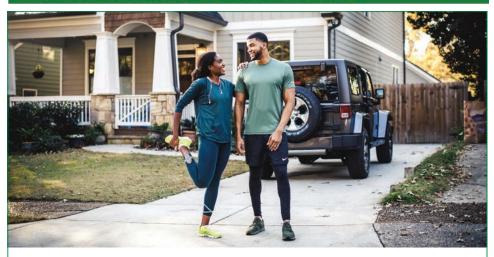
Years with COUNTRY: 37 years Office Address: 415 N Henderson St., Galesburg, IL 61401 Phone: 309-342-3177 office; 309-621-3088 cell eMail Address: michael.white@countryfinancial.com Designations: MDRT; Million Dollar Round Table 2014 and 2016. Life Underwriting Training Council Fellow; LUTCF Community Service: Mike is a current President of Western Illinois Estate and Financial Planners. He is a member of the Galesburg Rotary, Paul Harris Award recipient and has been active in many community organizations in the past. He is US Jaycee Senator, and

Michael J. White

past President of the Galesburg Jaycees. He coached baseball locally for 16 years and served as Commissioner of the Babe Ruth Leagues for 6 years. He is a Past President of the Galesburg Athletic Booster Club. For several years he served Chrysallis and Cursillo as a leader

Awards: Mike was inducted to COUNTRY Financial's Hall of Fame in February 2014. Mike has qualified for the All-American Award from COUNTRY 23 times. He was recognized by COUNTRY for his community service in 1996 with the Award of Excellence

Mission Statement: "I help people remove worry from their lives. My goal is to help my clients plan to live to 100 and prepare for a crisis in their life tomorrow



## Car insurance you need at a price you can afford









Fd Galesburg (309)342-1646 Galesburg (309)342-5316

(309)342-1625

Galesburg (309)342-317

(309)342-164



(309)686-7050

Control entancian" is the marketing name for the COUNTRY Financial family of (collectively, "COUNTRY"), which include COUNTRY Life insurance Company," a COUNC Company", and their respective subsidiaries, located in Bloomington, Illinois. 1220-507HC\_-4/22/2022





COUNTRY

been extended to April 29. PrimeTimers – Hailey Weyhrich PrimeTimers met on March 16 with Tyler Main, Patrick King, and Carl O'Connor presenting on the western wheat harvest. PrimeTimers will meet on April 19 for their next meeting

Young Farmers – Tyler Main Young Farmers will meet on May 12 for their next monthly meeting. 4-H & FFA Tractor and Lawnmower Safety School was March 22 at Birkey's and over 30 kids participated. The FFA Acquaintance Night was March 29 at Beaver's Teeth in Knoxville. Knoxville, Williamsfield, ROWVA and Galesburg chapters attended. KAC - Hailey Weyhrich The Spring Clean Up Day was March 29

## Justin McKeown | 309-343-1600 | Galesburg, Illinois

### IAA Foundation Offers Scholarships to Drive Agriculture Forward enroll, in a commercial driver training pro-

Truck drivers are critical for transporting farm commodities, inputs and food throughout Illinois and the nation. The IAA Foundation is pleased to administer the Driving Agriculture Forward Scholarship to help offset the cost of needed commercial truck driver training and ensure more welltrained, safe drivers are available.

"We are pleased to diversify the types of scholarships available through our program," said Jennifer Smith, Development Manager, IAA Foundation. "We are encouraged by the insightfulness of donors who choose to support all facets of agriculture."

In late 2021, the Illinois Farm Bureau committed to funding the Driving Agriculture Forward Scholarship. This donor agreement will continue for the next five years.

Applicants enrolled, or planning to

## **PrimeTimers News**

PrimeTimers met on April 19 to hear about the Honor Flight trip that Bob & Teresa Shipplett accompanied veterans on. The next meeting will be on May 17 with a potluck meal and speaker at noon at the Knox Agri Center. Please call the office to be added to the mailing list if you would like to join. Members 55 and older are welcome to join!

## **Peoria Appraisal Service**

6121 W Challacombe Road Edwards, IL 61528

gram at an Illinois Community College are

encouraged to apply. Five \$1,000 scholar-

ships will be awarded every three months

and are based on the Illinois Farm Bureau

and must provide proof of enrollment in

Additionally, an endorsement is required

from a farmer, County Farm Bureau leader, agribusiness, or food processing business.

Full eligibility guidelines and the link to

apply is available on the Foundation website,

For more information, contact your

County Farm Bureau, the IAA Foundation

at 309-557-2232, or e-mail Jennifer Smith at

during the corresponding award cycle.

All applicants must be Illinois residents

region where the applicant resides.

www.iaafoundation.org.

jsmith@ilfb.org

## Herbert M. Meyer, ARA

**Accredited Rural Appraiser** Phone 309-989-4007 Email: Peoriaappraisal@outlook.com Certified in IL, IN, IA, MO





Pictured is Doug Rylander, Knox County (center) with Steve Koeller (left) and Steve Stallman (right) of the IAA Board of Directors.

## ALOT Helps Ag Leaders Today!

Illinois Farm Bureau<sup>®</sup> (IFB) created Agricultural Leaders of Tomorrow (ALOT), an agricultural leadership development program designed to give participants a headstart on tackling tomorrow's leadership responsibilities.

25 IFB members representing seventeen counties have successfully completed the 43rd ALOT program. Doug Rylander represented Knox County. The 2022 ALOT sessions were held at Starved Rock, Springfield, DeKalb, Bloomington and via Zoom. To date, over 1200 participants have graduated from the program.

The eight-week training program allows participants to study and develop leadership skills in the areas of communication, political process, agricultural economics, and global issues. The 2023 ALOT program will be held in Central Illinois.

#### WELCOME NEW MEMBERS The Knox Count Farm Bureau would like to welcome the following to our organization

James and Debra Buck George Geeseman Danijel Kuna Josh Lopeman Kelly Lucas Midtown Chiropractic Clinic Brandon Richardson Blaine Schick Josef Zaher Linda England

David and Cynthia Olson Siegmund and Christine Paetsch Chris Casey Brandie and Joseph Catton Ryan Handschke MidWest Drone Solutions Vashti Howell Emily Joseph Laura Reteguin Travis and Sarrah Staker











- CRP / CREP Prairie Grass and Tree Planting Field Maintenance.
- Township ROW clearing and chemical application. Pasture ground and field borders reclamation.
- Pond treatment.
- Removal and follow up chemical treatment of large stands of Honeysuckle, Autumn and Russian Olive, Locust, and Multiflora-rose.

Tree spade, grapple and tilling service.

Herbaceous invasive plants can be mechanically removed and treated any time of the year. Follow-up chemical maintenance is required to bring your land back to its original state.

> Mike McKim 309-981-9716 • Invasiveprm@gmail.com

Page 6

## Mental Health Tips for Kids in Stressful Times

However, we tend to think that children are carefree - they have easier lives than us. As we tell them how hard growing up will be in the real world, we misjudge the reality that kids live and sharing stories every single day. In the long in their own "real world" every day. Thus, adults must acknowledge that they do face stress in their day-to-day activities.

Stressors in kids' lives can include difficult family members, difficult teachers, or overly busy schedules due to schoolwork and extracurricular activities that leave no room for relaxation. Currently, children are under stress due to a variety of added reasons. During their critical years of cognitive development, they are glued to the television, computers, and mobile phones, whether for entertainment, online classes, or family.

Parents always provide physical needs such as healthy food, warm clothes in the winter, and a reasonable sleep schedule. But a child's mental and emotional needs are often overlooked.

Healthy child development is dependent upon good mental health. It helps children develop skills in social interaction, emotional control, behavior, thinking, and communication. Taking care of their mental health now builds a solid foundation for happiness and wellbeing later in life.

Here are some tips to help your children: Talk to Them about their feelings and thoughts about what is going on around them. Let your child know that it is perfectly okay to feel different types of emotions. Take time to listen, be calm, and do not be afraid to get down of treatment. For more information call the on their level if the child is small.

Enjoy the Moment of being with your child

Stress has been part of every one of our lives. uninterrupted during the day. This can positively affect their mental health, but this is increasingly difficult in an age of constant distraction. Children benefit from looking, smiling, talking, run, taking the phone off the table and really interacting with your child in uninterrupted play will teach them how to play, feel valued, and get along with others.

Recognize Efforts. A parent's recognition of a child's effort, acknowledgment of their success, and encouragement when they struggle will boost their self-esteem. Praise in and of itself is not bad, but acknowledging effort and progress allows children to develop pride in their achievements.

Encourage their Interests. Take time to learn about their lives and the thing they value. They get to appreciate who they are, and you will be able to identify and support them easier.

As parents, our primary responsibility is to protect our children from abuse and bullying. While stress is a normal part of life, preparing your child for the future by learning how to deal with it now will set them up for success. They will certainly disagree with friends and fail assignments at some point. Thus, as a parent, it is your responsibility to empower your kids with the needed skills to cope with these circumstances.

Many children with mental health problems do not receive adequate support. Take steps to make sure your child has a healthy mental state. Early intervention can be crucial to the success Knox Community Health Center at 309-344-2225.

## May 2022 Recipe of the Month

Strawberries and Cream Bars

Ingredients

For the crust: 17.5 oz pouch Betty Crocker sugar cookie

mix

1/2 cup butter, softened 1 large egg

For the filling:

1 cup white chocolate chips 8 oz package cream cheese, softened

For the topping: 3 cups sliced fresh strawberries

- 1/2 cup granulated sugar
- 2 Tablespoons cornstarch
- 1/3 cup water
- Instructions
- For the crust:

Preheat oven to 350 degrees. Spray the bottom of a 9x13-inch baking pan with nonstick spray. In a large bowl, mix the cookie mix, butter, and egg until a dough forms.

Press dough into the bottom of the baking pan. Bake for 15-20 minutes or until light golden brown. Remove from oven and let cool completely.

#### For the filling:

In a medium bowl, beat cream cheese with an electric mixer until smooth. In a small, microwave-safe bowl, microwave white chocolate chips for 45-60 seconds or until chips are melted. Stir until smooth. Stir in the melted white chocolate chips with the cream cheese. Spread this mixture evenly over the cooled sugar cookie crust. Refrigerate while making the topping

For the topping:

In a small bowl, crush 1 cup of the strawberries. In a 2-quart saucepan, add the crushed strawberries, sugar, cornstarch, and water. Cook over medium heat, stirring constantly, until mixture boils and thickens. Remove from heat and let cool 10 minutes. Gently fold in remaining strawberries. Spoon over the filling. Cover and refrigerate 1 hour or until set.



## 2021 KNOX COUNTY HEALTH DEPARTMENT **ACHIEVEMENTS**

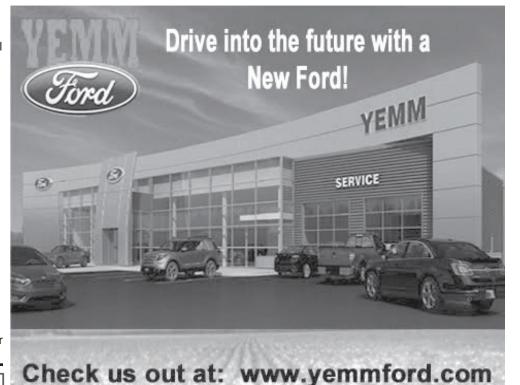
- LIHEAP Program provided a record amount of funds to Resident to assist them with utility bills.
- Recognized by DCEO as one of the top three performers in LIHEAP applications completed and total monies distributed.
- Successfully completed the IBCCP 3-year Audit.
- Waived Food Safety Permit Renewal fees for existing food Service Establishments as an effort to support existing business during the pandemic.
- Partnered with the Knox County Farm Bureau to host first COVID Vaccine Clinics.
- Developed the Unified Command Vaccine Clinic Site holding 196 COVID Vaccine Clinics and providing 15,356 COVID Vaccines.
- Successfully passed VFC COVID Vaccine Audit with high praise from reviewers.
- Developed and held a FLU Vaccine Promotion Campaign and provided vaccine.
- Developed the COVID Vaccine and Testing Division, hiring a Director for the Position
- Routinely achieved 95%-100% on all Contact Tracing Matrix IDPH monitored.
- Completed the Water and Onsite Wastewater program reviews passed both reviews.

#### **Mission Statement**

"To serve Knox County by assessing health and environmental needs, developing policies, and assuring those needs are effectively addressed."

Vision Statement

"Healthy people in a healthy community"



## Mayfield's Backhoe Service

Clearing/Grading

Excavation

Stump Grinding

Bulldozing

Field Tile Repair

**Brush Mulching** 

20+ Years Experience **OHSA Excavation Safety Compliance** Licensed & Insured

## 309-351-9520



Eric Mayfield Knoxville, Illinois



## 309-342-1121 W. Main St & Linwood Rd Galesburg, IL 61401

## **IL Farm Bureau Members can** Save \$500 on select new models!

# Looking Back

#### May 1998 FFA Students Attend Youth Conference

More than 400 FFA students and guests from over 80 Illinois counties attended the 1998 Illinois Farm Bureau & Affiliates Youth Conference, April 6 & 7 at the Decatur Holidav Inn.

Pictured are (left to right): Dana Fisher, National FFA Eastern Region Vice President: Matt Wells, President, Illinois Association FFA,

Doug Hankes, Galesburg FFA; Erin Ingle, Williamsfield FFA; Jennifer Holmes, ROWVA FFA; Lindsey Putnam, Abingdon FFA; Matthew Johnson, ROWVA FFA; and Phillip Thompson, Knoxville FFA.

"Harvest Your Dreams" offered FFAers a unique opportunity for education, professional development, and personal development. The session also outlines opportunities in agriculture and provides



information about Farm Bureau and the Farm Bureau family of companies. The annual two-day session is sponsored by IFB and its affiliated companies, which include GROWMARK, the Country Companies, Interstate Producers Livestock Association, Prairie Farms Dairy, and the IAA Trust Company.

### **MEMBERSHIP RECRUITER OF THE MONTH**

The Knox County Farm Bureau would like to recognize COUNTRY Financial Representative, Jason Lumberry, as the top membership recruiter in April. Jason signed four new Associate Members. Call your COUNTRY Representative for all your insurance and financial needs.



Offering high-yielding corn and soybean genetics, including the new



TIM EAGLE, Knoxville, Illinois Independent Sales Representative 309.368.0581 | tweagle@stineisr.com

Enlist E3<sup>™</sup> soybeans.

## ~ CLASSIFIED ADS ~

To place ads in the Bulletin or on the website, you must be a Knox County Farm Bureau member. Call 309-342-2036 or email us at assistant@knoxcfb. org by the last Friday of each month to place your ad.

HAY FOR SALE: First, Second, and Third cutting of grass and grass and alfalfa. Round bales- \$60-\$80/bale; Small square bales- \$5-\$7/bale. Call 309-368-0561 FOR SALE: Hay large net wrapped bales \$30, John Deere 5 1/2 foot pull type mower \$400, used fencing supplies, Wood and steel post, woven and barb wire, braces. Hay racks on running gear \$200-\$400, one hundred 2x6 Boards \$.50/ft, corrugated metal roofing \$.75/ft. Call (309) 335-1222 Leave a message.

FOR SALE: Sears Roebuck Saw on Stand - \$50, Sears Roebuck Jointer 3 1/2 x 21 1/2 bed - \$25, Bench-Top Lathe 27 1/2 Working length - \$70, New 8 Piece Professional Wood Turning Tools - \$50. Call (309) 368.9279

FOR SALE: Four yearling, Unregistered,

Suffolk Ewes. Reasonably priced. Good for 4-H or FFA Projects. Buy choice or All. Located near Knoxville. Please call (309) 368-7754.

FOR SALE: 12 rows of used CIH 900 planter parts for sale, including drums, hoppers, and frame mount no-till coulters. Call (309) 208-5539 if interested.

FOR SALE: Lionel Model Train \*Make an Offer, Compound Hunting Bow \$50.00 -Call (309) 342-0206

FOR SALE: Troy-Bilt (Horse) rear tine tiller, 6H, fwd & reverse, swivel handles, new carburetor in 2020. Cultivator and manuals included. \$400. Please call (309) 335-0697

WANTED: A 6» Pull-Type Mower - Any Brand. Call (309) 462-2823 and leave a message if not home.

If you sell your items, please contact the Knox County Farm Bureau office at 309-342-2036 or email assistant@knoxcfb.org, so we can provide our readers with up-to-date information.

## GALESBURG **LUMBER & CONSTRUCTION** SUPPLY, LLC

- Delivery
- Personal Customer Service
- Locally owned and operated
- Ardex
- W.R. Meadows
- Milwaukee tool products
- Special order products
- Competitive pricing

#### MANAGE YOUR TEAM IN ANY FIELD.

The AFS Connect™ Magnum™ puts productivity at your fingertips. The all-new cab is designed to provide an operator experience like no other. Plus, it features the AFS Pro 1200 display and AFS Vision Pro operating system to give you a fully connected experience no matter if you're on or off the farm. Visit Birkey's in Galesburg to see how the AFS Connect Magnum gives you the freedom to farm your way



664 US Highway 150 E Galesburg, IL 61401 (309) 341-4360 www.birkevs.com

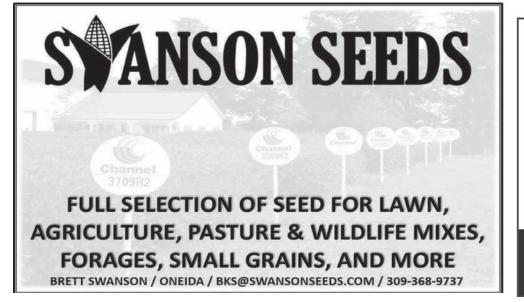
Case IH is a trademark registered in the United States and many other countries, owned by or licensed to CNH Industrial N.V., its subsidiaries or affiliates. Subject to credit approval. Terms and conditions apply.

Phone: 309-342-5185 Email: sales@galesburglumber.com

161 N. Academy St. Galesburg, IL 61401

Monday-Friday 7:00 am - 4:30 pm







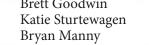
• Fire & Water Restoration Maid Services Expert Janitorial Services

2335 E. Second Street Galesburg, IL 61401 309-342-3611



Knox County Farm Bureau





Toll Free: 800-556-8909 www.bankofyatescity.com BOX 246 • YATES CITY, ILLINOIS 61572



Phone (309) 342-2800 WinshipFarmManagement.com

2020



Welding & Sandblasting SERVICE

COMPLETE WELDING & SANDBLASTING SERVICE PORTABLE WELDING - HELIARC WELDING ALUMINUM AND STAINLESS STEEL

342-6017

575 LINCOLN

GALESBURG, ILLINOIS





Visit our website for a complete lisiting of product lines and services.

