

# Bulletin



Promote the understanding of agriculture in our community to improve the profitability of farmers and enrich the quality of life in Knox County.

## Steve Johnson Seminar June 13

Dr. Steve Johnson will be at the Knox Agri Center on Tuesday, June 13 at 7 PM to present a marketing seminar titled "Riding the Crop Price Cycles".

Topics will include Supply/Demand & Crop Price Outlook, Summer Weather Forecasts & Review Crop Insurance Coverage, Pre-Harvest Marketing Strategies & Tools, Global Geo-Political Issues, Managing the Pending Financial Recession, Developing & Implementing Your '23 and '24 Crop Marketing Plans.

To reserve your seat, please call the Knox County Farm Bureau at 309-342-2036 or visit [knoxcfb.org](http://knoxcfb.org)



## The Newest 'Talk of the Town' in Ag

### Farmers love to talk

By: Adrienne DeSutter

Some like to talk about the weather. Some like to talk about economics. Some talk marketing, others talk policy, and they all talk numbers.

But for the past few years in agriculture, there's been a new "talk" in town. It's largely uncomfortable, slightly awkward, and generally misunderstood. Maybe you guessed it: it's the mental health talk.

"Mental health? That's not a talk for me. It's super weird, I don't have depression, so why would I need to learn about mental health?"

Here's the thing: this talk isn't just for those with depression, or those who we think "need help." It's for all of us.

It's for the farmers, whose neverending pressure to succeed- despite an enormous amount of uncontrollable variables- is a heavy weight that impacts their entire family. With their fields and livestock always on display, it's easy to compare their farms to others', and hard to feel like they measure up.

It's for the spouses, knowing that "busy season" doesn't just mean overtime for the farmer, but also overtime for them taking care of the home. Everything falls on their shoulders, and they're left to tackle life alone for a while.

It's for the farm kids, who play a ballgame without dad in the stands, or ache to be out running equipment on mom's lap. It's worrying about whether or not there will be room for them on the farm when they're older, and feeling the daily stress that seeps down from the adults in the family.

It's for the neighbor, concerned with the distant and downhearted way a farmer's been acting recently. Is he ok? Should she say something? How could she possibly help?

It's for those living with a condition- like



anxiety or depression- who spend their entire lives fighting an invisible enemy, and feeling completely misunderstood. They know it's not just sadness, not just worry, and the "simple

advice" from others (who often mean well but don't know enough about the condition) feels shameful and minimizing.

It's for the farm family, exhausted by the juggle of trying to be the best parent, spouse, farmer, leader, volunteer, and professional... and the feeling of inevitable inadequacy when the balls start dropping.

Mental health talk isn't just about "having an illness." It's about the chaos in all of us. It's learning how to respond to stress in a healthy and productive way, how to cultivate an environment where it's ok to ask for and accept help simply to enhance our efficiency as humans, and how to convince ourselves and our communities to make a life instead of just making a living. When we strive to be better people, we become better farmers, and our mental health is at the core of it all.

Farm life is the best life. It can also be a hard life. And that's ok, as long as your mental health is ok, too. It's your best defense against the tough stuff, and your best chance at staying in control when so many things feel out of control. There's so much we can do to "be better," no matter how mentally fit we are. So let's keep having this talk, and continue to grow healthier, smarter, and stronger, together.

**HUNTER SAFETY COURSE**  
**JUNE 9 & 10, 2023**  
 Hosted by the Knox County Farm Bureau  
 Young Farmers at the  
 Knox Agri Center.  
**Registration opens May 15, 2023**  
**Space is limited. More**  
**information & registration at**  
**[www.knoxcfb.org](http://www.knoxcfb.org)**

**WELCOME NEW MEMBERS**  
The Knox County Farm Bureau would like to welcome the following to our organization

- Ladyn Bays
- Michael and Dorrene Endicott
- Kylie Gates
- Kathy Hahn
- Tyler McCready
- Jessie Weaver-Hart
- Austin & Emma Steward
- Eli and Deanna Calkins
- James and Victoria Hartman
- Dean and Teresa Mastin
- Doris Matheny
- Jose and Yessenia Quinonez
- Dina Serven
- Karen and Michael Tuthill
- Molly Warner
- Leider Horticultural Co. Inc.
- Wes Wrage



## Ag Day For Kids

The Knox County Farm Bureau Ag in the Classroom hosted the annual 4th grade Ag Day for Kids. A change in venue allowed students to attend sessions outdoors at the Knox County Fairgrounds and the weather certainly cooperated. More photos from the event appear on page 5.



Members are always welcome at Knox County Farm Bureau's Board of Director meetings. They are held the third Thursday of each month. Please call for times.



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PLEASE REPORT ANY CHANGES IN YOUR ADDRESS TO OUR OFFICE

Thank You  
KNOX COUNTY FARM BUREAU



**Agriculture jobs outpace graduates**

Good news for the soon-to-be senior in our house: The nation's largest employer is looking for applicants.

The agriculture industry comprises about 11% of the jobs in the United States, employing more citizens than any other industry at 22 million people across more than 250 career areas, according to the U.S. Department of Agriculture. Contrary to popular belief, farmers are just a sliver of agriculture's employment pie, and there's plenty of pie available for anyone with the hunger to support the nation's need for food, fiber and fuel. No farm background required.

The demand for agricultural engineers, agronomists, plant breeders, foresters, veteri-

narians, agriscience teachers, climate specialists and more will outpace the available college graduates in these disciplines. More than 59,000 job openings will be available – per year – in agriculture, food, renewable natural resources and related industries through at least 2025, according to the 2020-2025 Employment Opportunities Report by the U.S. Department of Agriculture and Purdue University.

Students who enjoy biochemistry perhaps haven't thought to consider a career in agronomy or biofuels. The mechanically minded may like a profession as an agriculture engineer or precision agriculture specialist. Writers may find fitting opportunities as agricultural journalists.

For good reason, the wall in our high school agriculture classroom says, "Your Career Starts Here." In the last 10 years alone, I have watched students at our small school find their passions through agricultural education and the leadership and career-developing experiences of the FFA.

They now serve the agriculture industry as

agronomists, farm financial officers, agricultural educators, agricultural engineers, livestock managers and diesel technicians. My husband has hired graduates to work with precision technologies and vehicle autonomy in agriculture. Some prepare for an ag-related career, training to become agricultural accountants, veterinarians and horticulturists.

The Illinois Agri-Food Alliance, of which the Illinois Farm Bureau is a founding member, recently launched AGNITOR, a digital platform to connect agri-food professionals to classrooms for virtual chats about careers. The program intends to generate student awareness about career opportunities spanning agriculture, food and natural resources. The National FFA offers opportunities to digitally explore agricultural careers, too. These tools can help students like our daughter find their ideal fit in this diverse and necessary industry.

*About the author: Joanie Stiers farms with her family, growing corn, soybeans and hay and raising beef cattle and backyard chickens in West-Central Illinois.*

## Getting To Know Your Farm Bureau Policy

### 94. GOVERNMENT ASSISTANCE PROGRAMS

#### Government Assisted Nutrition Programs

We support:

1. Programs to provide a basic nutrition benefit to individuals based on need.
2. Benefit allotments based on a fair value amount that accounts for the true cost of food, geographical food price variation and time costs for food preparation.
3. Incentives for purchasing fruits and vegetables.
4. Education and incentives for participants to purchase food meeting nutrition dietary guidelines.
5. Increasing the use of third-party and digital platforms for all SNAP approved retailers pro-

viding that benefits are not used for service or delivery charges.

6. The acceptance of benefits at Community Supported Agriculture (CSAs), farmers markets, food hubs, online grocery stores, and farm stands.

7. Access and funding for charitable food providers to purchase domestically produced United States Department of Agriculture (USDA) commodities for distribution to individuals based on need.

8. Contact by Illinois Health and Human Services staff when nutrition program recipients request a replacement Electronic Benefits (EBT) card more than twice in a 12-month period.

9. Increasing funding for food banks and

other food and nutrition assistance programs, cold storage, and distribution costs.

10. Eliminating barriers to access Temporary Assistance for Needy Families (TANF) benefits by allowing people who are pursuing education or related job training to qualify for the program.

11. An exemption from Criterion A (staple food stock) and Criterion B (staple food sales) for retailers to the USDA Supplemental Nutrition Assistance Program (SNAP) retailer rules to allow seasonal and on-farm businesses to accept SNAP benefits.

We oppose public aid programs so lucrative that there is an economic advantage in becoming a recipient.

**You're Invited!**  
**AG IN A DAY**  
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AT [AGINADAY.WEEBLY.COM](http://AGINADAY.WEEBLY.COM)  
Deadline is May 19th

**WEDNESDAY, JUNE 7TH**  
**TOUR DAY**

**THURSDAY, JUNE 8TH**  
**CLASSROOM DAY**

**\$10 PER DAY**  
INCLUDES LUNCH AND MATERIALS

Continuing education credits will be available for teachers that attend

**May is Mental Health Awareness Month**

**STRONGER Together**

[WWW.ILFB.ORG/MENTALHEALTHWELLNESS](http://WWW.ILFB.ORG/MENTALHEALTHWELLNESS)

**FIVE STEPS TO HELP SOMEONE AT RISK**

1. Ask
2. Keep them safe
3. Be there
4. Help them connect
5. Follow up

Source: National Institute of Mental Health


**NATIONAL SUICIDE PREVENTION LIFELINE**  
1-800-273-TALK (8255) and 988



# These area businesses are proud to be a part of our 2023 Discount Program for members of the Knox County Farm Bureau®

The Knox County Farm Bureau does not intend the Membership Discount Program as an endorsement of any business or products/services on which discounts have been obtained, and assume no liability for any service rendered under the Membership Discount Program. Benefits may change without notice and some restrictions may apply.


<h2>New discounts coming soon!!!!</h2>	 <p>1964 N. Henderson St. Galesburg, IL 61401 (309) 344-3121</p> <p><b>\$2.00 Off Any Large Pizza</b> <b>\$1.00 Off Any Medium Pizza</b> (one use per day)</p> <p>(not good in conjunction with any other offer)</p>	<p><b>KNOX - GALESBURG SYMPHONY</b></p> <p>309.341.7268 Visit <a href="http://KnoxGalesburgSymphony.org">KnoxGalesburgSymphony.org</a></p> <p>10% discount on Adult Single Tickets 5% discount on Subscription Packages</p>
 <p><b>Four Seasons Pest Control, Inc.</b> Call 309-342-9644</p> <p><b>10% Discount of Initial Services</b></p>	<p><b>ClearSound Hearing</b></p> <p>FREE Remote Mircophone 2 with Premium Level Aids</p> <p>383 East Simmons St., Galesburg, IL 61401 Tel: 309-342-0458 <a href="http://www.KnoxCountyHearingCenter.com">www.KnoxCountyHearingCenter.com</a></p> <p>Deborah J. Dyer, BA, HIS Licensed Hearing Instrument Dispenser</p>	 <p>10% Off Lawn Care Applications to New Customers Their First Year. 10% Off Tree &amp; Shrub Feeding first time service for Current Customers.</p> <p>309.341.0800 • 800.339.5546</p>
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<p><b>Discounts up to \$500 on Select Equipment!</b></p> <p>Visit <a href="http://www.ilfb.org">www.ilfb.org</a> or call your County Farm Bureau</p> 	<p><b>Henn House BBQ</b> BBQ Sauce ~ Catering ~ Events ~ Weddings ~ Parties ~ Contests</p> <p>Phil &amp; Johanna Hennenfent phil@hennhousebbq.com 309-335-1671 • Altona, IL www.hennhousebbq.com</p> <p><b>10% Off Catering or Bulk Meat Purchases!</b></p>	<p>Your Full Service Hometown Jeweler</p>  <p>\$8.00 WATCH BATTERY FREE RING CLEANING &amp; INSPECTION</p> <p>370 East Simmons St. 309.344.EVER M-Th 9-5:30, Sat 9-5</p>
 <p>Eye Exams Only \$48 Save 25% On Frames. Lenses &amp; Add-Ons Are Discounted 10%-30%.</p> <p>21 Offices in Illinois Call Today for the Office nearest you 800-752-3295 or Visit our Website at <a href="http://www.bardoptical.com">www.bardoptical.com</a></p>	<h2>New discounts coming soon!!!!</h2>	<p><b>The Great Outdoors</b> 205 East Main St. Knoxville, IL 61448 (309) 388-0159</p> <p><b>10% Off New Firearms for Farm Bureau Members</b></p>
 <p>63 N. Seminary St. Galesburg, IL 61401 (309) 342-9197</p> <p><b>10% Discount on Non-sale Carpet!</b></p>	<p><b>HARSCO METALS &amp; MINERALS</b></p> <p>Paul Rider Territory Sales Manager North America</p> <p>Harsco Minerals offers fill sand to Farm Bureau members for FREE when member provides trucking. Call Paul Rider at 219-207-0288 or 1-563-506-0634 Visit us at: <a href="http://www.harscometals.com">www.harscometals.com</a></p>	 <p>\$1,000 off iLASIK &amp; 20% off of glasses! Discount not in use with insurance. Other restrictions may apply.</p> <p>They're the only eyes you'll ever have, trust Gailey to make sure they last a lifetime.</p> <p>Your Trusted Vision Care Provider For:</p> <ul style="list-style-type: none"> <li>☑ LASIK</li> <li>☑ Glaucoma Treatment</li> <li>☑ Cornea Disease</li> <li>☑ Laser Cataract Surgery</li> <li>☑ Retina &amp; Macula Care</li> <li>☑ Routine Eye Exams</li> </ul> <p>Gailey Eye Clinic GaileyEyeClinic.com   309.343.6000</p>
<p><b>TicketsatWork.com</b> Fun. With benefits.</p> <p>Visit <a href="http://TicketsatWork.com">TicketsatWork.com</a> Click become a member, create an account, company code: KCFB</p>	<p><b>Sabrina's</b> 224 E. Main St., Galesburg 341-0842 • 342-7913 Bridal, Prom &amp; Formal Wear M-F 1:00-6:00pm</p> <p>• \$10.00 OFF with a \$100.00 Purchase • Not be combined with any other discount.</p>	<p><b>SHERWIN Williams</b> 2246 Promenade Court Galesburg, Illinois 61401 (309) 344-3942</p> <p><b>Show Your Membership Card For Discount!</b></p>
<p><b>ScriptSave</b> Save up to 50% at more than 2000 pharmacies in Illinois!</p> <p>Contact the Farm Bureau Office at 342-2036 for Details.</p>	 <p>132 E. Simmons St. Downtown Galesburg 343-8376</p> <p><b>\$2.00 Off Large Pizza</b> one discount per order</p> <p>Void with any other coupon</p>	<p><b>STILL AVAILABLE!</b></p> <ul style="list-style-type: none"> <li>•2018 Knox County Plat Books</li> <li>•2018 Knox County Wall Plat Map</li> <li>•KCFB Past President's Interview DVD</li> </ul> <p>Knox County Farm Bureau 180 S. Soangetha Rd., Galesburg, IL • 309-342-2036</p>
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Memb# 123 - 9876A  
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COUNTRY FINANCIAL NEWS FROM COUNTRY FINANCIAL COUNTRY FINANCIAL

# Prepare Your Home for Severe Weather

No matter where you live, it's near certain that springtime is going to bring a change to the weather. Sometimes that weather can be severe. Whether it's thunderstorms and tornadoes or drought and wildfires, being prepared is the best first step to keep you and yours safe. A fall 2021 COUNTRY Financial survey showed one in five Americans has dealt with storm-related damage to their home and another two in five believe it will eventually happen to them, too.

Try our tips for preparing your home for severe weather this spring.

## 1. Build your emergency kit and show your family where it is

This is one of those things we all say we should do, but too few of us spend the time to put it together. But it's easy when you know what to include. The Centers for Disease Control and Prevention recommends:

- Battery-operated flashlight and NOAA Weather Radio (and extra batteries for each)
- An emergency evacuation and shelter plan, including a map of your home
- A list of important personal information, like:

- Telephone numbers of neighbors, family and friends
- Insurance and property information (we make that info available on the COUNTRY Financial mobile app)
- Telephone numbers of utility companies
- Medical information
- A first-aid kit
- A three-to-five-day supply of bottled water and nonperishable food
- Personal hygiene items
- Blankets or sleeping bags
- A separate emergency kit for your car
- You can find more tips from the CDC.

## 2. Meet with your insurance rep at least once a year

Many overlook this one, but you need to confirm you have the right insurance coverage in the event your home is damaged in a weather event, especially in a complex inflationary market where you will likely notice a higher price

for home renovations/repair. Your rep will explain it all and get you the coverage you need. Check out COUNTRY Financial's Home Insurance 101 explainer to learn more.

## 3. Create a video inventory of your home

No professional video experience is need-

ed, and you can do one in 10 minutes or less.

## 4. Don't forget about regular home maintenance

Keep your trees trimmed, don't forget to clean out those gutters and always keep an eye on the age and condition of your roof.

For more tips, visit [www.countryfinancial.com](http://www.countryfinancial.com).

## AGENT SPOTLIGHT

**Name:** Patrick G. Young, CFP, CLU, ChFC  
**Years with COUNTRY:** 20 years  
**Office Address:** 635 N. Seminary St., Galesburg, IL 61401  
**Phone:** 309-342-5316  
**eMail Address:** patrick.young@countryfinancial.com  
**Spouse:** Kimberly  
**Education:** University of Illinois at Urbana-Champaign  
**Designations:** CERTIFIED FINANCIAL PLANNER, Chartered Life Underwriter, Chartered Financial Consultant, Investment Solutions Representative  
**Mission Statement:** Provide financial security to help clients reach their goals.

## April Board Highlights

The meeting of the Board of Directors of the Knox County Farm Bureau was held on April 20, 2023.

### Education & Outreach – Lori Engel

The next Adult AITC program is being planned.

### Farm Business – Brian Nelson

Plat Books are available in the office. Plat Books are \$30 for members and \$50 for wall maps for members.

### Government and Policy – Drew DeSutter

Sign up for FB Act text alerts by texting the word FARM to 52886.

### Member Relations – Jeff Grady

The 2023 quota program has been released.

### Young Farmers – Tyler Main

April 12, 2023 was the Cover Crop Field Day in Wataga, with over 30 people in attendance. Young Farmers will be hosting a Hunter Safety Course June 9-10, 2023.

### PrimeTimers – Hailey Hennenfent

The PrimeTimers met April 18, 2023, for a potluck meal and had a speaker talk about Abingdon Pottery.

### Foundation – Hailey Hennenfent

Internship and scholarship applications were reviewed on March 28 and those chosen will be awarded soon at their school award nights if possible.

### KAC – Hailey Hennenfent

The roof is completed. Spring Clean Up day was held on March 30, 2023. Landscaping was cleaned up and lights were replaced.

### OLD BUSINESS

There are 3 vacancies on the Knox County Farm Bureau Board.

### NEW BUSINESS

The Agent Appreciation Contest was approved. The contest will take place June 1- August 29.

## KCFB Board Attendance

	February	March	April
Beard, Jennifer	P	P	P
Bewley, Beau	P	-	-
Bollivar, Jason	P	P	P
Courson, Dustin	A	A	A
DeSutter, Drew	P	P	P
Emken, Kurt	P	A	A
Emmons, Rob	P	P	P
Engel, Lori	P	P	P
Goedeke, Phil	P	P	P
Grady, Jeff	P	A	P
Link, Aaron	P	P	P
Link, Cory	A	P	A
McCormick, Joel	P	P	P
Nelson, Brian	A	P	P
O'Connor, Tom	P	P	P
Shea, Damon	A	P	P
Stevens, Monica	A	P	A
Underwood, Kyle	P	P	P

(P) Present

(A) Absent

(C) Cancelled

## Helping you protect what matters most

Patrick Young  
Galesburg  
(309)342-5316

Ed Johnson  
Galesburg  
(309)342-1646

John Ryner  
Galesburg  
(309)342-1625

Doug Atwater  
Knoxville  
(309)948-7943

Jeremy Kleine  
Galesburg  
(309)342-3177

Michael White  
Galesburg  
(309)342-3177

Joe Youngman  
Agency Manager  
Peoria  
(309)686-7050

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1220-509HC\_4/19/2023

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An email address is required.





## Knox County AGRICULTURE in the Classroom<sup>SM</sup>

On Friday, April 14, 2023, the Knox County Farm Bureau Ag in the Classroom hosted the annual 4th grade Ag Day for Kids. A change in venue allowed students to attend sessions outdoors at the Knox County Fairgrounds and the weather certainly cooperated.

457 students from Abingdon, Galesburg, Knoxville, ROWVA and Williamsfield attended sessions taught by local volunteers with topics about corn, soybeans, pork, beef, soil erosion, drones, and pollinators. Students also interacted with a bucket calf and a pony. FFA members from ROWVA, Knoxville and Abingdon chapters volunteered as class chaperones for the day. Students left with Ag Bags containing materials to read at home.

A special thanks to the Knox County Corn Growers, Knox County Cattlemen's, Knox County Pork Producers, Knox County Soil & Water Conservation District West Central FS, Jeff Hennenfent, Teresa Sanford Shiplett for teaching the sessions.





# Health on the Farm

By the Knox County Health Department



## Septic System Maintenance

Spring has sprung and with warmer weather approaching, now is a great time to get caught up on maintenance around the house that you have been putting off throughout the winter. This maintenance can include spring cleaning, painting, and even septic system maintenance! For those that live in municipalities, your home is connected to a public sewer system that transfers your wastewater to a wastewater treatment plant. However, for those that live in rural areas without access to public sewer, the wastewater from the house is discharged into a private sewage disposal system, or commonly called a "septic system."

The septic system is designed to receive all wastewater from the home including from sinks, bathtubs, showers, and toilets. As the wastewater and solids go down the drain, they flow into a septic tank where

the solids will settle out to the bottom of the tank. Bacterial digestion begins in the septic tank and is considered the primary treatment of the septic system. The liquid that remains on the top, commonly known as "effluent," flows out of the tank and gravity flows to a subsurface seepage field. This field disperses the effluent into the soil utilizing the existing soil particles to complete the bacterial digestion, known as secondary treatment, and returns the clean effluent to the water table below the ground.

How does a homeowner know if their septic system is not working properly? Signs of an improperly working septic system may include wastewater backing up through the drains in the house, or bright green, spongy grass appearing over the septic tank or drain field even during dry weather. Follow these do's and don'ts to maintain your septic system:

**Do-** Know the location of your septic system and drain field.

**Do-** Locate new patios, driveways, carports, and concrete pads away from the septic tank and drain field.

**Do-** Have your septic tank pumped every three to five years.

**Do & Don't-** It's OK to plant grass over septic system, but that is it. Certain types of plants, shrubs, and trees with deep root systems can invade septic pipes and drain fields.

**Don't-** Add a room, deck, or patio to your house within 10 feet of your septic tank.

**Don't-** Install a septic system within 75 feet of a private water well.

**Don't-** Drive or park heavy machines/




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# Think at the Sink!




What goes down your drain has a big impact on your septic system. Avoid harsh chemicals and use cleaners/detergents in moderation. Learn more at [www.epa.gov/septic](http://www.epa.gov/septic).



automobiles over the septic system. The weight can damage pipes or the tank. It can also compact the soil in your drainfield, which can prevent water from leaching deep into the ground.

**Don't** - Treat the system with household cleaners. It can kill the useful bacteria in the tank that breaks down the waste.

**Don't** - Pour cooking grease down the kitchen drain.

**Don't** - Flush any household or personal products down the toilet. They are slow to biodegrade, they can clog your system's

pipes.

Septic systems, like any other system or equipment regularly used by homeowners, require an understanding of their functions and limitations. Proper maintenance and use of your septic system can allow it to thrive for many years to come. For information on how to apply for an Onsite Wastewater Disposal System permit or how to properly care for a septic system, visit our website at [www.knoxcountyhealth.org](http://www.knoxcountyhealth.org), or call the Knox County Health Department at 309-344-2224.

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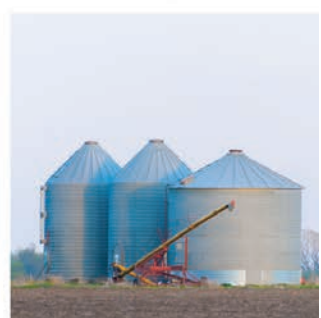
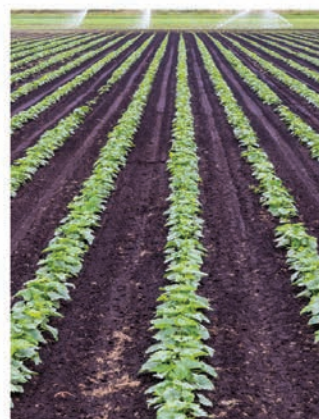
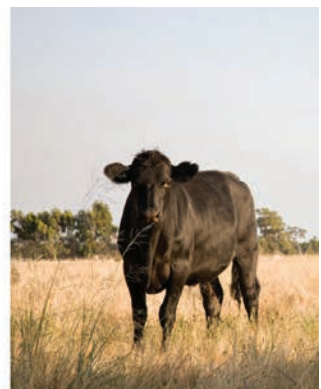


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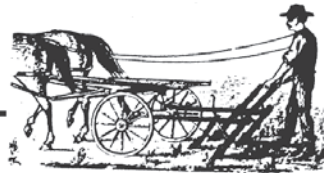
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# Looking Back



## TAKEN FROM THE MAY 1979 BULLETIN

The new Knox Agri Center building is presently in the final phases of construction. The new facility will house the Knox County Farm Bureau, Knox County Cooperative Extension Service, Knox County Country Companies Agency, Western Farm Business, Illinois Agricultural Auditing Association district office and the Knox County Health Improvement Association.

### PrimeTimers News

PrimeTimers will meet on May 16 for their monthly meeting potluck and speaker. Bill Bodine from Illinois Farm Bureau will join via Zoom to present on solar/wind energy. If you plan on attending, please bring a dish to pass. Please call the office to be added to the mailing list if you would like to join. Members 55 and older are welcome to join!

## Recipe of the Month Strawberry Shortcake Fluff Salad

### Ingredients:

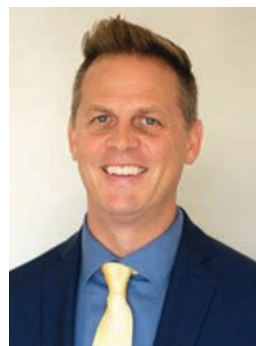
- 2 pints fresh strawberries, sliced
- ½ loaf pound cake or angel food cake
- 10.5 oz mini marshmallows
- 8 oz whipped cream topping
- 14 oz sweetened condensed milk

### Instructions:

1. Cut pound cake or angel food cake in half. Cut any dark edges off ½ loaf cake. Cut half the loaf cake into 1 ½ inch cubes.
2. Mix whipped cream topping and sweetened condensed milk together in a large bowl.
3. Stir in marshmallows.
4. Slice strawberries, add to bowl.
5. Fold ingredients together until well combined.
6. Cover and refrigerate until ready to serve.
7. Serve within 1-3 days.

## MEMBERSHIP RECRUITER OF THE MONTH

The Knox County Farm Bureau would like to recognize COUNTRY Financial Representative, Doug Atwater as the top membership recruiter in April. Doug signed three new Associate Members. Call your COUNTRY Representatives for all your insurance and financial needs.



## ~ CLASSIFIED ADS ~

To place ads in the Bulletin or on the website, you must be a Knox County Farm Bureau member. Call 309-342-2036 or email us at [assistant@knoxcfb.org](mailto:assistant@knoxcfb.org) by the last Friday of each month to place your ad.

**HAY FOR SALE:** First, Second, and Third cutting of grass and grass and alfalfa. Round bales- \$60-\$80/bale; Small square bales- \$5-\$7/bale. Call 309-368-0561

**FOR SALE:** Vermeer 605K Auto Weave Baler - Call for price; Case New Holland 7740 Powerstar Tractor - Call for price. (309) 333-6209

**FOR SALE:** Large, Net Wrapped - Mixed Grass Round Bales, shedded. \$50 (you load), \$55 (I load) - Call (309) 299-2657

**FOR SALE:** SunStar Infrared Radiant Tube Heater, SIU Series 40' (Loop), 175,000 btu, LP, Never Used - Call (309) 299-2657

**FOR SALE:** Hydraulic Dump Barge Wagon on running gear - \$400, Hay Racks on running gears - \$75 and up - Call (309) 335-1222, please leave a message.

**FOR SALE:** Bicycles - refurbished and ready to ride. All kinds, reasonable. Also parts and repairs. Call (309) 335-5947

If you sell your items, please contact the Knox County Farm Bureau office at 309-342-2036 or email [assistant@knoxcfb.org](mailto:assistant@knoxcfb.org), so we can provide our readers with up-to-date information.



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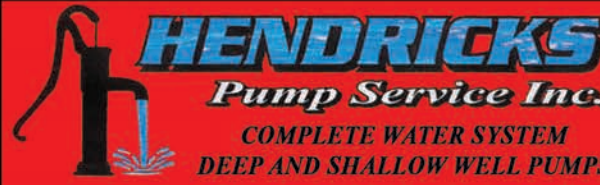
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