KNOX COUNTY FARM BUREAU®

Promoting the understanding of agriculture in our community to improve the profitability of farmers and enrich the quality of life in Knox County

VOL. XCIII

USPS 297-360

September 2016

Shank You For Your Membership!

DESUTTER WINS DISTRICT 8

Drew DeSutter won the District 8 Illinois Farm Bureau (IFB) Young Leader Discussion Meet. He will compete at the State Discussion Meet at the IFB Annual Meeting, December 3-6 in Chicago.

Members 35 and under participate to develop their skills in basic discussion techniques, analyze problems, stimulate logical thinking and to learn to criticize constructively and accept the same in the right spirit.

Welcome New Members

The Knox County Farm Bureau would like to welcome the following to our organization:

Robin Alley

Helen Verner

Brandee Barnes Robin Fewkes Diane & Walter Howard Kimberly & Kenneth Johnson Kevin Johnson Patrick Johnson Kathryn Kehoe Hailey Peoples & Jeremy Likes Sarah Neill & Brian Nelson Jake Rask Jessica Shephard Michelle & Scott Stalter Daniel Shane Sutton

Calendar of **Events**

<u>September</u>

- Young Farmers Committee, 6:30 PM, KAC
- Knox Ag Roundtable, 12 PM, KAC
- 15 KCFB Board Meeting, 7 PM, KAC
- 20 PrimeTimers Orchard Outing, 11 AM, Thistle Creek Orchard

October

20 KCFB Board Meeting, 7 PM, KAC

TRAP SHOOT A SUCCESS

The KCFB Young Farmers hosted a trap shoot fundraiser in order to continue promoting agriculture through committee

programs. Eleven teams participated in the all morning event at the Knox County Sportsman's Club in St. Augustine.



The winning trap shoot team members were Beau Bewley, Todd Johnson, Scott Pedigo, and Jesse Martinez.



Beam & Co was the top youth team in this year's shoot, crushing 35 clays out of 100.

The Young Farmers Committee would like to thank everyone who purchased raffle tickets for the Remington 870 12 gauge shotgun. The shotgun was graciously donated by Representative Don Moffitt, as well as the United States flag flown over the state capital. The winning ticket for the shotgun was purchased by Dan Erickson and winning ticket for the US flag was purchased by Ken Mc-Cracken. Thank you to all who participated and those from the Knox County Sportsman's Club who helped orchestrate the



Congratulations to Ken McCracken on winning the United States flag which was flown over the state capital.



Congratulations to Dan Erickson on winning the shotgun graciously donated by Representative Don Moffitt.

STAMPEDE 5K

Nearly 30 participants competed in the inaugural Stampede 5K in Galesburg on August 6th. The race kicked off with the help of Rollie Moore and his antique tractor. Partici-

pants ran and walked the 5K race throughout the trails of the Lake Storey Recreational Area. Proceeds benefited the Knox County Farm Bureau Foundation and its programs. Thank



Congratulations to the overall race and age division winners of the Stampede 5K!

Herd for Agrico ural Education

you to sponsors West Central FS, Munson Hybrids, Go Van Gogh's, and Office Specialists and others who made the race possible: Doug Slaton and his timing system, Cii Embroidery,

ROWVA FFA, Quality Awards, City of Galesburg, Road ID Safety Gear, and Stampede 5K



Participants gathered around the antique tractor before the Stampede 5K at Lake Storey.

MS. GREEN JOINS MS. AGGIE

My name is Roxanne Green, although born and raised in New Jersey, I have called Illinois my home for over 35

I recently retired from education, having taught all of my 35 years since college, in Illinois. I graduated with a Bachelor of Arts in Education from Monmouth College, and earned my Masters degree in Teaching

and Leadership from St. Xavier University. I moved with my family to Knox County in 2001. My husband and I live in a rural area just outside of Galesburg.

As an educator, I taught my first two years at Yorkwood Elementary School, followed by five years in Roseville. After the first of my three children was born, I began teaching in Galesburg. I have taught third

and fourth grade for the last 27 years, with a passion for science. I enjoy being part of making learning exciting for students. I've had the opportunity to have Ag in the Classroom lessons taught in my classroom over the years, I've attended Ag Day at Carl Sandburg College, as well as having attended an Ag in the Classroom convention in St. Louis.



I am looking forward to sharing my love for learning with first and second graders in Knox County!

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Members are always welcome at Knox County Farm Bureau's Board of Director meetings. They are held the third Thursday of each month. Please call for times.



September 2016

No. 9

Published Monthly

KNOX COUNTY FARM BUREAU, Inc.

cooperating with the

ILLINOIS AGRICULTURAL
ASSOCIATION
and the

AMERICAN FARM BUREAU FEDERATION

The Knox Co. Farm Bureau Bulletin (ISSN 0892-1156) is published monthly with a subscription price of \$.50 per year. Periodicals Postage paid at Galesburg, IL 61401-9998. POSTMASTER: Send address changes to KNOX CO. FARM BUREAU, 180 S. Soangetaha Rd., Galesburg, IL 61401.

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Office Hours

Monday thru Friday
8:00 a.m. to 4:30 p.m.
We reserve the right to reject any or all news material or advertisements offered to this paper.

PLEASE REPORT ANY CHANGES IN YOUR ADDRESS TO OUR OFFICE.

Thank You KNOX COUNTY FARM BUREAU



Respect rural rules mile by country mile

I backed out of our attached garage at 5 a.m. a recent morning, only to groan and announce my displeasure to an empty van. Thick fog cloaked the end of the driveway. I proceeded to scout the driving conditions in the first country mile, evading the fog only at the bottom of our road's steep gravel hill. My incognito minivan, which happens to be painted a color called "predawn gray," returned to the dense predawn fog again at the neighbor's farmstead atop the hill on level ground. I tested my brights and dims but ultimately listened to Mom's

voice in my head and turned around. This early morning grocery trip before the kids awoke wasn't worth risking my life nor that of someone else's in that 48-mile roundtrip.

Safe rural driving requires common sense, and it helps to have a farm mom like mine who attempts to make safety part of your psyche. As indicated in a servant leadership course, "Sometimes we need to be reminded more than instructed." This seems an appropriate message as fall harvest begins, which means that big, sluggish farm equipment more routinely shares the roads with quick passenger traffic. The Illinois Farm Bureau's "Rules of the Country Road" booklet (found at ilfb.org/safety) offers a timely reminder of unique rules for unique rural road situations, from absent street lights and narrow roads to blind corners and visibilityinhibiting gravel dust.

On our farm, Mom represents the talking safety manual. She reminds all of us to avoid traveling our farm's curvy and hilly gravel road at 3:10 p.m. when the school bus makes its deliveries. In other guidelines, don't pass any vehicle at a crossroad, and never pass a tractor near a field entrance. Watch for deer. Avoid raccoons with

brakes, not swerving. I suggest looking three times past the fence and corn field at the country crossroad to the south, where limited visibility may disguise the zippy cars that travel the blacktop. On all unstriped roads, which include many out here, honor imaginary stripes, especially on blind hills.

You can look at crops if you keep an eye on the road. Never drive through water that flows across the road when the Spoon River floods. Respect reflective red-and-orange triangles, the slow-moving vehicle emblems that indicate farm equipment slower than 25 mph. Thankfully, modern farm equipment elevates safety precautions with brighter lights, rotating beacons and sometimes rear cameras.

After harvest, stay put while it snows. Be wary of precipitation near 32 degrees because few roads earn salt out here. In icy conditions, coast slowly down the rural road with the smallest hills, and whenever you can, avoid driving in fog.

About the author: Joanie Stiers, a wife and mother of two, writes from rural West-Central Illinois where her family operates a multigenerational grain and livestock farm.



Greetings,

I would like to once again thank the Farm Bureau for giving me the chance to communicate with you. I know many of you are probably busy with harvest right now, so I will keep this brief.

This has been an excellent year to grow crops across much of the state. We could be witnessing one of the largest crops in Illinois history. Unfortunately crop prices are low meaning that the bottom line for many of our state's farmers could be pretty tough.

I believe situations like this shine a light on how important it is that our government makes sure it keeps the entire agriculture industry in a position to succeed even during the rough years. Our farmers are the backbone of our economy and the largest driver of export dollars for our state.

Right now our state is mired in one of the worst budget situations it has ever faced. Digging our way out will likely involve some unpopular decisions. I have made it clear to my colleagues that whatever solutions we come up with, we have to protect our families and our businesses. We can't let the bad decisions of the past hurt our hard working families today. Illinois can't go down the path of simply forcing another tax increase on its residents. We have to

fix the structural issues that put us in this terrible position. I truly believe that there is a desire among rank and file lawmakers to do the right thing, and that we may finally see some real progress after the coming election.

In the meantime, if there is anything I can

do to help you, please contact my district

chief of staff Karen Disharoon at karen@senweaver.com or call 309-693-4921. She can forward your message to me if we need to speak personally.

You can also visit my Web sites, www.senatorweaver.com, www.facebook.

com/senatorweaver, or www.twitter.com/senatorweaver.

I look forward to representing your interests in Springfield and hope to meet

all of you in the near future.
Thanks,

Church M

Chuck Weaver

Getting to Know Your Farm Bureau Policy

How well do you know Farm Bureau policy? In order to better understand it, KCFB will run monthly excerpts from the 2016 policy book. Interested in learning more about how our policy system works? It all starts with you! For more info contact the office!

159 / Nutrition

- 1. We support:
- 1.1. Teaching balanced diet guidelines following the recommendations of USDA's

food nutrition program research;

- 1.2. Recognition by USDA and the Food and Drug Administration of studies and research in nutrition which are based on published standard research criteria whether funded by producer groups or other recognized research groups;
- 1.3. Funding of nutrition research on relationships between agricultural products and coronary heart disease and cancer;
- 1.4. Teachers and health professionals being educated about sound nutritional principles;
- 1.5. USDA including whole potatoes in the Women, Infants and Children (WIC)

program;
1.6. Changing the WIC program to

- increase the number of eligible dairy products available to participants, including yogurt;

 1.7. Legislation and programs seeking
- 1.7. Legislation and programs seeking to utilize Commodity Credit Corporation owned commodities for direct distribution in lieu of food stamps; and
- 1.8. Allowing all participants in the Senior Farmers' Market Nutrition Program (SFRMNP) to purchase locally produced, USDA-certified frozen meat products sold at farmers' markets or certified roadside markets with SRFMNP vouchers



Evan Hultine, left, IFB Young Leader chairman, with Kristen and Grant Strom, IFB Achievement Award recipients on the IFB stage at the 2016 Illinois State Fair. Kristen and Grant will compete in the American Farm Bureau Federation's competition in January 2017.



Knox County Farm Bureau President Grant Strom with IFB Vice-President David Erickson at the July 2016 Resolutions Committee meeting.

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The Knox County Farm Bureau does not intend the Membership Discount Program as an endorsement of any business or products/services on which discounts have been obtained, and assume no liability for any service rendered under the Membership Discount Program. Benefits may change without notice and some restrictions may apply.

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NEWS FROM COUNTRY FINANCIAL



AGENT SPOTLIGHT



Name: Michael Weber Years with COUNTRY: 39 years Office Address: 4718 N Sheridan Rd, Peoria IL 61614

Phone: 309-686-7050 eMail Address: michael.weber@countryfinancial.com

Education: Lewis & Clark Community College-Associate Degree in Argi-Business Mgt.

Designations: CFP®

Community Service: Metamora High School Boosters Club, Guitar Group-St Mary's Church, Heart of Illinois Fair Board, Heart Home Volunteer, Children's Hospital Board Member

Michael Weber

Awards: 38 All American Awards, 36 All-Star Awards, 16 Times
National Management Award, Hall of Fame 2000, GAMA platform
speaker in Dallas-January 2000 & Kansas City-Oct 2000

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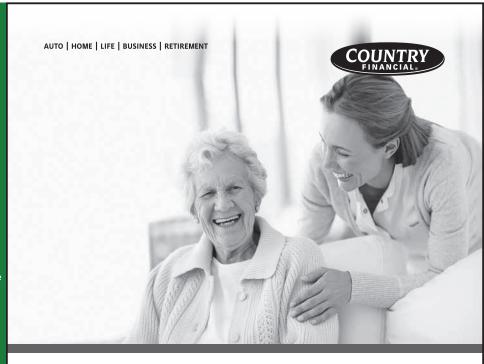
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Don't risk the possibility of spending your life savings on long term care. For help determining the right long term care policy² for your needs, contact a local COUNTRY financial representative.

1 National Clearinghouse for Long Term Care Information, 2010.

2 Policies underwritten by COUNTRY Life Insurance Company, Bloomington, Ill. Coverage varies by state. Policies include LTC-500, LTC-520, LTC-540. LTCAB and WL (OK12/04).

BOARD HIGHLIGHTS

The regular meeting of the Board of Directors of the Knox County Farm Bureau was held on Thursday, August 18, 2016

WOMENS COMMITTEE Lori Engel

The women's committee held a wine glass painting class on August 8th at Fat Fish Pub. The social went over well and the committee requested doing something similar seasonally. The women's committee family picnic is scheduled for Sunday, August 28th at Lake Storey Park, Shelter #3 at 6 p.m. for a potluck dinner.

YOUNG FARMERS Caitlin Chrzanowski

The Young Farmers sold 145 pouches of Dippin' Dots at the County Fair on Friday, July 8th, Saturday, July 9th, and Thursday, July 14th to raise \$291.45. Dippin' Dots will be available for purchase until the freezer is empty.

The Tractor & Lawnmower Driving contest winners: Lawnmower: 1st Luke Nelson, 2nd Allie Hopkins; Jr. Tractor: 1st Kyle Engel, 2nd Dylan West; Sr. Tractor: 1st Lukas Young.

The Ag Olympics and balloon scramble were a success.

The Trap Shoot and raffle were a success and raised \$1,296.78 for the committee's program of work. Thank you to Representative Donald Moffitt for sponsoring the raffle prizes.

Drew DeSutter will be representing the Knox County Farm Bureau at the State Discussion Meet at the IAA Annual Meeting

MEMBER RELATIONS TASK FORCE Brett Swanson

The Membership Report was reviewed. 2016 Quota: The Knox County Farm Bureau has made TOTAL QUOTA of 156 new members! Voting Quota - +1 M = 856 Total MM Members - (7/21 - 28 short).

GOVERNMENT & POLICY TASK FORCE

The Legislative Roundtable should begin again in September with Senator Chuck Weaver.

FARM BUSINESS TASK FORCE Todd West

The Farm Business Task Force is looking into hosting a financial meeting in November to help educate our members on how to efficiently meet with your lender.

EDUCATION

Lori Engel

The Stampede 5K fundraiser was hosted on August 6th at Lake Storey and there were 28 participants.

PRIMETIMERS

Caitlin Chrzanowski

The committee didn't meet in August.

FOUNDATION

Caitlin Chrzanowski

The next foundation meeting is August

AGRI CENTER Terry Boydstun

An efficiency audit conducted by the IFB, Ameren, and Ruyle Mechanical Services took place on July 13th and energy suggestions will be provided to the KAC

ILLINOIS FARM FAMILIES Lori Engel

Like the Knox Warren-Henderson Illinois Farm Families page on Facebook!

OLD BUSINESS

The new office furniture purchased from Office Specialists is in the office. Some of the pieces were damaged in transit and are being replaced by HON.

Register for the IAA Annual Meeting with A report from the Illinois Farm Bureau's

Farm Income & Innovations Conference was provided by the attendees. Terry Boydstun represented the Knox

County Farm Bureau on the Iowa Nutrient Issues Tour hosted by the Illinois Farm Bureau. A report was provided.

Warren-Henderson Farm Bureau and Knox will share a suite with adjoining rooms for the IAA Annual Meeting.

Sam Serven attended the ACTIVATOR Trustee meeting at which State Senator Chuck Weaver was granted the Friend of Agriculture Award, Ryan Spain, 73rd Representative District candidate was provided the ACTIVATOR endorsement, and Dan Swanson, 74th Representative District candidate was provide the ACTIVATOR endorsement.

NEW BUSINESS

Jim DeSutter, chairman of the Government & Policy Task Force recommended that the Knox County Farm Bureau provide Representative Cheri Bustos a 90/100 Effort and Accessibility Score. recommendation was approved and IAA was notified.

The Galesburg Community Foundation Grant application was discussed.

Each task force met prior to the Board meeting to prioritize programs to be completed before December 1, 2016. The Farm Business task force will provide a list of recycling materials, locations, and times in the Bulletin. The Education task force will work with Warren-Henderson County Farm Bureau to revitalize the Knox, Warren-Henderson Farm Families Committee. Priority for the education task force is to provide transportation for kids to Ag Day for Kids. The Government and

Policy task force will work to reconnect with the current adopted legislator to plan a farm visit event. Also, Representative Don Moffitt will be invited to the Christmas party. The Member Relations task force wants to make voting quota and offer a complimentary membership to the Knox County schools FFA students who earn the DeKalb Award.

The board went into executive session at

At 9:50 p.m. the executive session

Board Meeting Attendance

NAME	June	July	Augus
Bewley, Beau	Р	P	Ā
Boydstun, Terry	Р	Р	Р
Cain, Jarid	Р	Р	Р
DeSutter, Jim	Р	Р	Р
Engel, Lori	Р	Α	Р
Erickson, David S	Р	Р	Р
Goedeke, Phil	Р	Р	Р
Hennenfent, Matt	Α	Р	Р
Hoben, Tom	Р	Α	Р
King, Becky	Р	Α	Α
_ink, Jeff	Р	Р	Р
_ink, Nathan	Р	Α	Α
Main, Tim	Р	Р	Р
O'Connor, Tom	Р	Р	Р
Serven, Sam	Р	Р	Р
Seiboldt, Pat	Р	Р	Α
Stevens, Monica	Α	Α	Α
Strom, Grant	Р	Р	Р
Swanson, Brett	Α	Р	Р
Nebel, Joe	Α	Р	Р
West, Todd	Р	Р	Р
Bohnert-Yoder, Tara	Α	Р	Α

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LOCAL AND REGIONAL FOOD SUMMIT TO BRING TOGETHER FARMERS, INDUSTRY

BLOOMINGTON, Ill. — The sixth annual Local and Regional Food Conference, which brings farmers and industry together to learn how to be engaged in meeting the demand for local and regional food will take place Nov. 15, 2016, at The Pavilion in Marion, IL.

The one-day event is a collaboration of the Illinois Farm Bureau and southern Illinois Farm Bureaus, Missouri Farm Bureau, Kentucky Farm Bureau, Indiana Farm Bureau, Illinois Department of Agriculture, Southern Illinois University, University of Illinois Extension, Food Works, and Illinois Specialty Growers Association.

"This event is an opportunity for farmers and industry to convene and learn about the different local and regional projects that are taking shape and learn from experts in the industry," said Cynthia Haskins, manager of business development and compliance, Illinois Farm Bureau. "This year, we're excited for this even to be held in southern Illinois.

A few of the planned topics includes:

Overview of local and regional food projects throughout Illinois and the country The Farm Bill-What do you want to see in the next farm bill?

How do local and regional food, agritourism, wineries and special events come together?

Food Safety (Food Safety Modernization Act, Good Agriculture Practices, Group GAP)

Farmers' markets and the Cottage

Food Act and farmers' market sampling guidelines

Marketing to grocery stores and foodservice markets such as restaurants, schools and universities, and direct-toconsumer programs

The Illinois Nutrient Loss Reduction Strategy: What is it? What does it mean for Illinois agriculture? What are Illinois farmers doing to implement it in their fields?

The event will be held at The Pavilion, 1602 Sioux Drive, Marion, IL from 9:00 AM to 5:00 PM (doors open at 8:30 AM) on November 15, 2016. Event registration fee is \$25 for Farm Bureau members (\$35 for non-Farm Bureau members) and includes all event materials and lunch.

Due to limited seating, registration must be completed by Nov. 10, 2016. On-site registration is \$40.00 per person. For more information and online registration, visit the Illinois Farm Bureau website at www.ilfb.org and click on the "IFB News and Events" tab.

The Illinois Farm Bureau is a member of the American Farm Bureau Federation, a national organization of farmers and ranchers. Founded in 1916, IFB is a nonprofit, membership organization directed by farmers who join through their county Farm Bureau. IFB has a total membership of more than 400,000 and a voting membership of more than 82,000. IFB represents three out of four Illinois farmers.

Agent Appreciation

The Knox County Farm Bureau Board of Directors invited COUNTRY Financial Agents of Knox County to attend an Agent Appreciation Outing at the Oak

Run Golf Course. KCFB Directors Tim Main, Brett Swanson, Jeff Link played 18 holes and enjoyed lunch with agents Ed Johnson, Patrick Young, and Jason





Illinois Farm Bureau and the Illinois CCA Board are looking for nominations for the 2016 Illinois Certified Crop Adviser Award. Nominees should:

- · Be highly innovative
- · Have skills and initiatives that set them apart from their colleagues
- · Deliver exceptional customer service
- · Be certified in Illinois

Nominations due by 4:00pm on Friday, September 30, 2016.

For more information and to submit a nomination, go to www.ilfb.org/iccaaward.

Questions? Contact Lyndsey Ramsey at 309-557-3279 or lramsey@ilfb.org

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America's Farmers Grow Communities, sponsored by the Monsanto Fund, has partnered with farmers to award over \$22 million to more than 8,000 nonprofit organizations to make a positive impact in farming communities across America.

Farmers can enroll August 1 through November 30 for a chance to win \$2.500 to direct to a favorite community nonprofit.

In 2017, more than \$3 million will be awarded across rural America! Enroll at www.GrowCommunities.com or call 877-267-3332.

For more information, visit AMERICAS FARMERS.COM

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Health on the Farm

By the Knox County Health Department



It's Drive Thru Flu Vaccine Clinic Time!

Running errands, too busy to stop find parking and get a flu shot? Not to worry, the Knox County Health Department in conjunction with Hinchliff Pearson and West will be holding their convenient Drive Thru Flu Vaccination Clinic on Saturday, September 24th from 7:00am to 10:00am at Hinchliff Pearson and West, 1070 West Fremont Street, Galesburg. This clinic is for those age 18 years and up.

The Knox County Health Department, 1361 West Fremont Street, Galesburg, will begin offering the flu vaccine on a walk-in basis starting Monday, September 26th from 8:00am to 5:00pm.

Seasonal flu vaccinations are recommended for everyone who is at least 6 months old. It is especially important for pregnant women, people 65 and older, and people with compromised immune systems and anyone who lives with them.

The absolute best way to prevent the flu is to receive a flu vaccination. The CDC recommends everyone aged 6 months and older receive the flu shot. "Proper and frequent hand washing is so important during flu season," states Erin Olson, Director of Wellness. "Wash your hands often, especially after being in contact with someone who may have the flu. Avoid touching your eyes, nose, or mouth. This is how germs are spread. Also, practice other good health habits



such as eating well and getting enough sleep."

It takes up to two weeks for the body to build full immunity after vaccination, which is why getting vaccinated early is important. The typical peak flu season is January through March.

In addition to receiving a flu shot, it is important to practice the 3 C's –

- Clean wash your hands
- Cover cover your cough and sneeze
- **Contain** contain your germsstay home if you are sick

The cost for the flu vaccine this year is \$30 for adults, \$50 for high-dose, Pneumovax23 is \$90, and Prevnar13 is \$167; Medicaid and Medicare Part B, Cash, Check or Credit Card (Visa, Master Card, and Discover) are accepted.

If you have any questions about seasonal flu, contact the Knox County Health Department at 309-344-2224.

Drive-Thru Flu Clinic September 24th

Hinchliff Pearson-West, 1070 W. Fremont Street, Galesburg

Drive-Thru Flu Clinic 7am -10am

Adults 18 years and up only

Flu \$30.00, High Dose Flu \$50, Pneumonia \$90.00

Medicare, Medicaid Part B, Cash, Check accepted High dose flu vaccine for those aged 65 & older



We're All in this Together

This season, protect yourself... and those around you

...get a flu vaccine.





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For more information, contact: Jennifer M. Sparrow Agri-Finance Specialist 309-221-5620

MEMBERSHIP RECRUITER OF THE MONTH



The Knox County Farm Bureau would like to recognize COUNTRY Financial Representative Jason Lumberry as top membership recruiter. Jason signed 8 new associate members in August.

Call your COUNTRY Representative for all of your insurance and financial needs.

Jason Lumberry

Farm Bureau Reminds Us of Family During Farm Safety & Health Week

National Farm Safety & Health Week is September 18-24, and with that comes an important message along with this year's theme: Farm Safety... a Legacy to be Proud of."

Illinois Farm Bureau and county Farm Bureaus in Illinois are joining the National Education Center for Agricultural Safety to bring the subject to light.

"The theme serves as a reminder that it's up to us to teach our children and grandchildren to use good safety sense on the farm," Peggy Romba, Illinois Farm Bureau (IFB) Program Manager, reminds us. "This is one of the most important things we can do for them. From generation to generation, farmers learn from those who have gone before them," she adds.

Romba also points out that if safety starts in the home, then educating agricultural families can have a huge impact on the community and its business. "Entire families are often active in farming, especially on smaller farms that aren't bound by federal and state OSHA regulations. This puts more

children, women and seniors at risk than in any other field of work."

Dr. Robert Aherin, Professor, Ag Safety & Health Program Leader at the University of Illinois at Urbana-Champaign, said, "In 2015, we had the lowest number of farm deaths in Illinois than we have had for some time, with 11. Our average for the past 20 years has been about 31 deaths per year." He also pointed out that there were no farm-related grain bin deaths. "Farmers should give themselves a pat on the back, and continue to do what they are doing in taking farm safety seriously. This is proof it is making a difference."

Do you have a safety plan? Do you do safety checks on your farm regularly? Do your tractors have seat belts and rollover protection? Do you use them?

Please take the time to review safety steps with your family and employees. Don't leave farm safety to chance. Teaching by example is the safest way to work.

Contact the Knox County Farm Bureau for more information on farm safety.

PRIMETIMERS NEWS

The PrimeTimers committee did not meet in August. The next program is Tuesday, September 20th at Thistle Creek Orchard, 35 Shady Lane, Avon 61415. The caravan (optional) will leave from the KCFB Office at 10 AM.

The program on Thistle Creek Orchard and Aronia Berries will begin at 11 AM. Lunch at Main Street Café, 101 S Main St, Avon will start at 1 PM. The PrimeTimers invite members 55+ to attend.



Broccoli-Cheddar Frittata Ingredients

3 cups chopped broccoli

1 small carrot, diced, optional

½ cup water

8 eggs

¼ cup milk

2 tsp. prepared mustard

1 tsp. salt

1/8 tsp. pepper

3/4 cup shredded cheddar cheese1 tbsp. chopped green onion

Instructions

Combine broccoli, carrot, and water in 10-inch non-stick skillet. Cook over medium heat until tender, stirring occasionally to break up broccoli; about



10 minutes; drain well.

Beat eggs, milk, mustard, salt and pepper in large bowl until blended. Add broccoli mixture, cheese and green onion; mix well.

Coat same skillet with cooking spray; heat over medium heat until hot. Pour in egg mixture; cook over low to medium heat until eggs are almost set, 8 to 10 minutes.

Remove from heat. Cover and let stand until eggs are completely set and no visible liquid egg remains, 8 to 10 minutes. Cut into wedges.

From incredibleegg.com

If you would like to submit a family-favorite recipe, please provide the recipe with a picture to the KCFB office.

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Looking Back

TAKEN FROM THE JULY 1965 BULLETIN

This year's corn harvest will be difficult for many Knox
County farmers. For those fortunate enough to be missed by the wind and hail,
you will probably be harvesting a record yielding crop. This will require more
work than a low-yielding crop. If you are one of the hundreds hit by wind or
hail you will have even more problems getting the harvest job done. With this in

mind, be extra careful this year and help make this accident-free harvest in Knox

TAKEN FROM THE JULY 1972 BULLETIN

There will be a county-wide Policy Department Meeting. Your opinion and recommendations are needed. Don't pass up this opportunity to be heard and then complain that your organization is doing nothing to help you. Some subjects for consideration include: Farm Program Decisions in 1973, Financial Public Elementary and Secondary Education, Animal Health and Identification, Foreign Trade.

TAKEN FROM THE JULY 2014 BULLETIN

The Knox County Farm Bureau Women's Committee, the Knox County Cattlemen's Association, and the Knox County Pork Producers will serve food for purchase at the Taste of Home Cooking School. Guy Klinzing will prepare easy to create dishes on stage at the Orpheum Theatre during a two hour cooking demonstration. Those who purchase tickets will also receive a gift bag filled with coupons and samples from local and national sponsors.

~ CLASSIFIED ADS ~

To place ads in the Bulletin or on the website, you must be a Knox County Farm Bureau member. Call 309-342-2036 or e-mail us at ireedy@knoxcfb.org by the last Friday of each month to place the ad.

FOR SALE: Very cute 3 bedroom, 1 1/2 bathroom ranch located on dead-end street with an acre land in Galesburg. 2 1/2 car attached garage with work area and lots of storage, also attached carport. Vinyl siding, central air, enclosed back porch area, three storage sheds and many extras to this lovely home. Priced to sell at \$74,500. Please call 309-343-5033 after 3:00 PM or 309-368-7724 anytime. 9/16

FOR SALE: Like new MOPAR RAM Truck Under-the-Rail Bed Liner and Tailgate Cover, came from 2014 5'7" shortbed. \$175 for both. Call 309-299-2657. 9/16

WANTED: 50 gallon drum suitable for water storage. Please call 309-344-3806. 9/16

FOR SALE: 1994, 8465 A Case IH Round Baler, approx. 2000-2500 bales thru it, asking \$6500. Call 309-221-6310. 9/16

FOR SALE: 2005 Chevy Silverado, nice, clean truck, V6, 90,000 miles. Call 309-335-0612, 8/16

FOR SALE: 1953 Ford Jubilee tractor. Good running condition, new paint, ready for show. Also for sale is mower deck. \$4500 for both. Call 309-337-0564. 8/16

FOR SALE: A lot with four spaces at Oaklawn Memorial Gardens in Galesburg. The spaces are in the Garden of the Good Shepherd. For more information, please call 309-484-5102. 8/16

SERVICE: Mayfield's Backhoe Service offering field tile repair, grading, trucking and stump grinding. Please call Eric at 309-351-9520 8/16

FOR SALE: 2005 JD 8520, ILS Front Duals, Active Seat, Climatrak, Rear Duals, 7050 Hours, Galesburg, IL, \$87,500 O.B.O. Please leave message 309-337-1600 7/16

FOR RENT: 2 bedroom, 1 bath house, Victoria Area, Williamsfield school district. Call 309-335-3043. 7/16

FOR SALE: IHC #37 Disc, 13.5 ft-7" spacing, \$1000. Call 309-342-1463. 7/16

If you sell your items, please contact the Knox County Farm Bureau office at 309-342-2036 or email jreedy@knoxcfb.org, so we can provide our readers with up-to-date information.





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Funds will benefit the KCFB Young Farmers Committee!

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