## **KNOX COUNTY FARM BUREAU®**

# Promoting the understanding of agriculture in our community to improve the profitability of farmers and enrich the quality of life in Knox County

**VOL. XCIV** USPS 297-360 September 2017

## **Knox County Farm Bureau Names New Executive Director**

The Knox County Farm Bureau (KCFB) Board of Directors announced on August 17, 2017 that Caitlin Chrzanowski, Executive Director of the Knox County Farm Bureau, has accepted the position of Community Relations Specialist at OSF St. Elizabeth Medical Center in her hometown of Ottawa, IL. Caitlin has served as the Executive Director since July of 2015 and her last active day will be September 22,

Grant Strom, KCFB President,

said "The KCFB is very appreciative of the commitment and effort that Caitlin has given our organization. We achieved many goals that we set for ourselves as the leading voice for agriculture in Knox County. The KCFB has begun new programming and events, achieved membership quotas, and earned the President's Award and Liberty Bell Award from the Illinois Farm Bureau amongst other recognition the past two years. Caitlin is due much credit for these successes.

Though we are disappointed to see her move on, the KCFB wishes her well in her future endeavors. We know that her talent and work ethic will serve her well in her next position."

On August 17, 2017 the Knox County Farm Bureau Board of Directors hired Hailey Weyhrich, Illinois Farm Bureau Manager Trainee, as the new Executive Director of the Knox County Farm Bureau effective October 1, 2017. Hailey is from Manito and is a recent graduate of the University of Illinois with a Bachelor's Degree in Agricultural and Consumer Economics with a concentration in Agribusiness Markets and Management. Hailey started with the Illinois Farm Bureau Manager Training Program in May of 2017. "The KCFB is also excited to welcome our new Executive Director, Hailey Weyhrich, to Knox County. The KCFB Board of Directors are confident that Hailey will help lead our organization to new achievements in the future as we continue to represent



agriculture and rural interests in Knox County," stated Strom.

#### 2017 Farm to Fork Gala a Success

A diverse group of ninety Knox County residents gathered at Swanson Farms in Oneida to wrap up the 2017 summer season with the Farm to Fork Gala. Hosted by the Swanson family and the Knox County Farm Bureau, the event brought farmers and non-farmers together to highlight Illinois agriculture and facilitate conversations.

"We invited leaders from local communities and organizations to introduce them to their neighbors: local farmers who work hard every day to produce food," said Krista Swanson, who served as host for the event and as a Farm to Fork Gala committee member. "We wanted to give them an opportunity to engage in conversations about food, ask questions, and build relationships that will extend long after the meal concluded."

Landmark Café & Creperie owner, Phil Dickinson, catered the dinner and created the menu to feature local items, and staples of Illinois agriculture, such as locally grown popcorn, sweet corn sautéed with bacon and pickled jalapeno, and hydroponic greens grown in Galesburg. The meal was served on china, provided by the Farm to Fork Gala committee members.

"We presented a positive image of agriculture and farmers, and showed that we are open to answer any questions our neighbors might have," said Dan Erickson, local pork producer.

The conversations were the highlight of the evening, and guests did just that, talking wellafter dessert was served.

Alice Snyder, Chief Nursing Officer Vice President of Patient Services for OSF St. Mary Medical Center stated, "Farmers are important to our survival and really evaluate the production of food, including appropriate balance of pesticides and herbicides."

Event sponsors included, Brown Farms, Engel Farms, Goedeke Farms, Greenlords, Inc., Hultine Farms, Knox County Cattlemen's Association, Knox County Farm Bureau, Knox County Pork Producers Association, Landmark Café & Creperie, Marcoot Jersey Creamery, Pilot Knob Comforts, Prairie Farms Dairy, Sitka Salmon Shares, Smithfield Foods, and Swanson



Shown above are the members of the Farm to Fork Gala planning committee. From left to right: Terry Boydstun, Karlie Elliott Bowman, Tara Bohnert-Yoder (Chair), Kristen Strom, Krista Swanson, Becky King, and Lori Engel.



On the left, Dan Erickson, Knox County Pork Producer, is speaking with Anthony Law from Carl Sandburg College, during the 2017 Farm to Fork Gala.

## 25 local agricultural experts attended the Farm to Fork Gala on August 10, 2017 at Swanson Farms in Oneida.

**Solar Energy Workshop** Are you interested in learning Farm Bureaus on Wednesday, Farm Bureau, about solar energy. energy source and how it could benefit your farming operation?

in the Brimfield American Legion. Attendees will hear from Garrett Thalgott, Attorney for the Illinois

more about solar as an alternate September 6, 2017 at 9:00 a.m. This meeting is free to attend and refreshments will be provided. To RSVP, please call the Knox County Farm Bureau at 309-342-2036.

**EVENTS** 

## **SEPTEMBER**

CALENDAR OF

- Labor Day Office Closed AM, Brimfield American
- 6 Legion (with Peoria CFB)
- District 8 Meeting, 5:45 PM-Museum Tour, 6:30 PM-Meeting, Warren Co. History Museum
- Monarch Migration Festival
- Williamsfield Ag Days PrimeTimers, 12 PM, KAC
- 21 KCFB Board Meeting, 7 PM Dinner; 8 PM Meeting, KAC

## Stampede 5K

The 2nd Annual Stampede 5K hosted by the Education & Outreach Task Force was a huge success! Thank you to the 33 participants, Kevin & Michelle Erickson for hosting, the Knox County Ag in the Classroom hosting youth activities, and to our numerous volunteers! This event was a great way to bring our members and local community out to the farm. Along the 3.1-mile course,

yard signs with agricultural facts and trivia questions motivated our participants and helped educate about the importance of agriculture in Knox County. All proceeds from the event will benefit the Knox County Agriculture in the Classroom program. Thank you to our sponsors: ROWVA FFA, Munson Hybrids, First Midwest Bank, Swanson Seeds, Office Specialists, Inc., and Sandi's Healing Touch Massage.



Shown above are the top finishers from each age division. From left to right: Charlene Sullivan, Lori Engel, Shane Tucker, Pete Holmes, Colin Erickson, Grant Strom, Andrea Strom, Lee Strom, Clayton Strom (Top Male Finisher Overall), Krista Swanson (Top Female Finisher Overall), Jaclynn Delpierre, and Andrew Hand.



Join the Knox and Peoria County

**WELCOME NEW MEMBERS** The Knox County Farm Bureau would like to welcome the following to our organization:

Doug Bertelsen Jamie Carlson Thomas Clark Christopher Courtright Nicholas A. Derry Lori L. Ettinger Bradley E. Fell Juan Franco Delgado Michelle Gordon Ryan J. Hardine Ariel P. Mackey Anthony Mahnesmith Quincy Morrison

James D. Mudd Vinayakbhai M. Patel Platts Printing Company Jill Raible Britta Stacey-Marty Laci Swanson Johnathon L. Tomlinson Christine Van Velsor Jacob P. Weigand Jeanne A. Wiskirchen Christine E. Johnson Peggy S. Libby

Members are always welcome at Knox County Farm Bureau's Board of Director meetings. They are held the third Thursday of each month. Please call for times.



September 2017

No. 9

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KNOX COUNTY FARM BUREAU, Inc.

cooperating with the

ILLINOIS AGRICULTURAL ASSOCIATION

and the

AMERICAN FARM BUREAU FEDERATION

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#### **BOARD OF DIRECTORS**

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#### **DISTRICT III**

Brett Swanson Tom O'Connor Tom Hoben Nathan Link

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#### **DISTRICT V**

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Krista Swanson Young Farmers Representative Lori Engel Education & Outreach Task Force Chair

## Farm Bureau Staff

Manager - Caitlin Chrzanowski Administrative Assistant - Jackie Reedy AITC Specialist - Teresa Sanford-Shipplett AITC Specialist - Mary Beth Bowman AITC Specialist - Roxanne Green

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Caitlin Chrzanowski - Mgr., Knox Agri Center
Caitlin Chrzanowski - Reg. Agent, Knox County
Farm Bureau Foundation
Mike Weber - Agency Mgr.
Country Financial
Jim McNelly - West Central FS

Telephone: 309-342-2036

#### Office Hours

Monday thru Friday 8:00 a.m. to 4:30 p.m. We reserve the right to reject any or all news material or advertisements offered to this paper.

PLEASE REPORT ANY CHANGES IN YOUR ADDRESS TO OUR OFFICE.

Thank You
KNOX COUNTY FARM BUREAU



## Wiener roasts evolve, still a fall-time farm favorite

During the wiener roasts of my childhood, Dad piled logs bigger than fence posts in the barnyard. With empty feed sacks, a lighter, and about three hours to burn down, he created a fire large enough for a 4-H crowd to roast hot dogs and marshmallows. We cooked with hand-whittled willow sticks about 8 to 10 feet long. Anything shorter in distance to the burning log pile felt like an encounter with the sun.

This month, I watched my cousin rotisserie-roast his marshmallows with

a manufactured roasting rod over the portable fire pit outside our family's farm shop. Camping chairs replace straw bale seating from the barn loft. Short, re-usable metal roasting sticks spare the hour-plus of cutting and whittling willows. We can adjust the fire on wheels if the wind shifts. And we literally can put a lid on it when the fun is done. The modern conveniences mean we can experience wiener roasts more often, sometimes impromptu. For those moments, I always keep s'more supplies in my pantry's inventory.

Over the years, wiener roasts have threaded through our farm lives: A wiener roast meal for birthday parties at our farm or an uncle's farm. Fourth of July parties sometimes gathered around a fire at my grandparents' farmstead. The Sunday School director occasionally hosts wiener roasts at her farm. And nearly 20 years ago, my husband and I held our firstever conversation fireside at a local conservation club campground.

The time outdoors, the memories, casual atmosphere and food lure me to wiener roasts. I can park the lawn mower, throw on an old sweatshirt and attend a roast with grass clippings in my hair because

I will leave smelling like smoke anyway. I love the ambiance, relaxation, and the opportunity to enjoy my aunt's homemade zucchini relish on a hot dog. Then, I indulge in s'mores, one of my favorite

Our son made a "s'more tray" this year for his first 4-H woodworking project. The hand-made oak tray holds my canisters of marshmallows, pre-snapped graham crackers and quarters of Hershey bars. We'll certainly use the blue-ribbon project for our 4-H club's upcoming kickoff meeting and wiener roast, hosted at our farm. Our 4-H leader will start the event with a safety speech, a tradition for more than 45 years. He explains that the club's fireside rules originated during a time when kids carried sharpened willows double their height. The modern-day metal sticks still deserve some common sense reminders, and the parents nod in remembrance of something their kids will know as well as a rotary phone.

About the author: Joanie's family grows corn, soybeans and hay and raises beef cattle in West-Central Illinois. She is a wife and mother of two farm kids who cheer for wiener roasts

## Getting to Know Your Farm Bureau Policy

How well do you know Farm Bureau policy? In order to better understand it, KCFB will run monthly excerpts from the 2017 policy book. Interested in learning more about how our policy system works? It all starts with you! For more info contact the office!

339 / Food Quality and Safety

1. The American food supply is the

safest, most abundant and affordable in the world. Agricultural chemicals and other technological advances play a major role in maintaining both the quality and quantity of our food supply.

2. We will monitor initiatives to improve and streamline food safety to ensure that policies and procedures are in place that build trust and reliability in U.S. agriculture. We believe food safety issues at the producer level should be handled through "quality assurance programs."

4. We encourage the education of all food handlers on the proper preparation, cooking and serving of all food products and on sanity practices as part of state licensing procedures.



## And so it Begins! 2017-2018 School Year

Yes, the Ag in the Classroom coordinators are preparing for the school days ahead and letting teachers know what we have to offer for this coming year. Newsletters are out as well as the new 2017-2018 AITC calendars. Schedules, by the time you read this, are pretty well set and we are in classrooms helping students learn more about the world of agriculture and how it relates to them.

If you wonder what we've been up to this summer let us fill you in! On August 5, the 5K Stampede was held at the Kevin and Michelle Erickson's Farm in Oneida. We couldn't have had a nicer day. The sun was shining and the weather was pretty cool for August! Runners of all ages came to participate and those that didn't run (mainly the kids) had activities to keep them busy too.

The ag coordinators had all kinds of activities set up for kids of the participants. Here are some stations: Bean bag toss,



Teachers that attended the workshop participated in a skit to actively describe the life cycle of the butterfly

sack races, coloring pages, branding, a hay horse to ride complete with saddle, a cowboy hat, and a lasso. The biggest hit seemed to be the pool filled with corn that also held farm machinery and farm animals for free play.

Besides the Summer Ag Institute for teachers which was held in June there was a Monarch Teacher Network program where several of us participated. This program provides teachers with information on the Monarch Butterfly life cycle, migration, and ecology/conservation practices. If you want to get kids involved right at the start of the school year, this is the way to make it happen. "Education is the most powerful weapon

which you can use to change the world" (Nelson Mandela).

One of our September festivities will be the Monarch Migration festival held on September 9 at Lakeside Nature Center from 10:00 to 3:00. There are lots of activities for all ages: seed balls, a Monarch parade, information on beekeeping, wildflowers, prairie plants, story time, garden and tree pollinator information, and a butterfly release at 3:00. Come join us at 1033 South Lake Storey Rd., Galesburg. As Baba Dioun says, "We will conserve only what we love; we will love only what we understand and we will understand only what we are taught".



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## **NEWS FROM COUNTRY FINANCIAL**





Name: Michael Weber Years with COUNTRY: 40

Office Address: 4718 N Sheridan Rd., Peoria IL 61614 Phone: 309-686-7050

eMail Address: michael.weber@countryfinancial.com Education: Lewis & Clark Community College - Associate Degree in Agri-Business Mgt.

**Designations**: CFP®

Community Service: Metamora High School Boosters Club, Guitar Group - St Mary's Church, Heart of Illinois Fair Board, Heart Home Volunteer, Children's Hospital Board Member

Awards: 40 All American Awards, 37 All-Star Awards, 17 Times National Management Award, Hall of Fame 2000, GAMA platform speaker in Dallas–January 2000 & Kansas City

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## **BOARD HIGHLIGHTS**

### The regular meeting of the Board of Directors of the Knox County Farm Bureau was held on Thursday, August 17, 2017

#### Education & Outreach – Lori Engel

The E&O TF provided water and ice cream during the Ag Olympics on July

The Stampede 5K was hosted at Kevin & Michelle Erickson's on August 5, 2017. Thank you to the 33 runners that participated and the 15 volunteers that helped make the event a success!

The Farm to Fork Gala Sub-Committee Hosted the 2017 Farm to Fork Gala on August 10th at Swanson Family Farms. 90 people attended the event.

A survey is being sent out to schedule the family picnic.

The E&O TF is co-hosting "Flick on the Farm" with Swanson Family Farm on August 27th showing Charlotte's Web at 5 PM. Popcorn will be provided and food will be available.

#### Farm Business Taskforce -Jarid Cain

2016 Knox Co. Plat Books are available. 2018 Knox Co. Commemorative Plat Books will be available December of 2017. I you would like to advertise in this plat book, please contact the office at 309-342-2036.

Government and Policy Taskforce – Joe

Sign up for FB Act text alerts by texting the word FARM to 52886.

## Member Relations – **Matt Hennenfent**

The Centennial Celebration committee has divided into two sub-committees. The History sub-committee will be meeting

at 6 PM on Monday, August 21st in the KAC. Pizza will be provided for both subcommittees at 7 PM, and the July Event sub-committee will meet at 7:30 PM. If you are interested in helping on either subcommittee, please RSVP to Caitlin.

The Agent Appreciation Golf Outing has been scheduled for August 25th at Oak Run Golf Course. All 6 Knox County Agents have qualified to participate!

The Knox County Farm Bureau has made voting, total, and retention membership

#### Foundation - Caitlin Chrzanowski

The Foundation is meeting on August 22nd at 6 PM in the KAC for the annual and regular quarterly meeting. Pizza will be shared with the KAC Board after the

## PrimeTimers - Caitlin Chrzanowski

The PT will be meeting on September 19th at 12 PM for a potluck lunch and a presentation from Western IL Home Health

#### Young Farmer's - Krista Swanson

The Young Farmers hosted the Trap Shoot Fundraiser on July 29th at Knox Co. Sportsman's club. 7 adult teams and 1 youth team participated in the event. Thank you to our participants, everyone that purchased raffle tickets and Representatives Dan Swanson and Norine Hammond for sponsoring the gun raffle. Matt Hennenfent won the flag flow over the capital and Jesse Homer won the Remington 870 Combo 12 Gauge Shotgun. The event helped raise \$900 for the Young Farmers Program of Work

The Young Farmers will be hosting the summer cookout at Tyler Main's house on September 14th at 6:30 PM. Please bring a side dish to pass and your own beverages.

The Young Farmers will be hosting Ag Olympics activities and scooping ice cream at the Williamsfield Ag Day on September 10th.

## **KAC - Terry Boydstun**

The KAC has replaced the carpet and Drew and Jim DeSutter have removed the dead ash tree from the property. The KAC Board will be meeting on August 22nd for pizza with the KCFB Foundation Board at 6:30 PM and their annual and quarterly meetings will tollow.

## IFF - Lori Engel

Like the Knox Warren-Henderson Illinois Farm Families page on Facebook! Send farming pictures to Tara Bohnert Yoder to use with educational posts.

## **OLD BUSINESS**

Phil Goedeke moved to update the Short-Term Disability Policy to state that Exempt Employees that qualify for a Short-Term Disability will be paid at a rate of 2/3 of the daily pay rate for up to 26 weeks. Tom O'Connor seconded the motion. Motion passed.

The 2017 Farm to Fork Gala was discussed. There were 90 total attendees.

The proposed wind energy project was discussed and a landowner meeting will be scheduled with IFB legal department to educate members regarding contracts and easements. Caitlin is drafting a formal KCFB statement.

The KCFB Board re-visited the 2017-2018 priorities that were set in March of 2017 to ensure all priorities are met prior to November 30, 2017.

Caitlin will schedule a meeting for the board of directors to re-visit the current mission statement.

With no further business to come before the meeting, a motion was made by Tom Hoben and seconded by Joe Webel that the meeting be adjourned. Motion passed. The meeting was adjourned at 10:28 pm.

## **Board Meeting** Attendance

NAME	June	July	Aug
Bewley, Beau	Р	P	A
Boydstun, Terry	Р	Р	Α
Cain, Jarid	Р	Р	Р
DeSutter, Jim	Α	Α	Р
Engel, Lori	Р	Α	Р
Erickson, David S	Р	Р	Р
Goedeke, Phil	Р	Р	Р
Hennenfent, Matt	Р	Α	Р
Hoben, Tom	Р	Р	Р
Hulsizer, Matt	Р	Р	Р
King, Becky	Α	Α	Р
Link, Jeff	Р	Р	Р
Link, Nathan	Р	Α	Р
Main, Tim	Р	Р	Р
O'Connor, Tom	Р	Р	Р
Seiboldt, Pat	Р	Α	Р
Stevens, Monica	Р	Р	Р
Strom, Grant	Р	Р	Р
Swanson, Brett	Р	Р	Р
Swanson, Krista	Α	Р	Р
Webel, Joe	Α	Α	Р
West, Todd	Р	Р	Р

## **Young Farmers Trap Shoot Fundraiser** a Success!

The Young Farmers hosted a trap shoot fundraiser on July 29, 2017 at the Knox County Sportsman's Club in St. Augustine. The trap shoot fundraiser was a success having six adult teams participate and one youth team. After the team trap shoot, and individual Annie Oakley competition took place in which twenty-four shooters approached the line to leave with the win. A special thank you goes out to

Representatives Norine Hammond and Dan Swanson for sponsoring the raffle of a Remington 870 12 Gauge Shotgun and a flag flown over the capital. Thank you to Tim Robbins for providing the thrower for the shoot and to the Knox County Sportsman's Club for hosting the event! All proceeds will benefit the Young Farmers program of work.



The 2017 Trap Shoot participants pictured with Dan Swanson.



The winning adult team from left to right were Val Ramirez, Tom Maier, Geoff Monar, John Hulslande. Their winning score was 63



The winning youth team from left to right were Rowdy Beam, Annie Johnson, Rodney Beam, and Ethan Wood.



The lineup for the start of the Annie Oakley game at the 2017 Trap Shoot.

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## **Summer Intern Update**

Summer was here, and now it is gone. I cannot believe my summer internship at the Knox County Farm Bureau has came to an end. As I head back to college and reflect back on this summer, I have had wonderful opportunities to attend various activities, conferences, and meetings throughout my internship experience as well as being able to meet and gain relationships with new people. The experiences and new skills I have learned will continue to help me grow and succeed in my future!

I have recently enjoyed being able to help plan and or set up the various events that the Farm Bureau organizes. Working with youth is one of my favorite things to do. By being able to create games and activities for youth at the fairs as well as at our Stampede 5k this summer, I was able to interact with various kids. I also helped get various things organized and put together for the Farm to Fork Gala. There is a lot of work that goes into the great events put on by the Farm Bureau, but the turn outs seemed to make everything worth

Through my internship I have been introduced to many things that I had never experienced before like the radio. I loved doing my radio spots with Mandy! She was great to work with, and I always looked forward to getting to see her each week to share Knox County Farm Bureau information.

I enjoyed getting to know Caitlin and working with her all summer. I was able to learn her job and help her with whatever she needed! She was always positive, encouraging and helpful to me which made my internship enjoyable!

Each day here at the Knox County Farm Bureau seemed to be different, but I had a



great experience. I was able to go out of my comfort zone, learn and try new things and meet many new people. I enjoyed helping members with the various things they may need throughout the summer within the Farm Bureau. All the things that I have learned throughout my internship will help me succeed as I go farther down my career path. Agriculture is a passion of mine, and I plan to pursue a career in agriculture as I want to help promote the great things that are within the agriculture industry. Wherever life takes me, I am very thankful to have been given this great opportunity to work at the Knox County Farm Bureau this summer and gain more insight of another aspect of job opportunities related to agriculture. I had a lot of fun throughout my internship, and I will forever cherish the memories made and the life skills learned. Thank you!

Sincerely, Hannah Libby



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## Health on the Farm

By the Knox County Health Department



## It's Drive Thru Flu Vaccine Clinic Time!

Running errands, too busy to stop find parking and get a flu shot? Not to worry, the Knox County Health Department in conjunction with Hinchliff Pearson and West will be holding their convenient Drive Thru Flu Vaccination Clinic on Saturday, September 30th from 7:00am to 10:00am at Hinchliff Pearson and West, 1070 West Fremont Street, Galesburg. This clinic is for those age 18 years and up.

The Knox County Health Department, 1361 West Fremont Street, Galesburg, will begin offering the flu and pneumonia vaccine on a walk-in basis starting Monday, October 2nd from 8:00am to 5:00pm.

Seasonal flυ vaccinations recommended for everyone who is at least 6 months old. It is especially important for pregnant women, people 65 and older, and people with compromised immune systems and anyone who lives with

There are many flu viruses and they are constantly changing. **SEASON** composition of U.S. flu vaccines is reviewed annually and updated **AHEAD** to match circulating flu viruses. Flu vaccines protect against the three or four viruses that research suggests will be most common. For 2017-2017, three component vaccines are recommended to contain:

- an A / Michigan / 45 / 2015 (H1N1)pdm09-like virus
- an A / HongKong / 4801 / 2014(H3N2)-like virus
- a B / Brisbane / 60 / 2008-like [B / Victoria lineage) virus

The absolute best way to prevent the flu is to receive a flu vaccination. The CDC recommends everyone aged 6 months and older receive the flu shot. Proper and frequent hand washing is so important during flu season. Wash your hands often, especially after being in contact with someone who may have the flu. Avoid touching your eyes, nose, or mouth. This is how germs are spread. Also, practice other good health habits such as eating well and getting enough sleep.

The Health Department will again have Fluzone High-Dose influenza vaccine this year. Fluzone High-Dose is an inactivated influenza virus vaccine for people ages 65 years and older to prevent disease caused by influenza virus. The Fluzone High-Dose vaccine contains four times the amount of antigen (the part of the vaccine that prompts the body to make antibody) contained in the regular flu vaccines.

It takes up to two weeks for the body to build full immunity after vaccination, which is why getting vaccinated early is important. The typical peak flu season is January through March.

> In addition to receiving a flu shot, it is important to practice the 3 C's -

- Clean wash your
- Cover cover your cough and sneeze
- Contain contain your germs- stay home if you are sick

The cost for the flu vaccine this year is \$30 for adults, \$50 for high-dose, Pneumovax23 is \$90, and Prevnar13 is \$167; Medicaid and Medicare Part B, Cash, Check or Credit Card (Visa, Master Card, and Discover) are

If you have any questions about seasonal flu, contact the Knox County Health Department at 309-344-2224.



# Drive Through Flu Shot Clinic

## Saturday, Sept. 30 • 7-10am Hinchliff-Pearson-West 1070 West Fremont Street, Galesburg

The Knox County Health Department will be offering flu shots to Knox County residents. Drive through the Hinchliff-Pearson-West parking lot and be treated to a flu shot, donut and cup of Innkeeper's coffee.

The Health Department will file a claim for Medicare Part B and Medicaid recipients. All other individuals will be asked to pay for the flu vaccine administration.

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For more information, contact the Health Department at 309-344-2224



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### MEMBERSHIP RECRUITER OF THE MEMBERSHIP DRIVE



The Knox County Farm Bureau would like to recognize COUNTRY Financial Representative Jason Lumberry as top membership recruiter for the Membership Drive Contest which ran from June 1st until August 17th. Jason signed 16 new associate members.

Call your COUNTRY Representative for all your insurance and financial needs.

Jason Lumberry

#### **PRIMETIMERS NEWS**

All members 55 years and older are invited to join the Knox County Farm Bureau's PrimeTimers Committee on

Tuesday, September 19th at 12 PM for a potluck lunch and a presentation from Western IL Home Health Care. Please RSVP at 309-342-2036.

#### ~ CLASSIFIED ADS ~

To place ads in the Bulletin or on the website, you must be a Knox County Farm Bureau member. Call 309-342-2036 or e-mail us at jreedy@knoxcfb. org by the last Friday of each month to place the ad.

**FOR SALE:** Meade Polaris Telescope 114 EQ-AR. \$50. Call 309-368-4643. 9/17

FOR SALE: Teeter Inversion Table EP-860. \$150. Call 309-368-4643. 9/17

FOR RENT: Nice 2 bedroom Trailer south of Knoxville. \$300 per month. References and deposit required. Gas and electricity not included in monthly rental payment. Call 309-335-4023. 9/17

FOR SALE: 1995 Basstracker Pro 16 loaded 40 hp Johnson. New boat cover. Minnkota 40lb power drive foot control. \$3,800. Call 343-6861. 8/17

FOR SALE: 0-1 inch & 0-2 inch metric micrometers. \$50 Each. 0-1 inch, 0-2 inch, & 0-3 inch starrett. \$50 each. Call 343-6861.8/17

FOR SALE: Diamond Jubilee Exlectrolux vacuum cleaner with attachments. Call 309-484-2683. 8/17

FOR SALE: Small computer desk & chair. Asking \$30 for the pair. Call or text 299-5548. Can text pictures. 8/17

**HELP WANTED:** Local family swine & grain farm seeks two CDL Drivers. 1) Fulltime, year-round position of Feed Mill Operator. 2) Seasonal for Harvest. Reliable transportation required. Pay commensurate with experience. See our post and apply on Indeed. For questions, call and leave message at 309.335.9920. 8/17

FOR SALE: Fiberglass truck bed cover for Dodge Ram Quad Cab 6'6" long silver gray color. Call 309-337-0564 7/17

FOR SALE: New, in box, electric farm fuel pump, 15 gal. per minute, with hose and nozzle. \$175.00 OBO. Call 309-883-4568 7/17

If you sell your items, please contact the Knox County Farm Bureau office at 309-342-2036 or email jreedy@knoxcfb.org, so we can provide our readers with up-to-date information.

# The Elmwood Community Foundation

**Invites You to Attend the Sixth Annual Dinner** Oct. 21st 5:45 to 8:30 PM

The meal, served buffet style, will be provided 
Two Outstanding Speakers by Barrack's Cater Inn at 6 PM. Menu includes chicken and beef with sides,

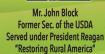
and vegetarian (by request) At the Elmwood Presbyterian Church

Everyone is encouraged to attend,

including people from

neighboring communities







Ms. Colleen Callahan Former USDA Director of **Rural Illinois Development** 'Rural Progress in Illinois"

## **Supported in part by AG-LAND FS of Elmwood**

Tickets \$30 per person, available at AG-Land FS of Elmwood, Akron Elevator in Brimfield. Elmwood Community Bank, Farmers State Bank of Elmwood, F & M Bank of Brimfield, Laura State Bank of Williamsfield, Bank of Yates City or call Tony Hart at (309) 712-3422.

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# Looking Back

## TAKEN FROM THE SEPTEMBER 1997 BULLETIN

FB Intern Wins at State Fair

Eric Johnson, the Knox County Farm Bureau intern, won Grand Champion Steer at the Illinois State Fair Junior Livestock Show in August. The money he earned from the Sale of Champions was going to be put toward his college tuition at the University of Illinois.

#### <u>TAKEN FROM THE SEPTEMBER 1977 BULLETIN</u>

#### **District Women's Conference**

Knox County Farm Bureau's Women's Committee hosted the District Women's Conference at the Sheraton in Galesburg. Women from all over the district were invited to hear about new programs the committee planned to offer the upcoming year. The gals were able to learn a lot of intriguing information!

#### TAKEN FROM THE SEPTEMBER 1947 BULLETIN

Over a 22-year period, differences in management accounted for net earnings \$301 an acre higher on one farm than on another farm of about the same size, on the same type of land and in the same county of Illinois.



## Cheesy Enchilada Casserole

## **Ingredients**

- 1 pound lean ground beef (90% lean)
- 1 large onion, chopped or season with Onion powder or minced onion
- 2 1/2 cups salsa
- 1 can (15 ounces) black beans or red kidney beans, rinsed and drained
- 1/4 cup reduced fat Italian salad dressing
- 2 tablespoons reduced sodium taco seasoning
- 1/4 teaspoon ground cumin
- 6 flour tortillas (8 inches)
- 1 small can of drained corn, or about 1 1/4 cups of frozen corn (optional)
- 1/2 cup reduced fat sour cream
- 2 cups (8 ounces) shredded reduced fat Mexican cheese blend
- 1 cup shredded lettuce
- 1 medium tomato, chopped
- 1/4 cup minced fresh cilantro



#### **Instructions**

In a large skillet, cook beef and onion over medium heat until meat is no longer pink; drain. Stir in the salsa, beans, dressing, sour cream, corn (optional), taco seasoning and cumin. Spoon a generous layer of meat mixture on bottom of 2 quart baking dish. Sprinkle with grated cheese. Place a flour or corn tortilla on top of meat mixture. Layer with half of the meat mixture, and cheese. Repeat as many layers as you like. The last & final layer should be a healthy dose of grated cheese. Cover with foil that has been sprayed with pam or other and bake at 400° for 25 minutes, or until hot & bubbly. Let stand for 5 minutes before topping with lettuce, tomato and cilantro. Yield: 8 servings.

Taken from www.sixsistersstuff.com

If you would like to submit a family-favorite recipe, please provide the recipe with a picture to the KCFB office.

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