KNOX COUNTY FARM BUREAU®

Promoting the understanding of agriculture in our community to improve the profitability of farmers and enrich the quality of life in Knox County

VOL. XCV USPS 297-360 **November 2018 No. 11**

Tyne Morgan To Headline Women In Agriculture Conference

The Women in Agriculture Conference committee is pleased to announce that Tyne Morgan will headline the 8th annual Women in Agriculture Conference in Rock Island on Thursday, March 14, 2019. Morgan was named the first female host of U.S. Farm Report in

2014. During her address, she will focus on news and policy that is shaping the agriculture industry.

The keynote will be followed by a variety of breakout sessions as well as lunch.

The closing speaker will be Erin

Breneman, Farmer and Farrowing Manager of Brenneman Pork. Raised in the suburbs of Chicago, it was only after Brenneman married and moved to her family' hog operation that her eyes were opened to what she calls "the beautiful world of farming." She has since become

a strong advocate for the industry and for her own family's products. She will present "Sharing Your Farm Story."

Registration for the event starts on January 8th. The Conference is sponsored by the Bureau, Carroll, Fulton, Henry, Knox, Lee, Mercer, McDonough, Rock Island, Stark, Stephenson, Warren-Henderson, and Whiteside County Farm Bureaus in Illinois as well as Illinois Farm Bureau, COUNTRY Financial, River Valley Cooperative, University of Illinois Extension and Iowa State University Extension.

Illinois Farm Bureau Receives Sustainability Award

BLOOMINGTON, Ill. — The Illinois Farm Bureau today was honored for its ongoing sustainability and nutrient loss reduction efforts as a winner of the 2018 Sustainability Award. The award, which recognizes private and public Illinois organizations and businesses who have implemented outstanding and innovating sustainable techniques or technologies, is given by the Illinois Sustainable Technology Center.

"We're so honored to receive this award," said Richard Guebert Jr., president, Illinois Farm Bureau. "Our membership and staff have been actively pursuing educational and concrete efforts to reduce nutrient runoff since 2015, understanding that water quality today – and in the future – is partly in our hands. It's extremely rewarding to see our efforts recognized by an organization such as the Illinois Sustainable Technology Center."

Part of the Prairie Research Institute at the University of Illinois, the Illinois Sustainable Technology Center seeks to recognize organizations which are demonstrating a commitment to sustaining the environment, social and economic health. The group recognized Illinois Farm Bureau for its ongoing efforts to reduce nutrient runoff as part of the Illinois Nutrient Loss Reduction

Strategy (NLRS), which tasks stakeholders, including farmers, with reducing nutrient loads in the state's waterways.

"We've invested more than \$500,000 in this effort, as well as time and other resources," Guebert said. "We've put boots on the ground, working with farmers to help them fully understand their role in managing nutrient runoff and the NLRS. And, we've put our money where our mouths are, contributing \$300,000 in grants to county Farm Bureaus across the state for nutrient loss projects and research."

As part of the application process, Illinois Farm Bureau was able to illustrate organizational

efforts to advance the NLRS have led to a reduction in nitrate-nitrogen loads, as well as an increased awareness and understanding of the NLRS. In fact, more than 70 percent of Illinois farmers familiar with the program and have increased implementation of best management practices.

Illinois Farm Bureau also outlined its role in reducing loads in Illinois nutrient waterways, focusing its efforts on education and outreach; supporting research initiatives; supporting implementation efforts; and demonstrating progress.

"Our staff and leadership

have conducted more than 230 field days, workshops, webinars and presentations to educate approximately 39,000 farmers, landowners, educators and agricultural partners about the NLRS," Guebert said. "When you add to that the fact that our communications staff contributed 360 articles in member publications and 24 radio interviews about the NLRS, reaching 80 radio markets across the state, and reached nearly 19.5 million people in 117 stories about conservation and water quality efforts in media outlets across the state - well, it's safe to say our folks have worked hard for this recognition."

WELCOME NEW MEMBERS

The Knox County Farm Bureau would like to welcome the following to our organization:

Norma Davis, Galesburg
Dan and Doralee Zeigler,
Galesburg
Harold and Kim Wynkoop,
Galesburg
Christian Templeton, Galesburg
John and Margaret Lenz,
Galesburg

Chad Pedersen, Abingdon Donald Kaminski, Galesburg Bryon and Jill Fuller, Galesburg Dewey Lane, Galesburg Jennifer and Jerry Gater, Galesburg

Ellajean Blunt, Galesburg Douglas Black, Rio



KNOX COUNTY FARM BUREAU ANNUAL HOLIDAY CHEESE SALE

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Order deadline: Thursday, November 29, 2018 No Exceptions! Pick up: Monday, December 10th 11:00 am—4:30 pm Call the KCFB office at 342-2036 to make other arrangements.

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|----------------------|----------|---------|-----|-------|---|-------|---------|-----|-------|
| Mild Cheddar | 1 lb | \$6.00 | | \$ | American Sliced | 5 lb | \$19.00 | | \$ |
| Mild Cheddar | 3 1/2 lb | \$19.00 | | \$ | Blue Cheese Wedge | 1 lb | \$7.00 | | \$ |
| Mild Brick | 1 lb | \$6.00 | | \$ | String Cheese | 8 oz | \$4.00 | | \$ |
| Sharp Cheddar | 1 lb | \$7.00 | | \$ | String Cheese | 1 lb | \$6.00 | | \$ |
| Sharp Cheddar | 3 1/2 lb | \$19.00 | | \$ | Cheese Spread | 1 lb | \$8.00 | | \$ |
| Longhorn | 1 lb | \$6.00 | | \$ | Beef Stick | 12 oz | \$6.00 | | \$ |
| Longhorn | 3 lb | \$16.00 | | \$ | Pepper Jack | 1 lb | \$7.00 | | \$ |
| Calico | 1 lb | \$6.00 | | \$ | Havarti | 1 lb | \$6.00 | | \$ |
| Calico | 3 lb | \$16.00 | | \$ | Cranberry Cheddar | 1 lb | \$8.00 | | \$ |
| Swiss | 1 lb | \$7.00 | | \$ | Blueberry Cheddar | 1 lb | \$8.00 | | \$ |
| Swiss | 2 lb | \$13.00 | | \$ | Cherry Cheddar | 1 lb | \$8.00 | | \$ |
| Mozzarella | 2 lb | \$11.00 | | \$ | | | | | |
| Baby Swiss | 1 lb | \$7.00 | | \$ | Avanti Cheese Gift Boxes: 8.5 oz Swiss, 10 oz others | | | | |
| Baby Swiss | 2 1/2 lb | \$16.00 | | \$ | Gift Box A: \$17.00 \$ | | | \$ | |
| Baby Swiss | 5 lb | \$29.00 | | \$ | Mild Cheddar, Swiss, Longhorn & Calico | | | | |
| Farmers Cheese | 8 oz | \$4.00 | | \$ | Gift Box B: \$17.00 \$ | | \$ | | |
| Farmers Cheese | 2 lb | \$11.00 | | \$ | Mild Cheddar, Swiss, Calico & 6 oz Beef Stick | | | | |
| 3 Year Sharp Cheddar | 1 lb | \$7.00 | | \$ | Gift Box C: \$19.00 \$ | | \$ | | |
| 3 Year Sharp Cheddar | 3 1/2 lb | \$24.00 | | \$ | Mild Cheddar, Mild Brick, Longhorn & 12 oz Beef Stick | | | | |
| Football Summer SSG | 1 1/4 lb | \$11.00 | | \$ | Gift Box D: | | \$21.00 | | \$ |
| | | | | | Mild Cheddar, Swiss, Colby, Calico & 6 oz Beef Stick | | | | |
| Column 1 Total: | | | | Ś | Column 2 Total: Ś | | | | |

| | Column 1 Total: \$ | Column 2 Total: \$ |
|------------------------|--------------------|------------------------------|
| Name: | | CHECK TOTAL (columns 1&2):\$ |
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CALENDAR OF EVENTS

November

- 12 Office Closed in observance of Memorial Day
- 15 Young Farmers Leadership Bootcamp, all-day, KAC
- 15 KCFB Board of Directors Meeting, 7PM, KAC
- 19 Steve Johnson Seminar, 7PM, KAC
- 20 District 8 Resolutions Meeting, 10AM, Peoria County
- 22 Office Closed- Thanksgiving23 Office Closed
- Office ClosedKnox Agri Center Board Meeting, 6:30 PM, KAC
- 27 KCFB Foundation Board Meeting, 7:30 PM, KAC

<u>December</u>

1-4 IAA Annual Meeting, Chicago



Jeff Grady, Young Farmer Chairman, presents the Galesburg FISH Food Pantry with a check for \$207. Money was raised through various efforts at the beginning of 2018 and split evenly between the FISH Food Pantry, Abingdon Community Food Pantry, and the ROWVA Food Pantry. Return this form and your check to:

Knox County Farm Bureau 180 S. Soangetaha Rd. Suite 101 Galesburg, IL 61401 Thank you for your support!

Your order helps fund the award-winning programs of the KCFB Education & Outreach Task Force. Return form by 11-29-18 Pick up on 12-10-18

Members are always welcome at Knox County Farm Bureau's Board of Director meetings. They are held the third Thursday of each month. Please call for times.



November 2018

Published Monthly

KNOX COUNTY FARM BUREAU, Inc.

cooperating with the **ILLINOIS AGRICULTURAL**

ASSOCIATION and the

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Office Hours

Monday thru Friday 8:00 a.m. to 4:30 p.m. We reserve the right to reject any or all news material or advertisements offered to this paper.

PLEASE REPORT ANY CHANGES IN YOUR ADDRESS TO OUR OFFICE.

Thank You **KNOX COUNTY FARM BUREAU**



Consecutive crossing closures disregard farms, rural residents

Our son cheered, the neighbor texted, a local farmer called twice, and the mailman sighed in relief. Our country road and the next road to the east had re-opened after nearly two weeks of closed railroad crossings that detoured our lives and livelihoods.

Two roads may seem no big deal. Two weeks a small portion of life. But, the morning of those consecutive crossing closures (a surprise to us), we logged an extra 14 miles roundtrip to school. Keep

Boost to Ethanol Welcome

News for Farmers

With President Donald Trump recently lifting

federal restrictions on ethanol, increased ethanol sales moving into the future are

welcome news for farmers in Illinois and the

Illinois has the third-highest annual ethanol

capacity in the nation, which means year-

round sales of gasoline with higher blends of

ethanol will be a boon for Illinois corn famers.

Currently, there is a federal ban on summer

sales of high-ethanol blends, which Trump lifted beginning next Summer to allow for E-15

sales year-round. Gasoline typically contains

This move is expected to allow greater access

to clean, low-cost fuel as well as increase

market access for ethanol producers. Illinois

has 13 ethanol plants with capacity of around

40 million barrels per year. Many corn-

growers have been losing money for years;

10% éthanol.

with increased markets for ethanol, more money will go in the pocket of farmers while not costing the federal budget any dollars in subsidies. This is welcome news for our agricultural economy in Illinois.

in mind, we don't have streets as frequent

as city blocks out here, but rather roads a

mile or more apart. Add to that, roads in this immediate area dead-end to the west.

The closings eliminated access to the south.

And we have only a curvy gravel road to the north that triggers more motion sickness than it saves time. We drove east to go

I literally called for a compromise. I

explained to the railroad representative

over the phone that if they closed only one

rural crossing at a time - rather than two consecutive ones – then locals would have a reasonable and tolerable detour. He

said it was more efficient for them to close

two consecutive rural crossings at once for

maintenance. That was that. It was their right

and obligation to maintain the crossings, and

I quickly realized our rights and obligations

The consecutive crossings closed for more

days than contractors worked. Meanwhile,

combines held off harvesting fields across

the railroad tracks in hopes of a prompt re-

opening. A nearby farmer drove 11 miles

roundtrip to haul water for his cattle from a

farm well typically less than a mile away. And the neighboring fire district likely could

beat our home district to the scene if our

house caught fire. Worse yet, the fire chief

anywhere, including west.

didn't matter.

Further good news is that Governor Rauner signed legislation recently allowing for industrial hemp growth in Illinois. Crop diversification provides additional options for farmers. Industrial Hemp is a different plant variety than cannabis which is harvested to produce Marijuana. Industrial Hemp growing was a staple industry in Illinois, and especially Central Illinois, several decades ago. Under current federal law, states can enact industrial hemp laws if the plant is grown for purpose of study, and those growing the hemp be licensed by the State to do so.

Kentucky has been very successful in growing hemp for the past three years. This has brought additional revenue and business to the agricultural community and now occupies over 12,000 acres by 243 growers of my district never received official word of the temporary closures.

In this situation, two consecutive crossing closures at once jeopardized safety of residents north of those railroad tracks, where they temporarily lived miles more away from emergency services. It burdened residents with significant extra traveling time and fuel. And it hampered the livelihoods of farm families during harvest time, a critical season for Illinois' largest industry. Illinois contains the second most railroad crossings in the nation behind Texas. Throughout Illinois, the next immediate detour for a farmer may require miles more of travel with slow farm equipment or involve a railroad underpass too small for farm machinery.
The removal of the barricades at both

crossings that September day released a rhetorical sigh that reciprocated for country miles. Shortly after, that cattle farmer hauled water and a combine crossed the tracks to harvest corn. Half of each crossing awaits updates, so we anticipate another closure. Time will tell if they honor the request to compromise and temporarily close one at a time to regard our safety and livelihoods.

About the author: Joanie Stiers, a wife and mother of two farm kids, writes from westcentral Illinois, where her family grows corn, soybeans and hay and raises beef cattle.

in the Commonwealth in 2018. The return per acre is between \$700-1,200/ acre.

Opening markets and crop diversification are both good for Illinois As trade farmers. tension continues to mount, thankfully there are some bright spots agricultural However, Representative Dan Swanson our community.



further vigilance and advocacy by those in the agricultural community is critical. As the disconnect between producers and consumers grows, with fewer and fewer understanding where their food and consumer goods come from, it will be even more important that farmers and farm allies stay active with their State and Local Farm Bureau's to continue advocating for growth and stability in the agricultural industry.

Rep. Dan Swanson (R-Alpha)

Legislators Named Friends Of Agriculture

Throughout the months of August and October, legislators across



Congresswoman Cheri Bustos received the Friend of Agriculture Award from various members of her district. Jared Kunkle, Warren-Henderson Farm Bureau President and David Serven, IAA District 8 Director, presented her with the award.



State Senator Jil Tracy was presented the Friend of Agriculture Award from members of the Hancock and Adams County Farm Bureaus.

the state have been receiving Friends of Agriculture Awards from Illinois Farm Bureau ACTIVATOR.



State Representative Norine Hammond received the Friend of Agriculture Award from Colby Hunt, McDonough County Farm Bureau President.



members of the Henry County Farm Bureau.

Getting to Know Your Farm Bureau Policy

How well do you know Farm Bureau policy? In order to better understand it, KCFB will run monthly excerpts from the 2018 policy book. Interested in learning more about how our policy system works? It all starts with you! For more info contact the office!

118. TRESPASS, VANDALISM, AND PRIVATE LAND ACCESS

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- 1. Encouraging courts to punish vandals by requiring them to clean up and repair their own vandalism at their own expense or perform some other constructive work. We urge judges, when setting sentences, to require reimbursement of Crime Stoppers or similar reward programs, as a part of the
- 2. Legislation to protect landowners and tenants from property seizures, claims, and costs caused by unauthorized activities of

trespassers and licensees entering upon and using the landowners' property.

- 3. Efforts, including legislation and working with law enforcement agencies and prosecutors, to increase the enforcement of criminal trespass laws.
- 4. Legislation specifying that, in criminal damage to property cases where the damage was caused by the unauthorized operation of a vehicle on private property, the threshold of felony status be elevated from its current \$300 to a level better suited to the crime and one that would help to remove the law enforcement community's hesitancy to prosecute those violators. In such cases, a minimum fine should be established with required restitution to the victim for property damages caused and the violator's license should be suspended for six months



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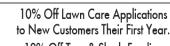
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Name: Michael J. White
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eMail Address: michael.white@countryfinancial.com
Designations: MDRT; Million Dollar Round Table 2016. Life
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Community Service: Mike is the current President of Western Illinois Estate and Financial Planners. He is a member of the Galesburg Rotary, Paul Harris Award recipient and has been active in many community organizations in the past. He is US Jay-

cee Senator, and past President of the Galesburg Jaycees. He coached baseball locally for 16 years and served as Commissioner of the Babe Ruth Leagues for 6 years. He is a Past President of the Galesburg Athletic Booster Club. For several years he served Chrysallis and Cursillo as a leader.

Awards: Mike was inducted to COUNTRY Financial's Hall of Fame in February 2014. Mike has qualified for the All-American Award from COUNTRY 23 times. He was recognized by COUNTRY for his community service in 1996 with the Award of Excellence.

<u>Mission Statement</u>: "I help people remove worry from their lives. My goal is to help my clients plan to live to 100 and prepare for a crisis in their life tomorrow."

Snuff Out Danger From Seasonal Fires

A turkey's roasting in the oven, the stovetop's full with all the fixings. The table is set with fine silver and beautifully burning candles.

To many, it's the ideal holiday scene.

To fire prevention experts, it's a scene that could go terribly wrong within a matter of seconds.

To find out just how quickly your home could go up in smoke, COUNTRY Financial teamed with firefighters to demonstrate common winter season fires.

We tested what might happen if an unattended candle fell onto flammable materials. The entire room was consumed by fire within 3 minutes. Our test with a space heater fire engulfed a room in less than 4 minutes.

Fire damage is costly. National Fire Protection Association statistics show space heater fires cause \$608 million in damage and candle fires cause \$370 million worth of damage to homes each year.

With all the dangers lurking behind the beauty and warmth of the typical holiday scene, it's not surprising that late fall/early winter is the peak season for home fires.

I encourage you to follow these 12 tips to help secure your home from fire:

CANDLES

- 1. Never leave burning candles unattended.
- 2. Keep lit candles away from children and pets.
- 3. Keep wicks trimmed to $\frac{1}{4}$ inch.
- 4. Always burn candles in or on holders placed on a level, heat resistant surface.
- 5. Keep candles away from flammable tems.
- 6. Never let candles burn for more than 4 hours at one time.

SPACE HEATERS

- 7. Select a space heater with a guard around the flame areas of the heating element.
- 8. Choose a heater that has been certified by a nationally recognized testing laboratory such as Underwriters Laboratories (UL).
- 9. Make sure the heater has an automatic tip switch, a device that turns off electric or kerosene heaters if they tip over.
- 10. Place heaters on a level, hard, nonflammable surface do not place on rugs, carpets, tables or countertops.
 - 11. Keep the heater at least 3 feet from

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bedding, drapes, furniture or other flammable

12. Turn off the space heater when you leave the area, and never leave a space heater on while sleeping or if you leave home.

So before your thoughts turn to the delights of Halloween treats, Thanksgiving eats and

sweets of the season, take some time to make sure your family and home are protected from the dangers of home fires.

See me for a Home Safety Checklist. Go into this season with the peace of mind that your home and family will be protected for many years to come.



Ms. Farmer has been visiting the third, fourth, and fifth grade classes in Knox County. Ms. Farmer has been teaching the fifth graders about pizza again this school year. So, the lessons began with wheat as the ingredient in the crust. Students learned that winter wheat is planted in the fall and harvested the next summer. The classes thrashed their own stalk of wheat. Students were able to grind whole wheat flour using the grains of wheat they separated from the chaff. The second lesson topic was tomatoes as the main ingredient in the sauce. There many varieties of tomatoes which can be red, yellow, pink, purple or even black. The average person eats 24 pounds of tomatoes each year. Most tomatoes are eaten as ketchup and sauces.

Students were amazed to find the embryo inside the bean during a dissecting activity of the fourth grade soybean lesson. The children were intrigued by shelling the soybeans out of the pod. Most of the students had never touched a soybean. They also came to realize that when soybean plants



look dead it indicates that the crop is ready for harvest. The next lesson had students talking about energy and fuels. The students learned that biodiesel is a renewable fuel as well as ethanol, wind and solar energies.

Where Did my Soup Come From? is a book about a picky eater who was not going to eat his soup until he knew where the vegetables were grown. The boy travels in a tomato shaped hot air balloon to visit farms



that produce the vegetables in his soup. Of course, he decides the vegetables in his soup are something he wants to eat. Other third grade classes learned about the various types of corn. Shelling the corn off the cob was the most popular part of the lesson.

Mrs. Green accompanied Ms. Farmer to the District Illinois Ag in the Classroom

Coordinators meeting on October 22 in Amboy, Illinois. The morning session was composed of coordinators sharing lesson ideas/activities. The beautiful afternoon made the visit to the Amboy Marsh most enjoyable. Coordinators were able to learn about the reclaiming project of the marsh area near Amboy.

IAA Foundation Offers Scholarships To Support Agriculture, Illinois Farm Bureau Families

BLOOMINGTON, Ill. — Agriculture students and Illinois Farm Bureau® (IFB) members and their children are encouraged to apply for 72 college scholarships offered by the IAA Foundation, Illinois Farm Bureau's charitable arm. The scholarships, ranging from \$1,000 to \$7,500, will be awarded in total of \$110,000 for the 2019-2020 school year.

"We are pleased to help students through our growing scholarship program," said Susan Moore, director, IAA Foundation. "It is a great privilege to support the next generation of

leaders, and encourage continuing education in agricultural fields."

Students may apply for a variety of scholarships, including three IAA Foundation Top Scholarships, where winners will each receive \$5,000 awards. Another \$7,500 award goes to the Illinois Farm Bureau Legacy of Leadership scholarship winner.

In addition to family scholarships often established to honor the memory of a loved one, the IAA Foundation offers scholarships on behalf of organizations such as Prairie Farms Dairy and St. Louis District Dairy Council.

All applicants must be high school seniors accepted for enrollment, or students already enrolled at an accredited college, university or community college. Scholarships are awarded for exceptional academic ability, leadership and financial need. Previous winners of an IAA Foundation scholarship are eligible to apply again.

A full listing of available scholarships and eligibility guidelines available at the

Foundation website, www.iaafoundation.org. The application opens Dec. 1, 2018 and must be completed online by Feb. 1, 2019.

For more information, contact your county Farm Bureau, the IAA Foundation at 309-557-2230, or e-mail Susan Moore, Director, IAA Foundation, at smoore@ilfb.org.

The mission of the IAA Foundation, Illinois Farm Bureau's charitable arm, is to fund education, research, and charitable activities that benefit Illinois farm families and agriculture.

Hailey's Manager Update

JACKIE IS BACK! By the time you read this article, Jackie will be back in the office from her maternity leave. We are so excited for her new family of 5 but have definitely missed her skills and expertise in the office! While filling in for her, I have learned so much and I think this will allow Jackie and I to work so much smoother in the office now that I understand what she does day to day. I am very excited to see all we will accomplish! She is coming back to work right in time for everything to start getting busy again! On top of all the preparations for the end of our fiscal year

and the state and county Annual Meetings, I will be traveling a lot at night for my brother's basketball games as he has joined the Western



Illinois University basketball team! I am still trying to convert my wardrobe from orange and blue to Farm Bureau's red and black and now, Western's purple and gold!



Gifts of Grain to Help Local Farmers Contribute to Community Wellness Facility

Graham Medical Group and the Elmwood Community Foundation have one goal in mind...to provide convenient healthcare and a life of wellness to small, local communities. Gifts of grain are being sought to build the facility, located in Elmwood, to serve over 30,000 residents living in the countryside and 12 surrounding small towns.

The project encompasses two different parts, a \$2 million clinic, owned and operated by Graham Medical Group, and a \$12 million dollar wellness center owned by the Elmwood Community Foundation, but operated by the Peoria YMCA. The clinic, already under construction, is expected to open on March 1st, 2019 and the wellness center sometime after 2020, once a certain percentage of the funds have been raised.

The clinic will be multi-specialty, providing primary care, convenient care, and rehab services – physical therapy, pain, wound, and lab imaging. Doors for the clinic will

be open at least six days a week, and some services will be provided without an appointment, like prompt care, lab work, and x-rays. Graham Medical Group accepts virtually all health insurance policies.

The wellness center, for which gifts of grain are sought, will include a gymnasium, walking track, family pool, and fitness equipment for strength and cardio. The YMCA has made it their mission to work closely with members to provide services appealing to them at a time that is convenient for them – from early in the morning until late at night. Childcare will be provided, making it beneficial for busy parents who may struggle with finding enough time in their demanding day to exercise.

Your gift of grain will benefit yourself, your family, and your friends, as well as the generations to follow. Contact your local elevator for more information on how you can contribute!



- CRP / CREP Prairie Grass and Tree Planting Field Maintenance.
- Township ROW clearing and chemical application.
- Pasture ground and field borders reclamation.
- Pond treatment.
- Removal and follow up chemical treatment of large stands of Honeysuckle, Autumn and Russian Olive, Locust, and Multiflora-rose.
- Tree spade, grapple and tilling service.

Herbaceous invasive plants can be mechanically removed and treated any time of the year. Follow-up chemical maintenance is required to bring your land back to its original state.

Mike McKim

309-981-9716 • Invasiveprm@gmail.com



Primetimes Go On Annual Orchard Tour

On October 16, the PrimeTimers group traveled to Roseville to go on a tour of Camp's Orchard. Members were able to learn about the new and old techniques of



upkeeping an orchard as well as see the cider process firsthand. Samples were also included in the fun filled trip!





Henry & Knox County, Illinois Land Auction (477 (M/L Acres)

Thursday, November 29, 2018 - 6:00 P.M.

<u>AUCTION LOCATION:</u> Collectors Hall (Stenzel Business Location) – 135 W. Center St Cambridge, IL 61238 – 309.937.1444

To help settle the **estate of** Lavern W. & Jeanette A. Hanson Estate of Alpha, IL – Central Bank Illinois, Executor – Robert W. Brummet, Trust Officer – Attorney for Estate: Robert N. Nash of Nash, Nash, Bean and Ford, Geneseo, IL - the following real estate will be offered at auction at the above place and time.

Tract I: 157.21 acres (m/l), Henry Co., Oxford Township, Sec. 14 – 4408 N. 300 Avenue, Alpha, IL; Located 1½ miles east of Alpha on N300 Ave. - farm on the north side of the road; Or 3 miles west off Henry Co. Rd 9 or Andover/Woodhull blacktop to Rd. sign 300N/680E; Farm #1877, Tract 2840, PIN 21-14-300-01; 2017 taxes \$6,009.80; 26 Acres M/L of timber, water ways and wasteland.

Tract II: 161.89 acres (m/l), Knox Co., Ontario Township, Sec. 15, Oneida, IL, 2777 Knox Rd. 900E; Located 2½ miles east of Woodhull on Rt. 17 to road sign 880E/100N then south 3 miles to the farm; Farm #6050, Tract 13239, PIN 02-15-100-001; 2017 taxes \$7,088.02; A flat lying piece of high productive ground on the east side of the road. 158.54 cropland; All other non ag land.

<u>Tract III:</u> **82 acres (m/I),** Knox Co., Ontario Township, Sec. 16, Oneida, IL (See Tract II for directions/address); Located on the west side of the road, this is a great flat high productive piece of ground. <u>Farm #6050, Tract 13239, Pin 02-16-200-003</u>; 2017 taxes \$3,730.98;

Tract IV: 76 acres (m/l), Knox Co., Ontario Township, Sec. 3, Knox Rd 2900N/900E, Oneida, IL; Located 2 ½ miles east of Woodhull, IL on Rt. 17 to Rd. sign 880E/100N then south 2 miles to the farm on the east side of the road. A flat highly productive piece of ground, 73.68 cropland with the remainder in water ways; Farm #1372, Tract 983, PIN 02-03-300-005; 2017 taxes \$2,453.58;

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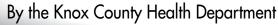
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Health on the Farm





GREAT AMERICAN SMOKEOUT November 15: "Day 1" It Takes Time

You'd like to quit tobacco, you intend to quit, but, well, you just need to pick a day.

How about Thursday, November 15, 2018? That's the American Cancer Society Great American Smokeout®. You can join millions of Americans and start living tobacco free.

The theme for GASO 2018 is "Day 1". This theme was selected to reflect what we know about smoking cessation. That quitting smoking isn't easy. It takes time. And a plan. GASO isn't necessarily the day for smokers to quit smoking, but rather the day for smokers to start their journey toward a smoke-free life

The American Cancer Society created the trademarked concept for and held its first Great American Smokeout in 1976 as a way to inspire and encourage smokers to quit for a day. The Great American Smokeout is held on the third Thursday of November each year by encouraging smokers to use the date to make a plan to quit, or to plan in advance and quit smoking that day.

Addiction to nicotine in cigarettes is one of the strongest and most deadly addictions one can have. While cigarette smoking rates have dropped (from 42% in 1965 to 15.5% in 2016), about 37.8 million Americans smoke cigarettes. Each year, approximately 20 million American smokers try to quit, representing more than half of the 37.8 million smokers in the U.S. Only about 1.4 million (7%) succeed. An even greater percentage of smokers (68%) report being interested in quitting.

Quitting is hard. It takes commitment and starts with a plan, often takes more than one quit attempt, and requires a lot of support. Getting help through counseling and/or prescription medications can double or triple your chances of quitting successfully. Support is also important. Smoking cessation programs, telephone quit lines, the American Cancer Society's Freshstart program, Nicotine Anonymous meetings, self-help materials such as books and pamphlets, and smoking counselors or coaches can be a great help.

There's no one right way to quit, but there are some requirements for quitting with success. These 4 factors are key:

Making The Decision To Quit Picking A Quit Day And Making A Plan Dealing With Withdrawal Staying Tobacco-FREE

These are many of the reasons to quit smoking. The benefits of quitting include

- 20 minutes after quitting: Your heart rate and blood pressure drops.
- 12 hours after quitting: The carbon monoxide level in your blood drops to normal.
- 2 weeks to 3 months after quitting: Your circulation improves and your lung function increases.
- 1 to 9 months after quitting: Coughing and shortness of breath decrease; cilia (tiny hair-like structures that move mucus out of the lungs) regain normal function in the lungs, increasing the ability to handle mucus, clean the lungs, and reduce the risk of infection.
- 1 year after quitting: The excess risk of coronary heart disease is half that of a smoker's.
- 5 years after quitting: Your stroke risk is reduced to that of a nonsmoker 5 to 15 years after quitting.
- 10 years after quitting: The lung cancer death rate is about half that of a continuing smoker's. The risk of cancer of the mouth, throat, esophagus, bladder, cervix, and pancreas decrease.
- 15 years after quitting: The risk of coronary heart disease is that of a non-smoker's.

That's why the American Cancer Society and the Knox County Health Department encourage smokers to take part in the Great American Smokeout event on Thursday, November 15th. By quitting – even for one day – smokers will be taking an important step toward a healthier life – one that can lead to reducing their cancer risk. For more information contact the Health Department at 309-344-2224.



Call us or stop by to see if you qualify!



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MEMBERSHIP RECRUITER OF THE MEMBERSHIP DRIVE



The Knox County Farm Bureau would like to recognize COUNTRY Financial Representative Patrick Young as the top membership recruiter in October. Patrick signed seven new associate members.

Call your COUNTRY Representative for all your insurance and financial needs.

Primetimers News

PrimeTimers committee enjoyed visiting Camp's Orchard in Roseville for their October program. The committee will celebrate the Holidays with a luncheon on

November 20th at Cherry Street Restaurant and Bar in Galesburg starting at noon. The PrimeTimers invite all members 55+ to attend.

~ CLASSIFIED ADS ~

To place ads in the Bulletin or on the website, you must be a Knox County Farm Bureau member. Call 309-342-2036 or e-mail us at ireedy@knoxcfb.org by the last Friday of each month to place the ad.

FOR SALE: Lot at Oak Run, 352 Westwood. \$3000. Call 309-344-3693

FOR SALE: Oak Entertainment Center with drawers, doors, and shelves. \$300 Call 299-5520

FOR SALE: 1947 Farmall M, 1953 Farmall Super H, 1954 Farmall Super MTA, 1953 Farmall Super C. Mint condition. Call (309) 341-6388 9/18

FOR SALE: 60+ Barn Boards. 1x6, 1x8, & 1x12. Approximately 5 ft. long. All for \$50. Call (309)358-1222 9/18

FOR SALE: 1979 C-70 Chevy Truck 2 ton with 16' Knapheide Box, Hoist with cargo doors and surluck torp. 54,000 miles, very good condition and state inspection for 2019. \$5900 OBO. Call 309-337-2460 9/18

LOOKING FOR: Would like to buy canning jars, any size. Call 309-299-5520 9/18

FOR SALE: Early 70's Stereo Equipment. 4 Speakers, Amp, Turntable, and reel to reel. Call in the afternoons, 309-289-4290

FOR SALE: B-110 Allis Chalmers Tractor, Deck, Blade, and Plow. Call in the afternoons, 309-289-4290 9/18

FOR SALE: 3 Bottom Plow. High Clearance. Trip Bottoms. Call Phil, 309-333-6209. 9/18

FOR SALE: 1 New Idea Hay Rake (older) Located in Maquon. Call Phil, 309-333-6209. 9/18

FOR SALE: 2016 Harley Davidson CVO Limited, Electric Red Pearl, like new, 4,500 miles. \$36,500 Call 309-368-2931. 8/18

FOR SALE: Amish built entertainment center, solid cherry, 60x64, lots of storage, very good condition, holds 42 inch TV. Call 309-289-3907. 8/18

FOR SALE: Two AC Delco Advantage Coated Rear Disc Brake Rotors. New in box. Fits 2013 Chevrolet Silverado/Tahoe/ Suburban 1500 LT. \$40 each OBO. Call 309-335-7893.8/18

FOR SALE: 2005 JD 8120, Xenon Lights, Clima-Trac, MFWD, Fr Fenders, Radar, Active Seat, Instruc Seat, 8876 hrs, kept inside & well-maintained, Galesburg, IL, \$59,800 OBO, Call Brian 309-337-1600. 8/18

HELP WANTED: 2200 Acre Grain/250 Sow Farrow-Finish Farm seeks full-time, experienced employees. Health care, dental, pension & housing available. Resume & References Required. Email: DSEngland@ mymctc.net 8/18

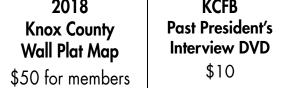
HELP WANTED: Part-time/Full-time to start immediately at cattle operation. New feeder building. Livestock equipment and cattle experience necessary. For more information, call 309-368-9400. 8/18

If you sell your items, please contact the Knox County Farm Bureau office at 309-342-2036 or email jreedy@knoxcfb.org, so we can provide our readers with up-to-date information.

FOR SALE

2018 **Knox County** Plat Books \$30 for members

2018 **Knox County Wall Plat Map** **KCFB**





Knox County's Adopted Legislator visited Knox County in 2010. Pictured left to right: Sonny Snyder, Sam Serven, Representative LaShawn Ford, and David C. Erickson.



Lasagna-Stuffed Spaghetti Squash

Ingredients

- 2 small spaghetti squash (about 1 lb 10
- 1 c. no-salt-added small-curd cottage cheese
- 1/4 c. grated Romano cheese Kosher salt and pepper
- 8 oz. frozen broccoli florets, thawed, squeezed of excess moisture and chopped
- 3/4 c. low-sodium marinara or tomato
- 3 oz. part-skim mozzarella, grated

Directions

1. Using a large serrated knife, cut the spaghetti squash in half lengthwise. Use a spoon to scrape out and discard the seeds.



- power until just tender, 9 to 11 minutes. 3. Meanwhile, heat broiler and lower the rack to the middle position of the oven. In a bowl, combine the cottage cheese,
- Romano and tsp pepper; fold in the broccoli. 4. Season the squash halves with tsp
- each salt and pepper, then use a fork to scrape up most of the squash strands, leaving them in the squash. Divide the cheese mixture among the squash and top with the sauce, then the mozzarella. Broil until the filling is heated through and the top is golden brown, 2 to 3 minutes.

Taken from womensday.com

If you would like to submit a family-favorite recipe, please provide the recipe with a picture to the KCFB office.

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to the KCFB Office The KCFB Foundation gets 5¢ each cap!

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