## **KNOX COUNTY FARM BUREAU®**

## Promoting the understanding of agriculture in our community to improve the profitability of farmers and enrich the quality of life in Knox County **VOL. XCIV** USPS 297-360

## Find the Avanti's Holiday Food Order Form below. Form and payment due December 4th!

No. 11

## Marketing Program November 20th

Dr. Steve Johnson, Farm & Management Business from Iowa State University Extension, will be at the Knox Agri-Center on Monday, November 20th at 7:00 p.m. to present Controlling the Crop Controllables: 10 Steps to Profitability in 2018. Visit knoxcfb.org to reserve your seat or call the KCFB office: 309-342-2036.

Steve serves as the Farm & Ag **Business Management Specialist** in Central Iowa for Iowa State University Extension.

presents annually at nearly 100 meetings, workshops, seminars and conferences across the Corn Belt and interacts with more than 10,000 producers.

Thank you to our sponsors for this program: Abingdon Banking Center, First Midwest Bank, North-And. Co., Tompkins Bank, Walt Dagen State Construction, West Central FS, Knox County Farm Bureau, Warren-Henderson Farm Bureau Visit knoxcfb.org to reserve your seat or call the KCFB office: 309-342-2036.

November 2017



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## HOW TO:

First time users:

- Click Register button
- Membership Number, do not include any letters



RESTAURANTS CONCERTS ZOOS GIFTS FLOWERS FASHION SPORTING EVENTS TRAVEL HEALTH

#### WELCOME NEW MEMBERS

The Knox County Farm Bureau would like to welcome the following to our organization:

Knox County Area Partnership for Economic Development Gary Dean Gibbs Trust Jeffery Aldrich Tim Eagle Natalie & Robert Goss Wanda Bloomer Sarah Bradshaw Beverly & Rodney Bryan Julie Butler & Stephanie Peed

Bonnie & James Cody Stacy & Keith Doubet Erin & Brian Grondin Hannah Hawkinson Katie Houston Keith King Anneke McGruder Anna Robinson Jose Vargas Heather & Benjamin Yeutson

## CALENDAR OF EVENTS

## November

- Young Farmers Mtg, 6 PM, Knox Agri-Center 10 KCFB Office Closed, Veterans Day
- KCFB Board Mtg, 8 PM, Knox Agri-Center 13\*
- 20 Steve Johnson Seminar, 7 PM Knox Agri-Center
- 21 PrimeTimers Lunch, 12 PM, Packinghouse
- 21 KCFB Foundation Mtg, 6:30 PM, Knox Agri-Center Knox Agri-Center Mtg, 7:30 PM, Knox Agri-Center 21
- 23-24 KCFB Office Closed

\*Date change

John Clegg

9

### December

- 2-5 IFB Annual Mtg, Chicago 4 Holiday Food Orders Due
- 11 Holiday Food Order Pick-up, 11-4, Knox Agri-Center 21 KCFB Board Mtg, Knox Agri-Center

ILLINOIS BUREAU. Farm. Family. Food.™ KNOX COUNTY FARM BUREAU ANNUAL HOLIDAY FOOD SALE

**ORDER FORMS DUE 12-4-17** 

### AVANTI CHEESE IS AN ILLINOIS AG PRODUCT!

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Pick up: Monday, December 11th 11:00 am-4:30 pm Call the KCFB office at 342-2036 to make other arrangements.

Item	Size	Price	Qty	Total	Item	Size	Price	Qty	Total
Mild Cheddar	1 lb	\$6.00		\$	American Sliced	5 lb	\$19.00		\$
Mild Cheddar	3 1/2 lb	\$19.00		\$	Blue Cheese Wedge	1 lb	\$7.00		\$
Mild Brick	1 lb	\$6.00		\$	String Cheese	8 oz	\$4.00		\$
Sharp Cheddar	1 lb	\$7.00		\$	String Cheese	1 lb	\$6.00		\$
Sharp Cheddar	3 1/2 lb	\$19.00		\$	Cheese Spread	1 lb	\$8.00		\$
Longhorn	1 lb	\$6.00		\$	Beef Stick	12 oz	\$6.00		\$
Longhorn	3 lb	\$16.00		\$	Pepper Jack	1 lb	\$7.00		\$
Calico	1 lb	\$6.00		\$	Havarti	1 lb	\$6.00		\$
Calico	3 lb	\$16.00		\$	Cranberry Cheddar	1 lb	\$8.00		\$
Swiss	1 lb	\$7.00		\$	Blueberry Cheddar	1 lb	\$8.00		\$
Swiss	2 lb	\$13.00		\$	Cherry Cheddar	1 lb	\$8.00		\$
Mozzarella	2 lb	\$11.00		\$					
Baby Swiss	1 lb	\$7.00		\$	Avanti Cheese Gift Boxes: 8.5 oz Swiss, 10 oz others				
Baby Swiss	2 1/2 lb	\$16.00		\$	Gift Box A:		\$17.00		\$
Baby Swiss	5 lb	\$29.00		\$	Mild Cheddar, Swiss, Longhorn & Calico				
Farmers Cheese	8 oz	\$4.00		\$	Gift Box B:		\$17.00		\$
Farmers Cheese	2 lb	\$11.00		\$	Mild Cheddar, Swiss, Calico & 6 oz Beef Stick				
3 Year Sharp Cheddar	1 lb	\$7.00		\$	Gift Box C:		\$19.00		\$
3 Year Sharp Cheddar	3 1/2 lb	\$24.00		\$	Mild Cheddar, Mild Brick, Longhorn & 12 oz Beef Stic				
Football Summer SSG	1 1/4 lb	\$11.00		\$	Gift Box D:		\$21.00		\$
					Mild Cheddar, Swiss,	Colby, C	alico & 6	oz Bee	ef Stick
		Column 1	Total:	\$			Column 2	Total:	\$

Name:	CHECK TOTAL (columns 1&2):\$				
Address:					
Addi C33.					
Phone (best to reach):	E-mail:				

## Return this form and your check to:

Knox County Farm Bureau 180 S. Soangetaha Rd. Suite 101 Galesburg, IL 61401

Thank you for your support!

Your order helps fund the award-winning programs of the KCFB Education & Outreach Task Force. Return form by 12/4/17 Pick up on 12/11/17

Members are always welcome at Knox County Farm Bureau's Board of Director meetings. They are held the third Thursday of each month. Please call for times.



November 2017

No. 11

**Published Monthly** 

KNOX COUNTY FARM BUREAU, Inc.

cooperating with the ILLINOIS AGRICULTURAL

**ASSOCIATION** 

and the

AMERICAN FARM BUREAU **FEDERATION** 

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#### **BOARD OF DIRECTORS**

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> Telephone: 309-342-2036

#### **Office Hours**

Monday thru Friday 8:00 a.m. to 4:30 p.m. We reserve the right to reject any or all news material or advertisements offered to this paper.

PLEASE REPORT ANY CHANGES IN YOUR ADDRESS TO OUR OFFICE.

Thank You KNOX COUNTY FARM BUREAU



### **Heartfelt Harvest:** Farmers halt own harvest to help family in need

An observer thought awhile and said the "Farmer's Creed" summarized the reason for the scene. A total of 12 combines, 12 auger carts, 20 trucks and their operators worked by their heart's desire on donated fuel, donated food and even donated technician labor, if needed. Farm families voluntarily pulled away from their own harvests to pick corn for the family of Peoria County farmer Randy Kingdon.

Randy died of cancer at age 60 on Sept. 15th, 18 days ahead of the community harvest that he knew would gather his final corn crop. His wife and father observed the scene that day with the feeling that Randy was watching. Usually, Randy cuts the beans. His father Frank picks the corn. The opposite would run the auger cart. That day, Frank watched other combineand-cart duos rapidly harvest one of their Brimfield farm's best corn crops. "There is no way I can repay them except to thank them," Frank said as he squelched

Gratifying. Powerful. Sad. The day gave perspective to any farmer's troublesome harvest day. The effort passed the weight of empathy to farm families near or far who heard the story. And the community harvest shaped a remarkable and moving scene. Multiple combines per field rapidly gathered rows of corn, driven by the satisfaction of knowing they could help.

Across the state, you occasionally hear stories about a community coming together to harvest for a farmer in need. Local farmer Ralph Peters, the day's volunteer coordinator, has helped injured farmers with harvest before. But, this is his first volunteer harvest dedicated to a farmer who planted a crop and passed before he could gather it. Ralph emphasized "volunteer," and so did his wife who coordinated the harvest meal. They didn't ask for help.

When word spread about the community harvest, the Peters family received more

calls to help than there were jobs to do. From table service and pie to fuel and semi-trucks, local farms and businesses covered everything. The volunteers even moved up the harvest date to Oct. 3rd to beat a forecasted three-day rain event.

Frank saw the effort as a testament to his son, who more than once was noted as a pillar of the community among the crowd that gathered to help or watch. Randy was committed to Whitney's Walk and St. Jude. He had served as president of the active area Men's Club that installs wheelchair ramps around town, organizes the community's festival, donated a park to the community and much more.

Fellow farmers halted their own harvests that day out of a sense of duty. This is what small communities do in times of need, they say. And Randy was their friend. The day ended with a meal of fried chicken, pulled pork, sides, and homemade pies for the harvest crew. The volunteers gathered around tables at Ralph's farmhouse to celebrate the heartfelt harvest – and subconsciously, the creed they personify.

About the author: Joanie Stiers' family grows corn, soybeans and hay and raises beef cattle in West-Central Illinois.



## Ag in the Classroom **Update - Ms. Farmer**

Ms. Farmer has been busy traveling from school to school presenting Ag in the Classroom lessons about agriculture to the third, fourth, and fifth grade classes in Knox County. Ms. Farmer visits each of her classes each month.

Graders studied soybeans in September. Their activity was to make a bean book which explain the life cycle of the bean plant. Students were interested in seeing a bean plant and realizing most bean pods have three beans. Ms. Farmer discussed



the many uses of soybeans with students. The children were amazed at the number of food products which included a soy product. In October third graders compared the taste apple juice and apple cider. Many of the students had never tried apple cider before. In November third grade students will have the opportunity to bounce cranberries (which the test for ripeness). Also, they will have the chance to cut a cranberry open to see the air pockets which cause the cranberries to float during harvest. Just in case you are wondering no cranberries do not grow in

Fourth Graders also studied Soybeans in September. They students were intrigued with finding the two little leaves of the embryo inside a bean seed. Then in October part of the classes learned about what farmers are doing to help stop soil erosion. They learned about buffer crops, minimum plant rotation, tillage practices, strip farming, terraces, and cover crops. Students were excited to see the erosion in their wad a shed activity. Some classes learned about renewable and nonrenewable energy. The students were delighted to make pinwheels for a classroom mini wind farm. In November the fourth graders will be learning about turkeys and making talking turkeys for their activity to go along with the Thanksgiving holiday. The annual fourth grade Ag Day for Kids will be



January 26, 2018.

Fifth Grade students are studying Pizza this school year. The focus of their study in September was wheat for the crust. They enjoyed being able to trash their own wheat stalk, then grinding the wheat seeds to make whole wheat flour using a pepper grinder. In October the focus of study was tomatoes. Students were amazed that they eat 22-24 pounds of tomatoes each year. One student expressed, "So that's where ketchup comes from." Most of the consumption of tomatoes is in ketchup and tomato sauce. November will have fifth graders learning about how mozzarella cheese made for their pizza.

Ms. Farmer will continue to take lessons to the third, fourth, and fifth grade classes in order to help students better understand how agriculture impacts their lives.

## **Legislative Update**

As one of the newest farmer members of the Illinois House of Representatives, I am honored to serve Knox County in Springfield. While my career has been as a Retired Lieutenant Colonel in the military, I also served over 17 years on the AlWood Board of Education and am a 5th Generation family farmer. We raise corn, beans, oats, wheat, and hay crops as well as a cow/calf operation, cattle feedlots and pigs near Andover.

Unlike many legislators who may have a background as a politician and then learn about farming, I have a background in farming and am learning to be a legislator. What an education it has been so far! On the farm, I am accustomed to assessing a problem, planning the steps and then putting in the hard work to solve problems. It was no different for me in the Army National Guard, United States Army or in local government on the AlWood School Board, Henry County Board and the Henry County Veterans Assistance Commission.

However, the legislature has been a different beast. Let's take the budget discussion. Step 1- assess the problem. How much money do we have to work with? Well, the wheels fall off the wagon on Step 1. The Illinois House of Representatives is required by the Constitution to issue a Revenue Estimate to build a state budget around. This step never occurred. Unlike past years, the Illinois House did NOT adopt a revenue estimate this year. Full Stop.

Had Speaker Mike Madigan done his job and adopted a revenue estimate, we would then hold appropriations committee hearings, determine where cuts need to occur to adjust our spending in line with our revenues, evaluate our priorities and allot the funds appropriately within the framework of those priorities. Instead we are holding hearings without knowing how much we are planning to spend. Common sense dictates you cannot create a balanced budget that way.

The public is who shortchanged by failing to have the policy priority discussions needed in Springfield. However, remember that cannot even have those serious discussions in a transparent manner without setting our Representative revenue estimate for **Dan Swanson** the budget. The public



should ask the Speaker why this has not occurred. The first step to solving a problem is admitting the scope of it. Let's get our arms around the scope of this problem and then start solving it- we owe the citizens of Illinois much more than that, but it would be a start- a good Step 1!

Sincerely, Dan Swanson 74th District State Representative

## Getting to Know Your Farm Bureau Policy

How well do you know Farm Bureau policy? In order to better understand it, KCFB will run monthly excerpts from the 2017 policy book. Interested in learning more about how our policy system works? It all starts with you! For more info contact the office!

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1. Producers need a variety of credit sources at the lowest possible interest rates.

While competition in farm credit markets is in the best, long term interests of agriculture. we encourage commercial banks, the Farm Credit System and other lenders to seek out opportunities to cooperate in meeting the financing needs of farmers.

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2.1 Individuals or institutions that hold mortgages or instruments that would

normally require a certificate of release in order that a clear title may be presented, shall upon maturity or other satisfaction of said instruments, file a certificate of release in the local government entity of affected property at their expense within 30 days;

Lenders should not be permitted to retain mineral interests when disposing of

real property;

## These area businesses are proud to be a part of our 2017 Discount Program for members of the Knox County Farm Bureau®

The Knox County Farm Bureau does not intend the Membership Discount Program as an endorsement of any business or products/services on which discounts have been obtained, and assume no liability for any service rendered under the Membership Discount Program. Benefits may change without notice and some restrictions may apply.

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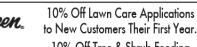
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## **NEWS FROM COUNTRY FINANCIAL**



## AGENT SPOTI



Michael J. White

Name: Michael J. White Years with COUNTRY: 35 yearS

Office Address: 415 N. Henderson St., Galesburg, IL 61401 Phone: 309-342-3177

eMail Address: michael.white@countryfinancial.com Designations: MDRT; Million Dollar Round Table 2016. Life Underwriting Training Council Fellow; LUTCF.

<u>Community Service</u>: Mike is a past President of Western Illinois Estate and Financial Planners. He is a member of the Galesburg Rotary, Paul Harris Award recipient and has been active in many community organizations in the past. He is US Jaycee Senator, and past Presesident of the Galesburg Jaycees. He coached baseball lo-

cally for 16 years and served as Commissioner of the Babe Ruth Leagues for 6 years. He is a Past President of the Galesburg Athletic Booster Club. For several years he served Chrysallis and Cursillo as a leader.

Mike has qualified for the All-American Award from COUNTRY 23 times. He was recognized by COUNTRY for his community service in 1996 with the Award of Excellence.

Awards: Mike was inducted to COUNTRY Financial's Hall of Fame in February 2014.

Mission Statement: "I help people remove worry from their lives. My goal is to help my clients plan to live to 100 and prepare for a crisis in their life tomorrow.

## **Protect Your Life Savings** With a Long Term Care Policy

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According to the National Clearinghouse for Long Term Care Information, 66 percent of the U.S. population will need long term care at some point during their life. Many people assume that Medicare, supplemental policies or standard health insurance policies will cover long term medical expenses, so they do not plan financially for their long term care needs.

Financial planning for long term care is important because long term medical costs are expensive. According to the latest survey by one of the most comprehensive and respected surveys in the industry, in 2010 the average annual cost for a semiprivate room in a nursing home is \$67,525 and \$75,190 for a private room<sup>1</sup>. Those costs translate to an average of \$185 per day for a semiprivate room and \$206 per day for a private room. A home health aide who

visits three times weekly can cost more than \$18,000 per year.

COUNTRY Financial offers<sup>2</sup> individual Long Term Care policies and a Long Term Care Accelerated Benefit rider on whole life policies. If you are between the ages of 18 and 84, you may be eligible for a Tax Qualified Long Term Care Insurance policy. COUNTRY offers three plans with different levels of protection. Each is flexible and can be tailored to meet specific needs. These policies can be paid up in as little as 10 years or by age 65.

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0817-501HC-02721-10/17/2017

help paying nursing home or other long term care expenses, the policy's death benefit can be withdrawn while you are living.

Don't risk the possibility of spending your life savings on long term care. For help determining the right long term care policy2 for your needs, contact a local COUNTRY financial representative.

<sup>1</sup>National Clearinghouse for Long Term Care Information, 2010.

<sup>2</sup>Policies underwritten by COUNTRY Life Insurance Company, Bloomington, III. Coverage varies by state. Policies include LTC-500, LTC-520, LTC-540. LTCAB and WL (OK12/04).

## The regular meeting of the Board of Directors of the Knox County Farm Bureau was cancelled in October 2017 due to harvest.

### **MAPPING** the Future

Watching a community deteriorate as jobs, tax base and population shrink leaves many rural residents feeling powerless to stop the march of time.

After all, when it comes to figuring out how to revitalize a small town, it can be tough to find the answers to so many complicated questions.

That's where the MAPPING program comes in. MAPPING, which stands for Management and Planning Programs Involving Non-metropolitan Groups, was created in 1991 at the Illinois Institute for Rural Affairs located at Western Illinois University in Macomb.

"Our State and Local Government SWAT members recently visited the Institute and learned firsthand about the program," said Brenda Matherly, assistant director of local government, IFB. "They were very impressed with the information they received."

But, Matherly added, the SWAT team was equally surprised by the lack of awareness of the project, especially given the number of rural communities within the state which could benefit from the program.

"The first step of the MAPPING program is to work with the Illinois Institute for Rural Affairs to create a local steering committee," Matherly said. "These folks will be responsible for working with the

institute staff to get the program off the ground by asking questions like, 'Where are we now?', 'Where do we want to be?', and 'How do we get there?'"

Once those questions have been tackled, the committee works with the Institute of Rural Affairs to put a plan in

"With the completion of a step-by-step plan, communities should start to see the rewards of their efforts, including building community support, maximizing community strengths, overcoming current issues of population decline and job loss," Matherly said. "Then, the promotion of a more positive outlook within the community is a contagious feeling, and will lead to the success of the program."

To date, MAPPING has been conducted in 132 rural communities in 62 different counties across the state.

"Many communities have reported success stories, including attracting business, community beautification and the development of tourism, expanding recreational opportunities, and exploring and improving community infrastructure," Matherly said.

To learn more about the MAPPING program, or the Illinois Institute of Rural Affairs, visit http://mappingthefuture.org.

## IFB Action Team Leadership In Knox County

Knox County Farm Bureau member Tara Bohnert Yoder, of Gilson, was elected to serve as 2018 Chair of the Illinois Farm Bureau Consumer Outreach ACTION TEAM. Tara was also elected as Vice Chair of the ACTION COORDINATING COUNCIL. She has been involved in the ACTION TEAM program since 2016.

Knox County Farm Bureau member Krista Swanson, of Oneida, was elected to serve as 2018 Vice Chair of the Illinois Farm Bureau Consumer Outreach ACTION TEAM. She has been involved in the ACTION TEAM program since 2016.

Men and women involved in the IFB ACTION TEAMS meet twice a year in Bloomington to develop and launch new, innovative statewide Farm Bureau programs that address the needs of agriculture and farm families.

ACTION TEAM applicants select one of four teams that match their interests and experience: Consumer Outreach, Membership Promotion, Leadership Development, or Quality of Life.

Recent ACTION TEAM accomplishments include pizza, corn and popcorn promotional signs, a leadership program created for Collegiate Farm Bureau members, SMV replacement reflectors used in place of improperly used SMV emblems, and the new IFB membership benefit app.

For more information on ACTION TEAMS, visit www.ilfb.org.



Tara Bohnert Yoder



Krista Swanson

Illinois Farm Bureau, John Deere

## **Illinois Specialty Growers Association** To Host Cider, Hard Cider Contest

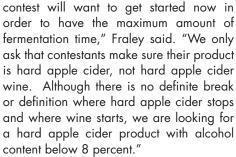
BLOOMINGTON, III. - Illinois apple cider makers will again get a chance to see who makes the best cider in the 29th Annual Cider Contest and the 16th Annual Hard Cider Contest, hosted at the Illinois Specialty Crops, Agritourism, and Organic Conference in Springfield, Jan. 10-12, 2018. The event is sponsored by the Illinois State Horticulture Society.

"We're excited to again host this contest, which gives our growers a chance to highlight their amazing products," said Jim Fraley, manager, Illinois Specialty Growers Association. "Plus, contestants have a chance to not only compete against other producers from Illinois in the Illinois State Awards, but also against out-ofstate producers in the Midwest and North American Awards."

For the Apple Cider Contest, contestants are asked to submit a one-gallon full container of unclarified apple cider that may be fresh or has been stored frozen. Hard apple cider contestants are asked to submit a one-quart, but no more than

> a one-gallon, container of product for the hard cider-judging apple

interested 'Those in the hard cider



Hard apple ciders containing other fruit flavoring, such as pear, cherry, peach, or cranberry will not be considered for

Registration for all apple cider contests will be Thursday, Jan. 11, from 8:00 a.m. to 9:45 am, with judging beginning at 10:00 am. There is a \$10 entry fee for each contest, with one entry per orchard and/or farm family permitted for each contest.

Cider entries may be delivered in person during on-site registration Jan. 11, between 8:00 a.m. and 9:45 a.m., or shipped directly to the conference: Crowne Plaza, 3000 Dirksen Parkway, Springfield, IL, 61703, Attn: Cider Contest. Be sure to label shipped packages, "Cider Judging Entry-Keep Refrigerated." Shipped entries will be accepted by the hotel no earlier than 48 hours prior to the start of the conference. All

> Frozen cider entries must be thawed by 10:00 a.m. Thursday, Jan. 11. No late entries will be accepted.

Awards will be announced during the dinner banquet Thursday, Jan. 11. Entry forms can be found at specialtygrowers.org/iscaocconference.html.

For additional information. contact Ken Johnson, cider coordinator contest kjohnso@illinois.edu or 217-

243-7424.



**Announce New Discount Partnership** BLOOMINGTON, III. - Illinois Farm Bureau and John Deere are excited to announce a new partnership which will give Farm Bureau members special access to the John Deere's GreenFleet™ Loyalty Rewards program, providing members with a free

This new member discount program will strengthen the existing partnership between John Deere and Farm Bureau, and continue to grow John Deere's dedication to strengthening their support of America's farmers and ranchers.

two-year Platinum 2 membership.

"John Deere is committed to the success of customers whose work is linked to the land," said Steve Geick, director, John Deere Ag Industry Relations US/Canada. "Together with Farm Bureau, we are strengthening our agricultural communities and building for the future. The GreenFleet Loyalty Rewards program for Farm Bureau members is John Deere's way of rewarding those who cultivate, harvest, transform, enrich and build upon the land.

Along with valuable equipment discounts, GreenFleet Loyalty Rewards Platinum members are eligible for special parts savings, Home & Workshop Products discounts, and other members-only promotions.

Normally, a customer must initially purchase two pieces of qualifying equipment within 12 months to reach Platinum status. Farm Bureau members will automatically qualify by signing up through JohnDeere. com/FarmBureau for these benefits:

 Equipment Discounts – Savings on everything from mowers to tractors to Gator™ Utility Vehicles purchased at your authorized John Deere dealer

 Special Parts Savings – Money-saving parts coupons and offers to help keep your equipment at its best

•Home & Workshop Product Discounts -A 10 percent discount off MSRP on eligible John Deere tools and workshop equipment air compressors, generators, pressure washers and more •Exclusive Member Promotions - new

exclusive offers and promotions delivered to your inbox - along with insider tips and great ideas for enhancing your equipment experience

Farm Bureau members in participating states are eligible. To participate, Farm Bureau members can visit their state Farm Bureau website or JohnDeere.com/

Once the registration is complete, the member will receive their GreenFleet member number and can instantly access program benefits. Members can simply purchase online at JohnDeere.com/BuyOnline or by visiting a local John Deere dealer.

To find out more about GreenFleet Loyalty Rewards, visit JohnDeere.com/GreenFleet.



The KCFB Education and Outreach Task Force constructed a display in Knoxville during the first weekend of the 2017 Scenic Drive.



A-Town FFA students, assisted by Ms. Aggie, shared how to "Crunch" apples for cider. The FFA provided apples and the cider drink for all the kids who learned about apples.

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## Health on the Farm



By the Knox County Health Department

## What's an MRC member?? Glad you asked!

In early 2002, the United States Citizen Corps was created as a means to encourage and support citizens to serve their communities through volunteerism. Local citizen participation in community safety is the foundation of the Citizen Corps program and builds on successful efforts that are in place in many communities to prevent crime and respond to emergencies.

Currently three federal departments, Department of Homeland Security (DHS), Department of Justice (DOJ), and Health and Human Services (HHS), administer four programs that are a part of Citizen Corps. These programs are:

•The Neighborhood Watch Program

•Community Emergency Response Team •Volunteers in Police Service (VIPS)

 Medical Reserve Corps (MRC) Medical Reserve Corps is a community based program launched in fall 2002 and Administered by the Department of Health and Human Services. The purpose of the

MRC program is to promote public health

and safety in three key areas: Mass Casualty Public Health Emergencies; Community Outreach.

• Mass Casualty Incidents: large-scale disasters that cause injury or threats to large numbers of people. (Examples: building collapse, fire, storm, flood, or other event that displaces groups of residents that must be moved to emergency shelters.) MRCs can augment the local emergency medical response community by assisting at shelters,

assistance centers and dispensing clinics. Public Health Emergencies: Events that threaten public health, such as disease outbreak or toxic chemical incident.

•Community Outreach: Opportunities to foster the well-being of local residents, such as health fairs/expos, influenza clinics, or training events throughout the year.

Through this program, currently practicing and retired healthcare personnel, as well as others interested in public health issues, become volunteers who are trained to augment the local services already being provided. Local volunteers assisting Local residents at Local Health Departments. It's the people you know helping you out!

Knox County Health Department currently manages a Medical Reserve Corps for The Knox County MRC this county. (KCMRC #2591) is working hard to boost membership, look into the community's needs and projects where the unit's members might offer assistance and begin training sessions specific to those needs.

Medical and NO-medical persons with any interest in helping the community (county) are needed. There will be many workers needed during any type of emergency, not just medical personnel. If the Health Department needs to set up some type of shelter, assistance center or medication dispensing site, there will always be a need for data entry clerks, runners, greeters and guides to keep lines moving smoothly, drivers to pick up or deliver goods, translators to talk with Non-English-speaking people arriving and many other jobs. There are simply not enough staff at any health department, anywhere, to meet the entire needs of a community. We rely on the volunteers who offer up their excellent help and wonderful care during these times of greatest need.

To be prepared as a community, we need to begin as individuals and get our-selves and our families prepared at home FIRST. Only when WE are prepared and know our family is safe, can we leave to go out and

Take these 3 steps to prepare yourself, your family and then your friends/community members:

- 1. Get a kit.
- 2. Make a Plan.
- 3. Stay Informed

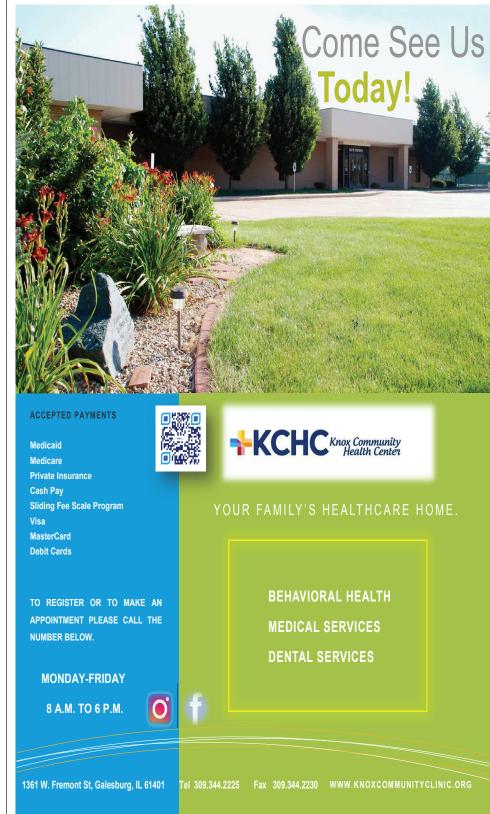
Here's some great websites to begin your journey to becoming prepared for emergencies and disasters.

Ready Illinois - www.illinois.gov/ready/ Pages/default.aspx

Medical Reserve Corps - mrc.hhs.gov/

HomePage Once you have taken your 3 steps, make that 4th step one in the direction of becoming a volunteer for your local Knox County Medical Reserve Corps by calling Julie Corben at 309-344-2224 or email her at

jcorben@knoxcountyhealth.org. We look forward to meeting you!!





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#### MEMBERSHIP RECRUITER OF THE MEMBERSHIP DRIVE



The Knox County Farm Bureau would like to recognize COUNTRY Financial Representative Jason Lumberry as top membership recruiter this month. Jason signed 1 new voting and 2 new associate members.

Call your COUNTRY Representative for all your insurance and financial needs.

**Jason Lumberry** 

## Hailey - Manager Update

I have officially been in Knox County for a month! I continue to meet all the awesome people of the community and members of the Knox County Farm Bureau. Trying to keep all the family relationships straight is proving to be a challenge! This month has flown by! A lot of time has been spent figuring out the normal operations of the Knox County Farm Bureau as well as new manager training that has been hosted in various locations across Central Illinois. This month will be no different. I will start November in Washington D.C. with other Farm Bureau Managers visiting different government agencies and legislators to cover topics affecting agriculture the most. I am greatly looking forward to this opportunity I have been given to represent Knox County in this capacity! The month of November will wrap up with Annual



Meeting preparations, another event in which I will be labeled as a "first timer." I look forward to sharing stories from these events with you next month!

#### **PRIMETIMERS NEWS**

The PrimeTimers committee enjoyed a presentation from Darcy Thorp on the history of the Knox County Fair. Ten members attended the October meeting and potluck. The committee will celebrate

the Holidays with a luncheon on November 21st at the Packinghouse in Galesburg starting at noon. The PrimeTimers invite all members 55+ to attend.

## ~ CLASSIFIED ADS ~

To place ads in the Bulletin or on the website, you must be a Knox County Farm Bureau member. Call 309-342-2036 or e-mail us at jreedy@knoxcfb. org by the last Friday of each month to place the ad.

FOR SALE: New Price! Volvo VNL64T610 Semi Tractor, ISX 450 Cummins engine, 10 speed, 3.58 ratio, Air Ride, 61" walkin sleeper, power steering, exterior visor, heated power mirrors, dual high back air ride seats, power windows & locks, Air Slide 5th, 215" WB, single line wet kit, 985k miles, \$10,800 OBO, Call Brian 309-337-1600. 11/17

FOR SALE: 2017 Case Farmall 45 tractor, cab, 6' Bush Hog Finish mower, 6' Bison blade. Only 6 hours. Moved from farm to town. Paid \$32,000. Call 309-289-6270. 11/17

**FOR SALE:** 15' batwing mower \$500 OBO, IHC #37 disc \$600 OBO. Call 309-342-1463 11/17

**FOR SALE:** Adult commode and large seat for bathtub. Excellent condition. Asking \$100 for commode and \$50 for bathtub seat, or best offer. Call 309-289-6962. 11/17

**FOR SALE:** Used twice, like new and items sold at 50% off: wheel chair new @ \$165, portable potty (with bucket) new @ \$155, toilet riser new @\$67, slide walker new @ \$120. Call Gene Carpenter at 309-375-5260. 11/17

**FOR SALE:** Bushnell 1.5 x 4.5 x 32 shotgun scope, new. \$50. Call 309-368-4643. 10/17

**FOR SALE:** Generac Generator G1000M - 1000 Watt, good condition. \$225. Call 309-368-4643. 10/17

**FOR SALE:** 20,000 bushels aerated grain storage in bins with drying available 6 miles north of Galesburg. Electrical is active. Recent use with semis. Contact Paul at 916-335-3991, please leave a message. 10/17

FOR SALE: Bag-A-Nut Walnut Harvester. Call 309-344-2358. 10/17

If you sell your items, please contact the Knox County Farm Bureau office at 309-342-2036 or email jreedy@knoxcfb.org, so we can provide our readers with up-to-date information.

## Looking Back

### TAKEN FROM THE NOVEMBER 1997 BULLETIN

The Wataga Trailblazers is named the Top 4H Club and is presented with a \$50 check.

#### TAKEN FROM THE NOVEMBER 1977 BULLETIN

In 1977, the Illinois Farm Bureau organized numerous travel programs for its members to be able to take. Trip destinations featured were the Central American countries of Guatemala, Panama, and San Salvador, as well as Hawaii, Russia, Texas, and Las Vegas. The week-long trip to Central America only cost \$830 per person!

#### TAKEN FROM THE NOVEMBER 1928 BULLETIN

The signing of 1,000 members the first two days of our membership campaign speaks well for our township organization committees.



## Turkey Tetrazzini

#### **Ingredients**

- 1-1/2 pound Thin Spaghetti, Broken In Half
- 4 Tablespoons Butter
- 4 cloves Garlic, Minced
- 1 pound White Mushrooms, Quartered
- 1/2 teaspoon Salt
- 1 cup White Wine
- 1/3 cup Flour
- 4 cups Turkey (or Chicken) Broth 1 block 8 Ounce Cream Cheese
- 3 cups Cooked (leftover) Turkey, Shredded Or Diced
- 1 cup Finely Chopped Black Olives
- 1-1/2 cup Frozen Green Peas
- 4 slices Bacon, Fried And Cut Into Bits
- 1 cup Grated Monterey Jack Cheese
- 1 cup Grated Parmesan Cheese Salt And Pepper, to taste
- Extra Broth For Thinning
- 1 cup Panko Bread Crumbs

#### **Instructions**

Cook pasta until not quite done - al dente according to package instructions (it will finish cooking in the oven.) Drain, rinse, and set aside.

In a large pot, heat butter over medium-high heat. Add garlic and sauté



for a couple of minutes. Add mushrooms and salt, then sauté for a couple more minutes. Pour in the wine and allow it to cook with the mushrooms for several minutes, or until the liquid reduces by half.

Sprinkle in flour, then stir the mushrooms around for another minute. Pour in the broth and stir, cooking for another few minutes until the roux thickens.

Reduce heat to medium low. Cut cream cheese into pieces and add it to the pot. Stir it to melt (don't be concerned if the cream cheese remains in little bits for awhile; it'll melt eventually!) Add the leftover turkey, the olives, the peas, the bacon, and the cheeses. Stir to combine, adding salt and pepper as needed.

Add the cooked spaghetti and stir it to combine. Splash in more broth as needed; you want the mixture to have a little extra moisture since it will cook off in the oven. If it's a little soupy, that's fine! Add up to 2 more cups of liquid if you think it needs it.

Pour the mixture into a large baking dish and sprinkle the top with Panko crumbs. Bake at 350 degrees F for 20 minutes, or until the casserole is bubbly and the crumbs are golden brown.

Taken from thepioneerwoman.com

If you would like to submit a family-favorite recipe, please provide the recipe with a picture to the KCFB office.

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