

Bulletin

Promoting the understanding of agriculture in our community to improve the profitability of farmers and enrich the quality of life in Knox County

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July 2017

No. 7

KNOX COUNTY FARM BUREAU 3-CLUB GOLF SCRAMBLE

The Knox County Farm Bureau Foundation's 3-Club Golf Scramble was a success on June 23, 2017. The rain in the morning did not keep

our golfers off the course and helped raise over \$830 for the Knox County Ag in the Classroom Program! Last school year, the Knox County

Ag in the Classroom Program was able to reach 5,761 students and 1,931 educators throughout the county.

Thank you to all of our golfers

and sponsors! Cultivator Sponsors (\$250): LANDcorp, Inc. and West Central FS. Seed Sower Sponsors (\$100): 1st Farm Credit

Services, Galesburg Hospitals Ambulance Service, F&M Bank, Ladner Orthodontics, Office Specialists, Inc., and Swanson Seeds.



TRAP SHOOT

Knox Co. Sportsman's Club
504 State Route 116 St. Augustine, IL

JULY 29TH, 2017

Schedule
8 AM- Check-In
9 AM- Shoot

Register
Teams of Four
\$100/Team (14 & Up)
\$40/Team (13 & Under)
Individuals may register and will be assigned a team.

Deadline
July 21st
Cash or Check To:
Knox County Farm Bureau

Rain Date - July 30th
1 PM- Check-In
2 PM- Shoot

Info & Online Registration
www.knoxcfb.org
(309) 342-2036

1st Place Team Prizes

Bring Your Own Shells

Food Available for Purchase

Knox County YOUNG FARMERS
SINCE 1961



First Place Team (left to right): David Hennenfent, Ross Reedy, Matt Hennenfent, John Hennenfent.



Middle of the pack team (left to right): Bill Hennenfent, Blake Hennenfent, (top) Pat Hennenfent, (bottom) Dane Hennenfent, and Case Hennenfent.

CALENDAR OF EVENTS

July	August
11-15 Knox County Fair	5 Stampede 5K, 9 AM, Michelle & Kevin Erickson Family Farm in Oneida
12 Marketing Club, 12:30 PM, Pizza Ranch	10-11 Defensive Driving Course, 10-3:30, Knox Agri-Center
13 Young Farmers Meeting, 6:30 PM, Fairgrounds	15 Ag Day at the Illinois State Fair
14 Knox Ag Roundtable Mtg, 12 PM, Fairgrounds	17 KCFB Board Mtg, 8 PM, Knox Agri-Center
14 Health Fair, 5 PM - 8 PM, Fairgrounds	22 KCFB Foundation Mtg, 6 PM, Knox Agri-Center
15-18 Knox County 4-H Fair	22 Knox Agri-Center Mtg, 6:30 PM, Knox Agri-Center
15 Ice Cream Social, after Rocket Launch	
17 Lawn Mower & Tractor Driving Contest, 6 PM, Fairgrounds	
18 PrimeTimers, 12 PM, Potluck KAC	
18 Ag Olympics, 3 PM, Fairgrounds Show ring	
20 KCFB Board Mtg, 8 PM, Knox Agri-Center	
26 Farm Income & Innovations Conference, 8 AM, Bloomington	
26 Marketing Club, 12:30 PM, Pizza Ranch	
29 Trap Shoot, 9 AM, Knox County Sportsman's Club St. Augustine	



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Stampede 5K

WALK/RUN

Pre-Register
\$15 Members
\$20 Non-Members

Lead the Herd to support Agriculture Education



GetMeRegistered.com/KCFBStampede

Erickson Family Farm

AUGUST 5, 2017
9 AM - Start
7:30 - Check-In Begins

5K & Family-Fun Day

Child Care Available!
Petting Zoo
Kid's Activities
Youth Competitions

Members are always welcome at Knox County Farm Bureau's Board of Director meetings. They are held the third Thursday of each month. Please call for times.



July 2017 No. 7

Published Monthly

KNOX COUNTY FARM BUREAU, Inc.
cooperating with the
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and the
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Office Hours

Monday thru Friday
8:00 a.m. to 4:30 p.m.

We reserve the right to reject any or all news material or advertisements offered to this paper.

PLEASE REPORT ANY CHANGES IN YOUR ADDRESS TO OUR OFFICE.

Thank You
KNOX COUNTY FARM BUREAU



4-H Fair showcases 'learning to do'

Our daughter tucked a red hen under an arm and called the rest of the flock as she walked across the yard at sunset. Our 4-H hens had grazed the lawn much of the day and needed shut in for the night. She herded them well, exhibiting a familiarity with the flock that comes from daily chores. And I just smiled.

Experiences like these affirm why we live out here and do what we do. Camera-less at the time, I enlarged the scene and framed it in my mental archives.

The 4-H Fair countdown begins in our household. Our son joined the club this year, so I expect many fair-time scenes worth capturing by mind or camera. I also anticipate a moment or more of drained batteries. Last-minute project preparations and dawn-to-dusk days at the fair with livestock will do that to a person.

So will the fair's signature heat and crying cats.

Our farm cat last year made clear that he disliked traveling by vehicle. He equally vocalized his disapproval as an exhibit for our daughter's 4-H cat care project. Fellow moms stood nearby their minivan hatchbacks and handed general show projects to their kids with a whining cat as their background music. With blue ribbon earned, I summoned my husband to take "Prince" home as soon as possible.

Moments like these make me appreciate my own parents even more, yet realize why they plodded through project mishaps or stresses when my brother and I were kids. Thankfully, we laugh about the feline fiasco and look at the collective 4-H picture. What a joyful, satisfying feeling to watch your kids personally grow, learn life skills and discover their passions. Quite frankly,

Meat for Schools

Thank you to the Knox County Cattlemen, Knox County Pork Producers, and Knox County Farm Bureau for sponsoring the Knox County Ag in the classroom "Meats for Schools" program. Grants were awarded to Knox County high schools who applied for the grant to teach lessons about beef and pork in Consumer Education classes.

Mrs. Rose Chadderdon's Classes at

Knoxville High School used "Meats for Schools" grant money to learn: cuts/grades of meat, nutritional value, safe handling/preparation, and methods of cooking of beef and pork. Her classes prepared Bacon Breakfast Casserole, Breakfast Bacon, Beef Pasta Sauce, Beef Shish Kabobs, Sausage Biscuits and Gravy, and Beef Dips to apply the skills they learned. -Ms. Farmer

Getting to Know Your Farm Bureau Policy

How well do you know Farm Bureau policy? In order to better understand it, KCFB will run monthly excerpts from the 2017 policy book. Interested in learning more about how our policy system works? It all starts with you! For more info contact the office!

235 / Conservation Reserve Program
238 / National Dairy Program

1.5 Efforts to manage milk supply

which account for the regional differences in fluid milk demand and supply;

1.8 A national program for dairy product promotion, research and nutrition education and the U.S. Dairy Export council;

1.12 Research to determine a "no-effect" level for any antibiotics and aflatoxins in milk according to Food and Drug Administration (FDA) standards;

Ag in a Day: Food for Thought

Ag in the Classroom coordinators were not in classrooms during the month of June. They were, however, working to provide

professional development in agriculture for area educators.

After attending planning meetings earlier



The group of teachers and coordinators enjoyed popcorn and lemonade after hearing a presentation from Andrew Bowman at Pilot Knob Comforts popcorn farm in Oneida.



Kae Hanks, owner of Thrushwood Farms, provided a tour of Thrushwood Farms Quality Meats to the teachers who attended the Ag in a Day teacher workshops in Galesburg.

I find it thrilling to relive the 4-H experience through them. I watch them learn to cook on their own, grow green beans, construct a wood project, craft a junk drawer robot and raise chicks from two days old. They gain the confidence to speak with adult judges about their experiences. I see them strengthen decision-making skills and tap their creativity. They feel good about themselves, make new friends with similar values, and experience the motivation to make their best better.

For some inspirational thoughts about today's youth, I recommend a stop to your local 4-H Fair. Browse through the general project displays, walk through the livestock barns, and see what they have accomplished. The project showcase in my county reminds me that much has stayed the same about 4-H's traditions, impact and values. Yet, the nation's largest youth organization evolves. Expanding project selections and new learning experiences invigorate young, modern minds – and even my own at a generation removed.

About the author: Joanie's family grows corn, soybeans and hay and raises beef cattle in West-Central Illinois. She is a 4-H alumna and mother of two 4-H kids.



1.18 The placing of milk vending machines in public schools;

1.22 An increased effort by the dairy industry to develop domestic and foreign markets;

1.30 A reform of transportation credit regulations to eliminate producers in a deficit area bearing costs of transporting milk into the area

in the year, coordinators worked on creating lessons for teachers to use in their classrooms. All participants were given a binder filled with materials that connect to agriculture. This year's theme: Food for Thought.

Day one of the workshop was held in Galesburg. After AITC coordinators presented lessons, educators had lunch at Enseason and had a tour of Thrushwood Farms Quality Meats. Ag in a Day would not be complete without a visit to a farm. On Day one of the workshop, educators visited a popcorn farm and a pig farm. Pilot Knob Comforts Popcorn Farm of Oneida welcomed the group and educated everyone about popcorn. In Altona at Triple E Farms Pork Farm, educators had an opportunity to see the operation up close.

Day two was held in Moline, on the WIU campus. After a make and take session, a guest speaker shared information that answered the question, 'Is My Food Safe?'. Lia Nightingale, Associate Professor at Palmer College of Chiropractic provided the answer to this question. A panel discussion followed about careers in Agriculture. A trip after lunch to the Quad City Botanical Center educated everyone about chocolate! The day ended after visiting the Advanced Environment and Energy Center (ATEEC) Interactive Learning Lab.



The educators had the opportunity to tour Triple E Farms in Altona where they learned about pork production.

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AGENT SPOTLIGHT



Name: Ed Johnson
Years with COUNTRY: 11 years
Office Address: 635 N. Seminary St., Galesburg IL 61401
Phone: 309-342-1646
eMail Address: ed.johnson@countryfinancial.com
Family: Carie - wife; Daughters - Cora and Ellie
Education: Bachelor of Science - Agriculture Business, Western Illinois University
Designations: Investment Solutions Representative
Awards: All American, Executive Club, Million Dollar Round Table

Mission Statement: To deliver honest, straightforward answers to everyone; turning clients from being customers into being lifetime friends.

Ten Tips to Get Your Vehicle Ready for Vacation

You're all set, the hotel reservation is made, the car's packed and the travel route is planned. But what about your car? Is it ready for the trip?

Whether you're planning a long trip or a short one, nothing ruins a vacation faster than car trouble. A quick, thorough checkup by a local automotive specialist or yourself can save you a vacation-load of trouble.

Keeping that in mind, here are 10 useful tips that should help get your vehicle ready for a vacation drive:

- 1.Check the oil and have it changed if necessary. Also check the oil filter. Fresh oil will get you better gas mileage.
- 2.Inspect the radiator and radiator hose. Don't get stalled on the side of the road with an overheated vehicle.
- 3.Check the suspension and steering. Loose suspension and uneven steering prevent a comfortable and safe ride and can even cause carsickness.
- 4.Check all fluid levels. These include brake fluid, transmission fluid, power steering fluid and engine coolant. Also look under your vehicle for fluid on the ground. Leaks and low fluid levels can damage your vehicle and leave you stranded.
- 5.Inspect your windshield and windows.

Repair chips and cracks, clean all the windows, check the windshield wipers and make sure the windshield washer reservoir is filled. Replace the windshield and windshield wipers and clean bugs and road film from the windshield, if needed.

6.Check the condition of your braking system. This system includes brake linings, pads and drums. A vehicle's braking system should be checked every 15,000 miles. Leaky brake fluids and worn pads and drums can cause you some serious problems down the road.

7.Have your battery tested. Replace it if it has lost a significant amount of power. It's cheaper to replace it now than on the road where you might have the added cost of a service call.

8.Check the tires, including the spare tire. Make sure they are properly inflated. Look for breaks and blisters in the sidewalls and excessive or uneven wear. If you don't, a tire could blow out.

9.Test all lights on the vehicle. These include headlights (bright and dim), parking lights, taillights, brake lights, back-up lights and turn signals. Don't waste your time replacing burnt out lights on the road.

10. Make sure you pack a travel kit. Include a tire-changing kit, a heavy-

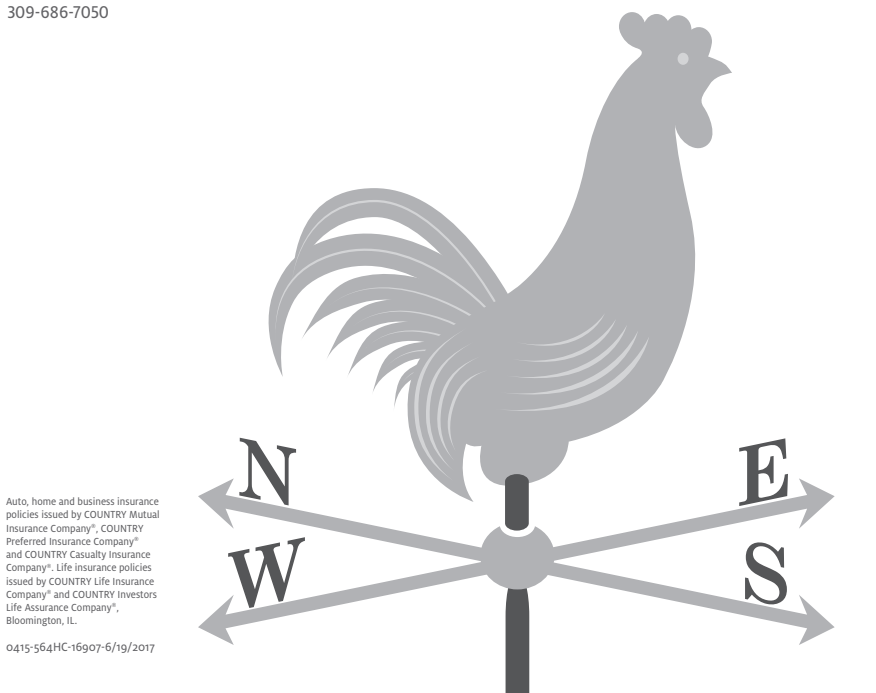
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duty flashlight, a first aid kit, a small fire extinguisher, a towel or blanket and bottled water. Pack these necessities on top of your luggage so you can find them fast in an emergency.

It's better to be safe than sorry. Don't wait for something bad to happen on the road. Prepare your vehicle for those vacation highway miles. It's worth the time and investment!

BOARD HIGHLIGHTS

The regular meeting of the Board of Directors of the Knox County Farm Bureau was held on Thursday, June 15, 2017

Education & Outreach – Lori Engel

The E&O TF is met May 24th at 5:00 PM.
The Stampede 5K will be hosted at Kevin & Michelle Erickson's on August 5, 2017 with a 9:00 AM start. Child Care, AITC Activities, Petting Zoo, & Youth Competitions will be available in addition to the 5K Run/Walk. The T-Shirts will be a cotton t-shirt in a neon color. Sponsorships are available. All participants will get fruit, water, and granola bars.
The E&O TF is looking into hosting a Health Fair at the County Fair on Friday from 5-8PM. If you know of anyone interested in hosting a booth, please have them contact Caitlin.
The E&O TF will provide water and ice cream during the Ag Olympics on July 18th.
A survey is being sent out to schedule the family picnic.

Farm Business Taskforce – Jarid Cain

2016 Knox Co. Plat Books are available.
The Steve Johnson marketing outlook will be on June 20th at 7:00 PM.

Government and Policy Taskforce – Joe Webel

Sign up for FB Act text alerts by texting the word FARM to 52886.

Member Relations – Matt Hennenfent

The Centennial Celebration committee is meeting on July 24th at 7PM at Big Catz in Knoxville.
The Membership Appreciation Outing to the Peoria Chiefs was on Thursday, June 8th. 101 tickets were reserved.
The Agent Appreciation Golf Outing has

been scheduled for August 25th.

Foundation – Caitlin Chrzanowski

The Foundation is hosting a 3-Club Golf Scramble Fundraiser on June 23rd at Oak Run that will start with a shotgun start at 8 AM. Each golfer will be allowed a Driver, a Putter, and a 7 iron. Registration is \$60/ golfer or \$240/team. Sponsorships are available. Barn Raiser - \$750, Harvester - \$500, Cultivator - \$250, and Seed Sower - \$100. Registration & Sponsorships can be made on the website.
Hannah Libby is the 2017 Summer Intern.

PrimeTimers – Caitlin Chrzanowski

The PT will be going to the Rock Island Arsenal Island on June 20th.

Young Farmer's – Krista Swanson

The Young Farmers sponsored the Stuff the Pantry event for FISH food pantry on April 20th & 21st at the HyVee on N. Henderson. – helped bring in 5,000 pounds and \$2,000 for the FISH Food Pantry.

The Young Farmers have raffle tickets available for a Remington 870 12-gauge shotgun provided by Representatives Hammond and Swanson. Tickets are \$5 or 5 tickets for \$20. The winner will be drawn at the Trap Shoot Fundraiser on July 29th.

KAC – Terry Boydston

The KAC is replacing the carpet in the meeting room this August.

IFF – Lori Engel

Like the Knox Warren-Henderson Illinois Farm Families page on Facebook! Send farming pictures to Tara Bohnert Yoder to use with educational posts.

OLD BUSINESS

The Country Financial Agent Appreciation/Membership Drive Contest Golf Outing is August 25, 9am at Oak Run.

101 volunteers attended the Peoria Chiefs baseball game for the appreciation outing.

Volunteers are needed for the Ice Cream Social after the 4-H rocket launch at Knoxville HS on Saturday, July 15.

IFB is offering a Member Information Mailing Grant of \$500 and Knox will mail a survey to members.

President Grant Strom will get more information at President's Conference and will share with the Directors at the next board meeting regarding the KCFB Personnel Policy.

NEW BUSINESS

Tim Main moved to submit an IFB Policy Resolution that changes the policy to read: "We support protocols that require railroads to give a minimum of two weeks notice of construction intentions to local residents and local government bodies prior to taking formal action on railroad closures so that public safety may be maintained." Terry Boydston seconded. Motion passed.

The Flag the Technology program was discussed.

Galesburg FFA Rib Cookoff Sponsorship was discussed and passed along to the KCFB Foundation.

IFB has a new membership discount platform called Abenity. Jeff Link moved to allow our businesses to join the IFB Abenity member benefit platform. Matt Hulsizer seconded. Motion passed.

The PrimeTimers Committee is taking a trip to the Rock Island Arsenal June 20. Beau Bewley moved for KCFB to pay for the bus for their trip. Matt Hennenfent seconded. Motion passed.

Tim Main reported on the Knox County board meeting at which the audit was discussed; pension liability is now on the financial reports. The mental health board was appointed.

Jeff Link reported on the Knox County Health Dept board meeting at which Kim DeSutter retired off the board after serving for 9 years. The KCHD has hired more staff and need to increase the number of patients.

Board Meeting Attendance				
NAME	Apr.	May	June	
Bewley, Beau	P	P	P	
Boydston, Terry	P	P	P	
Cain, Jarid	P	A	P	
DeSutter, Jim	P	P	A	
Engel, Lori	P	P	P	
Erickson, David S	P	P	P	
Goedeke, Phil	P	P	P	
Hennenfent, Matt	P	P	P	
Hoben, Tom	P	A	P	
Hulsizer, Matt	A	P	P	
King, Becky	A	P	A	
Link, Jeff	A	P	P	
Link, Nathan	P	A	P	
Main, Tim	P	P	P	
O'Connor, Tom	P	P	P	
Seiboldt, Pat	A	P	P	
Stevens, Monica	P	A	P	
Strom, Grant	P	P	P	
Swanson, Brett	P	A	P	
Swanson, Krista	P	P	A	
Webel, Joe	P	A	A	
West, Todd	P	P	P	

INTERNSHIP UPDATE

Time is going by quickly, but my experiences continue to grow as the time passes. It has been a month now since I started working at the Farm Bureau as the new intern. During this past month, I have begun to meet some of the members here and attend the various events that are planned in this office.

On June 6, I attended the Illinois Farm Bureau's New Staff and Intern Seminar in Bloomington, Illinois. This seminar featured a tour of the IAA Building, presentations from various staff within the Illinois Farm Bureau, and information regarding the role the county farm bureau's play in the state's office as a whole. I was able to connect with other interns from across the state and even make connections with some of the staff there.

I also attended the 'Ag in a day' teacher workshops hosted by the Knox, Henry, Mercer, Stark, and Warren-Henderson County Farm Bureaus. The teachers received

many free resources to make incorporating agriculture into their classroom curriculum a little easier. The first day was in Knox County at the Farm Bureau office for a presentation with Illinois Ag in the Classroom and then traveled to En Season Café where they enjoyed a lunch prepared with local, seasonal ingredients and toured Galesburg's sustainable business center. Following lunch, they toured Thrushwood Farms, Pilot Knob Comforts popcorn farm, and Tripe E hog farm. The second day was in Moline at the WIU-QC campus for a presentation titled, "Is My Food Safe?" by Dr. Lia Nightingale, Associate Professor at Palmer College. As well as a career panel shared their careers within agriculture. The teachers then travelled to the Quad City Botanical Center and the Advanced Technology Environmental and Energy Center in Davenport. I took into consideration all of the great information that

was presented to the teachers during this two-day workshop, as I am currently majoring in agriculture education.

Within my first month I have also attended many fundraisers through the Farm Bureau. It is great to see so many individuals in our community come together to support the Farm Bureau and all of the great activities that are put on throughout the year by the various committees.

Day to day at the Farm Bureau is never the same. Sometimes I am helping with jobs like preparing for upcoming events, writing pieces for the Bulletin, designing logos and flyers for upcoming events, and writing and recording snippets for the radio station. I am loving doing the radio spots with Mandy, especially because I am learning a new skill outside of my comfort zone. I have thoroughly enjoyed applying my voice to the Knox County Farm Bureau, and I am looking forward to meeting



more members and aiding in improving the agricultural knowledge in Knox County.

Hunter's Safety

On Friday, June 23rd and Saturday, June 24th the Knox County Young Farmers hosted an IDNR hunter's safety course in which 24 Knox County residents participated. Thank you to Mike Crawford for instructing the program and for Pheasants Forever for sponsoring the lunch.



Health Fair

at the
Knox County Fairgrounds

July 14, 2017
5pm-8pm

Local Health and Fitness

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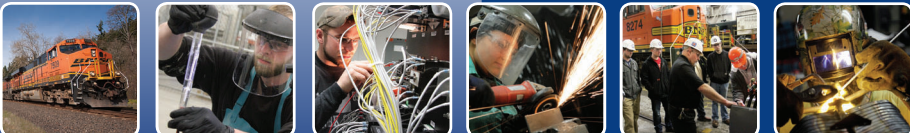
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Defensive Driving Course To Be Offered

Are you interested in learning updated rules of the road while saving money on your car insurance, you should enroll in the Defensive Driving Course that is being offered on August 10th and 11th from 10:00 am to 3:30 pm at the Knox Agri Center in Galesburg.

The Knox County Farm Bureau and COUNTRY Financial will be sponsoring the presentation. The course is open to people 55 years of age and older who are farm bureau members and COUNTRY insureds. The registration fee of \$20 covers course materials, instruction and lunch both days. Those completing the course are eligible for a discount on their auto insurance, but they must attend both days to qualify. An examination is not required to complete the course or receive certification.

This program was developed by

the National Safety Council and is internationally recognized for its significant contribution to our nation's traffic safety effort. The course is very informative, entertaining and current with the present program recently being updated to reflect today's driving standards and environment. The instructor will be Doug Sommer, Pekin, Illinois who was a safety educator with COUNTRY Financial for over 30 years. After his retirement from the insurance company Doug started his own safety business, Sommer's Safety Sessions which offers safety programs, seminars and the Defensive Driving Course.

Reservations are required and class size is limited. Act now to take advantage of this cost-saving traffic safety program. Call the Knox County Farm Bureau at 309-342-2036 to make reservations or for more information.

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Health on the Farm

By the Knox County Health Department



Knox Community Health Center to Offer School & Sports Physicals

The school year is almost here, but will your child be ready? Besides shopping for supplies, your back-to-school checklist should include making sure your child has an up-to-date health record.

School and sports physical exams will be offered this summer by staff at the Knox Community Health Center, 1361 W. Fremont St, Galesburg. Junior and senior high school athletic physicals will be offered as will school physicals for preschoolers, kindergartners, sixth graders, and freshmen.

School physicals will be offered for \$35 and sports physicals for \$15 **BY APPOINTMENT ONLY** on the following dates from 8am to 6pm each day: (Immunizations are not included in cost of physical, cost will vary.)

June 8th, 9th, 27th, & 29th

July 20th & 21st

August 1st, 3rd, 8th, & 10th

****Please bring immunization records to your appointment**

"Getting children all of the vaccines recommended by CDC's immunization schedule is one of the most important things parents can do to protect their children from serious diseases," said Tammy Nelson, Communicable Disease Nurse. "If you haven't done so already, now is the time to check with your child's doctor to find out what vaccines your child needs." Vaccines protect against a number of serious and potentially life-threatening diseases.

When children are not vaccinated, they are at increased risk for diseases and can also spread diseases to others in their classrooms and community – including babies who are too young to be fully vaccinated, and people with weakened immune systems due to cancer or other health conditions. Talk to your child's doctor to find out which vaccines are recommended for them before going back to school.

As the new school year approaches, the Knox County Health Department and Community Health Center wants to remind you about these important school immunizations. Most immunizations are administered before a child is two years old; however, between ages four and six, before entering kindergarten; children are due for several booster shots. Children between

11 and 15 years of age might be due for booster shots, too. Most students will also need a complete physical exam, especially students who participate in school sports. College freshman that will be living in a dorm should consider the Meningococcal vaccination: this vaccine is available at the Knox County Health Department.

"We want to help make it easier for parents to know which vaccines are required for enrollment in schools" Tammy Nelson, LPN Communicable Disease. The following immunizations are required of children as a prerequisite to admission to schools:

Diphtheria
Pertussis (whooping cough)
Tetanus (lockjaw)
Polio
Measles
Mumps
Rubella (German measles)
Varicella (chicken pox)
Haemophilus influenzae type B
Hepatitis B
Prevnar
Meningitis

Most private health insurance programs cover the cost of vaccinations, and the state-funded Vaccine for Children Program supplies vaccines to those with no insurance coverage and underinsured. The Knox Community Health Center accepts most insurances, Medicaid, Medicare, uninsured, underinsured, and also sliding fee scale is available. Physician offices are very busy at this time of year scheduling these physicals, call early for an appointment. "We want to help parents become aware that immunizations are important and not just school requirements, states Tammy Nelson, LPN, Communicable Disease." Continual governmental research indicates that vaccines play a pivotal role in a child's overall health and protects from preventable diseases that could be extremely harmful.

Encourage friends, family and others in the community to check their medical records and remind them of the importance of being up-to-date on their immunizations. Please contact the Knox Community Health Center at 344-2225 to schedule an appointment or visit www.knoxcountyhealth.org for information about school/sports physicals, immunizations and available vaccines.



SCHOOL & SPORT PHYSICALS

PRE-K, KINDERGARTEN, 6TH & 9TH

June: 8, 9, 27, 29
 July: 20 & 21
 August 1, 3, 8, 10

BY APPOINTMENT ONLY!
 8 AM TO 6 PM

309. 344. 2225

\$35- School Physical
 \$15 Sport Physical

Immunization costs will vary.

Dental exams available by appointment.

Please bring immunization records to your appointment

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MEMBERSHIP RECRUITER OF THE MONTH



Jason Lumberry

The Knox County Farm Bureau would like to recognize COUNTRY Financial Representative Jason Lumberry as top membership recruiter. Jason signed five new associate members.

Call your COUNTRY Representative for all your insurance and financial needs.

~ CLASSIFIED ADS ~

To place ads in the Bulletin or on the website, you must be a Knox County Farm Bureau member. Call 309-342-2036 or e-mail us at jreed@knoxcfb.org by the last Friday of each month to place the ad.

FOR SALE: Fiberglass truck bed cover for Dodge Ram Quad Cab 6'6" long silver gray color. Call 309-337-0564 7/17

FOR SALE: New, in box, electric farm fuel pump, 15 gal. per minute, with hose and nozzle. \$175.00 OBO. Call 309-883-4568 7/17

FOR SALE: 26 ft steel Jet grain semi trailer, very little use. Asking \$17,000. Call 309-368-8245 7/17

FOR SALE: John Deere 737 ZTrak lawn mower, 23 HP, 60 in deck, Asking \$3100. Call 309-368-8245 7/17

FOR SALE: Toshiba laptop computer with Windows 10 and power cord. Couple years old, works great. Call 342-0206 7/17

FOR SALE: Speed Queen electric dryer, 3 yrs old, used very little, \$325. Call (309) 337-3174 6/17

FOR SALE: 1994, 8465 Case IH Automatic Baler, Approx. 2,500-3,000 bales through it. Asking \$5,000. Call 309-221-6310 after 4 PM only or 309-371-3977. 6/17

If you sell your items, please contact the Knox County Farm Bureau office at 309-342-2036 or email jreed@knoxcfb.org, so we can provide our readers with up-to-date information.

FOR SALE: New calf catcher cage that mounts on ATV to protect from cows while working on young calves. Asking \$1,500. Call 309-221-6310 after 4 PM only or 309-371-3977. 6/17

FOR SALE: Full Boer Goat buck, 1 year old, stocky & beautiful, \$250 OBO. Call (309) 639-2111. 6/17

FOR SALE: Full Boer Goat doe, 1 year old, \$200 OBO. Call (309) 639-2111. 6/17

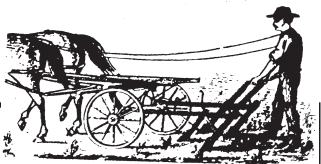
FOR SALE: Border Collie puppies, black & white, shots & wormed, great farm dogs, \$300 each. Call (309) 368-7289 6/17

AVAILABLE: 20,000 bushels aerated grain storage in bins with drying available 6 miles north of Galesburg. Electrical is active. Recent use with semis. Contact Paul at 916-335-3991, please leave a message. 5/17

FOR SALE: Gaited mare, 14 years old, chestnut color, 14 h., good health, \$900.00 OBO. Call (309) 639-2111. 5/17

FOR SALE: 2500 watt generator, DR Trimmer-Mower, Century Welder, 3 pt 6ft rotary mower. Call (309) 289-4506. 5/17

Looking Back



TAKEN FROM THE JUNE 1997 BULLETIN

4-Hers Attended I-Care Clinic

Through the use of overheads and discussion, 4-Hers gathered at the Knox County Fairgrounds to learn about ways to care for their animals. The 4-H Federation Board members put on skits to demonstrate positive and negative ways to care for animals, showed a video about ethics, and gave a handbook to members to keep for future projects.

TAKEN FROM THE JUNE 1977 BULLETIN

All Sold Out!

On July 9, 1977, the Knox County Farm Bureau and the Knox County Pork Producers sold all 4,000 butterfly pork chops at their barbeque in the Sandburg Mall. Approximately 80 farmers and spouses worked hard to serve the hungry shoppers.

TAKEN FROM THE JUNE 1963 BULLETIN

Central Illinois farmers have lower freight rates for soybeans shipped to southern Gulf ports as a result of efforts of Farm Bureau and a number of grain companies. The new rate, which became effective June 24, is 38 ½ cents per hundred-weight which is 13 cents lower than the 1961 rate.

WELCOME NEW MEMBERS

The Knox County Farm Bureau would like to welcome the following to our organization:

Debra Bednar	Myrtle Hall	Sue & Steve Peterson
Katie Bosnich	Dorothy Hays	Jamie Larner & Justin Price
James Breasaw	Sarah Johnson	Victoria Strom
Kylie Browne	Kyle Kapraun	Jennifer Vicker
Kaleb Carlson	Rachael Kepple	Travon Ward
Marty Frymire	Felly Kinkela	Cathy Wollum
Tina Gruber	Michelle & William May	

PRIMETIMERS NEWS

The PrimeTimers Committee took a bus trip to the Rock Island Arsenal Island on June 20, 2017. The committee was treated to a riding tour of the island filled with facts from the Island's history. Upon completion

of the riding tour, the 23 attendees were able to enjoy the Rock Island Arsenal Museum. Thank you to the Rock Island Arsenal Historical Society for providing the tour.



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RECIPE OF THE MONTH



Barbecue Sweet Potato Chips

Ingredients

- 1/8 teaspoon cayenne pepper
- 1/4 teaspoon garlic powder
- 1/4 teaspoon smoked paprika
- 1/4 teaspoon kosher salt
- 1/2 teaspoon sweet paprika
- Canola, vegetable, or peanut oil, for frying (About 1 quart)
- 1 large sweet potato (about 1 pound), very thinly sliced on a mandoline

Directions

Combine the spices in a small bowl and set aside. Pour one inch of oil into a large dutch oven or heavy pot

over moderately high heat. Heat the oil until it reaches 375°F on a deep-fry thermometer. Adjust flame to maintain temperature.

Working in batches, place the sweet potatoes in the hot oil, occasionally flipping and moving the slices with a slotted spoon or a wire mesh spider. Fry the potatoes until the edges curl and the potatoes become golden brown and crisp, 3-4 minutes total. Transfer the fried potatoes to a baking sheet lined with paper towels and immediately sprinkle with some of the spice mix.

When all the chips are fried, transfer them to a large bowl or serving platter and sprinkle on any remaining spice mix. Serve immediately.

Taken from seriouseats.com

If you would like to submit a family-favorite recipe, please provide the recipe with a picture to the KCFB office.

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