KNOX COUNTY FARM BUREAU®

Promoting the understanding of agriculture in our community to improve the profitability of farmers and enrich the quality of life in Knox County

VOL. XCVI USPS 297-360 August 2019

WELCOME NEW MEMBERS

The Knox County Farm Bureau would like to welcome the following to our organization:

Cody Appell Amy Bronaugh & Bryan Anderson Ashlie & Ryan Calkins Jo & Robert Clay Deanna Davis Leslie & Jeremy Galloway Kelsey Lindquist Lori & Gerald Lynch Daniel Matthew James Parker Garrett Pecenka Rhianna Schroeder Jolene & Brett Tucker

CALENDAR OF **EVENTS**

<u>August</u>

- Ag Day at IL State Fair, Springfield
- 14 Young Farmers Mtg, 6:30 PM, KAC
- KCFB Board Mtg, 8 15 PM, KAC
- 27-29 Farm Progress Show, Decatur

<u>September</u>

- Labor Day KCFB 2 Office Closed Prep, Freeze, Cook, 6
- PM, KAC 12 Young Farmers Mtg,
- 6:30 PM, KAC
- 17 PrimeTimers, 12:30
- PM, KAC KCFB Board Mtg, 8
- PM, KAC

FOR LEASE

Office space available in a professional office building. Locally owned and managed property that is well maintained by a Condominium Association. Easy access from Interstate 74 and Main Street in Galesburg. 246 square feet available in Suite 107. Space improvements negotiable with lease. \$300/ month includes utilities only. For more information, please contact the Knox Agri-Center Building Manager at 309-342-2036 or at knoxcfb@knoxcfb.org



Congratulations to the 2019 Lawn Mower Driving Contest winners Teddy Kress, 1st and Lucas Cain, 2nd. All nine drivers did a great job and are invited to drive again next year!

The 4-H fair was a very busy week for the Knox County Farm Bureau. We started the fair by serving ice cream for 4-H members after the annual rocket launch at Knoxville High School. The ice cream was donated by Prairie Farms, and with temperatures in the high 90's, it was highly appreciated. Members of our Board of Directors as well as Young Farmers' came to help serve almost nine gallons of ice cream in an hour.

Monday night the roung armers' hosted their annual Farmers' Tractor and Lawn mower driving **Participants** required to attend a safety school in the spring where they learned about safety and maintenance techniques. Participants unable to attend this course were required

to write an essay about the same information learned in the class. We had 9 contestants in the lawn mower division, Lucas Cain placed second and Teddy Kress placing first. In the tractor division we had 4 contestants, Dalton Engel placing second and Dylan West placing first. Thank you to Joe Youngman and Country Financial for the donation of trophies for this event.

Tuesday afternoon another ice cream social as well as our annual Ag Olympic competition for 4-H members. The ice cream social was hosted by our Education and Outreach Committee, but members from Young Farmers and Board of helped serve. Directors both The ice cream itself was again donated by Prairie Farms. Immediately after ice cream was





Congratulations to the 2019 Tractor Driving Contest 1st place driver Dylan West.

our Ag Olympics competition. We started off with a balloon pop contest for children under the age of 7. After we cleaned up the plastic, we continued straight into our competition for the 4-H members. This year we had 8 teams, 6 Junior and 2 Senior teams. Games this year included a greasy watermélon obstacle course, a boardwalk race, and a balloon push game. After points were tallied, the winners for our Junior division were Erin Welch, 11, of the Walnut Grove





Congratulations to the 2019 Tractor Driving Contest 2nd place driver Dalton Engel.

Progressors, Abbie Cain, 12, of Rio Livestock, Ava Johnson, 12, of Walnut Grove Progressors, Addysen Link, 11, of Rio Livestock, and Lucas and Andrew Cain, 11, of Rio Livestock. In the Senior division, our winning team was Hannah Maher, Ali Cain, Andi Poyzer and Annalyn Lovell of Rio Livestock, Caden Allen of Henderson Aggies, and Molly Warner of Williamsfield Town and Country. Thank you to everyone who competed, and congratulations to our winners!

Tools for Managing Stress on the Farm

BLOOMINGTON, III. - To thrive in today's agriculture economy, many Illinois farmers must think about marketing decisions year-round, and often months in advance. A good marketing tool can provide farmers with extra support to make smart and timely decisions

Illinois Farm Bureau (IFB) hopes to help farmer members do just that through a new member discount with GrainCoat®, a farm marketing and inventory tracking tool available via web and iPhone.

"Illinois Farm Bureau knows that good marketing decisions are vital to a farmer's operation, said Melissa Rhode, marketing director, Illinois Farm Bureau. 'We're continually looking for ways to add to our robust pro-

gram of benefits and capitalize on new ways to help farmers in their day-to-day. With the unusually wet year we've had in 2019 and other challenges facing agriculture, we're pleased to offer assistance on a tool that may help them save time and manage their marketing opportu-

GrainCoat prides itself as a solu-tion to problems experienced by many active farming members 'today. The tool can help streamline grain inventory, contracts and delivery schedules, allowing farmers to make decision on-thego and take advantage of shifts in the marketplace regardless of location. GrainCoat also helps farmers prioritize information needed for various purposes on the farm – from keeping track

of contracts at harvest to tax, insurance or banking meetings helping to relieve stresses experienced throughout the year. Their solution-focused platform was built with the farmer in mind. Members can take the next step by visiting GrainCoat.com and entering discount code ILFB19 during the registration process to receive \$20 off the one-time fee. We know that our farmer members are likely under a lot of stress with ongoing decisions they must make on and off the farm each season," Rhode said.
"This membership discount aims to make it a little easier to add another tool to their toolbox. For additional information, visit the Illinois Farm Bureau website at www.ilfb.org under the 'Member Benefits' section.

Prep, Freeze, Cook

The Prep, Freeze, Cook class is 6 PM on September 4, 2019 at the Knox Agri-Center. Bring a friend and make some great freezer meals for the upcoming harvest and sports seasons! Payment is collected at the door. The price is \$141.40 (including tax) for 10 dishes. 1 dish will feed a family of 5. Cash, Check, Debit, and Credit are accepted.

The Education & Outreach Task Force is hosting this fall Prep, Freeze, Cook class and would love to see you there! Visit the Knox County Farm Bureau website events tab to register http://www.knoxcfb. org/prep-freeze-cook

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Bring your flag to the Knox County Farm Bureau Office between August 1st and August 31st for a retirement ceremony from the American Legion





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Members are always welcome at Knox County Farm Bureau's Board of Director meetings. They are held the third Thursday of each month. Please call for times.



August 2019

No. 8

Published Monthly

KNOX COUNTY FARM BUREAU,

Inc.

cooperating with the **ILLINOIS AGRICULTURAL**

ASSOCIATION and the

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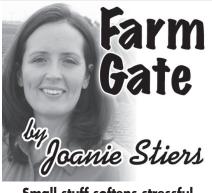
> Telephone: 309-342-2036

Office Hours

Monday thru Friday 8:00 a.m. to 4:30 p.m. We reserve the right to reject any or all news material or advertisements offered to this paper.

PLEASE REPORT ANY CHANGES IN YOUR ADDRESS TO OUR OFFICE.

Thank You KNOX COUNTY FARM BUREAU



Small stuff softens stressful summer

Spots nibbles contently off the top of his feed pile. Hunter likes to burrow his face in the twice-daily ration, and Shadow attacks his feed trough like an alligator. The white pig with a shadow of red on his back swoops the length of the trough for a mouthful, lifts his head to swallow, and rapidly returns for more like a competitive

We learned a lot of little quirks about the kids' 4-H pigs after four months of individualized care. My brother's observation of their eating styles grounded me. I hadn't noticed. Rather, my pace plowed through the routine chore list without fully appreciating God's graces in my day, as our church's new pastor just preached. I think she wrote her first sermon for me.

The stressful, off-kilter growing season easily overshadows the little things that make life great. The most challenging spring planting season of our farm's recollection merged into an intense summer of too much to do at once. Haying, spraying, sidedressing nitrogen, mowing and catch-up gardening collided. The guys also squeezed in hauling soybeans when lowering river levels allowed barge traffic to resume. All the while, the full schedule worked around pop-up summer storms, planned vacations, make-up ball games and deadlines to report planted and unplanted acreage to the government and insurance companies.

Thankfully, our kids give us a different set of eyes to appreciate the world. They monitor and announce use of the new hummingbird swing. Tadpoles attract them to the water's edge at the farm "Frog Pond," where they point out a frog's life cycle. Our

daughter's fresh bouquets of ditch lilies, wild chicory and Queen Anne's lace grace the dinner table and kitchen counter.

Special treats make the menu, like a cake the kids dyed, layered and assembled to resemble an American flag when sliced for the Fourth of July. They excitedly show off their 4-H chickens' first eggs and take equal delight in cracking them to reveal the double-yolkers and tiny single-yolkers for scrambled eggs. Pool-side birthday parties interrupt this summer's stresses, as do lightning bugs, fireworks, ice cream, rainbows and amazing sunsets.

Soon enough, the corn will appear as walls along the roadside, hiding the crop's uneven emergence and drowned spots from plain sight. Perhaps the change in scenery will help us temporarily forget about the exceptionally wet and stressful spring. If not, the kids will find something to reroute our thoughts. I see they still have some water balloons left.

About the author: Joanie Stiers, a wife and mother of two farm kids, writes from westcentral Illinois, where her family grows corn, soybeans and hay and raises beef cattle.

Knox County GRICULTURE in the Classrooms

Farmers (and teachers) never retire, they just go to seed!



Mary Beth Bowman has planting been seeds on farm and also in the minds of children for years. She retired from public school teaching, then found herself teaching agriculture through Illinois Ag in the

Classroom. She started teaching Ag in the Classroom lessons in September of 2014 to students in grades 3-5. After five years of bringing lessons to Knox County students, she will be planting more seeds with her grandchildren. Wanting more time to travel and to spend time with her grandchildren, Mary Beth retired at the end of June. Her third grandchild is due to arrive mid July and she plans on spending time and helping her daughter, who is also a teacher, with the new arrival. She currently has a grandson and granddaughter locally and they both spend time on the farm with Mary Beth and her hus-

For Mary Beth, a favorite part of her job

was presenting lessons to students. Mary Beth is known for her interactive lessons, and they certainly made learning fun. Whether students were milling wheat or making a water cycle in a bag, she always brought something to enrich their education. Even though she is looking forward to calling her time her own, she said the students and the people in the office are the things she will miss most.

One of Mary Beth's favorite lessons is called The "Candy Bomber". The activity is based on a true story about a young cargo pilot named Gale Halvorsen. When he flew his plane during the Berlin Airlift, he noticed the children gathering at the fence of the air base. It was then he decided to 'bomb' the children with candy. He and his crew would send parachutes with candy as they flew over. Students learning about this lesson would then learn about the Tootsie Roll (only made in Illinois with lots of agricultural products) and also about air resistance. Students designed parachutes and then got to fly them.

Mary Beth recalls a good laugh she had when teaching a lesson about beef cattle. Students were learning about cuts of meat and were shown a diagram that highlighted where the different cuts of meat are located on the animal. One day, a little girl raised her hand, and very seriously asked, "So, the cow has to die so I can eat a hamburger?" She answered yes, and moved on with the lesson!

Everyone at the Knox County Farm Bureau wishes Mary Beth well in planting seeds with her grandchildren. We know they will grow up with a sound foundation of agricultural knowledge because, in the end, she still really hasn't retired!

Getting To Know Your Farm Bureau Policy

How well do you know Farm Bureau policy? In order to better understand it, KCFB will run monthly excerpts from the 2019 policy book. Interested in learning more about how our policy system works? It all starts with you! For more info contact

72. SPECIALTY CROPS

regetables, tree nuts, dried fruits, and horticulture and nursery crops including floriculture.

Specialty crops are defined as fruits and

We support:

- 1. Enhancing the industry's image and recognize the importance of its contribution to the agricultural economy.
- 2. Providing programming, legislative, and marketing efforts for the continued growth and development of various specialty crops that are not already defined as such within the Farm Bill.
- 3. An indemnification program that provides for losses of plants and nursery stocks that need to be eradicated to control the spread of serious communicable diseases. The program should be funded by state/federal sources and the indemnity payments should be based upon current market values.

Legislative Update

At my Town Hall meetings, I regularly explain that Illinois is a great state. We are near the top with rail, waterway, and airport hubs. We are third in manufacturing output and fifth manufacturing jobs. Our greatest



Chuck Weaver, State Senator, 37th District

industry is agriculture – we are first in soybean, second in corn and fourth in hog

Any Governor from any state would be smart to say "Give me Illinois to govern so I can leverage its amazing assets, but let me pick my own general assembly." The change needed in Springfield is evident as the spring legislation session was marked by more insanity than my previous three years as a lawmaker.

One example – lawmakers' actions causing Marquis Energy to discontinue its \$500 million ethanol plant planned for Scott County. Having worked closely with Mark Marquis on that project, I understand his frustration. The proposed regulations were illogical from every possible direction. The plant would increase the price of corn a dime a bushel for a 50-mile radius around the plant. How can any elected official walk away from that type of wealth creation for our state? That bill has been killed, but we must be sure the threat of its return does not hamper future projects.

Given Illinois' farm-based economy, it is

hard to understand why some state leaders don't give agriculture more support. We need to reinvest in ag infrastructure and ag education. We need to better promote ag products, and do more to help get your products to market.

While our state politics can be disheartening, remember that people don't get any better than those raised in the Illinois farm belt. I thank God daily for the blessings I had growing up on the family farm. What I learned showing Angus cattle as a kid couldn't be taught in school. Pride of doing a good job. Learning to work hard and compete. Laurie and I raised our children on the same farm and now work to instill in our grandchildren the work ethic started by my parents.

As I grew up, Weaver Angus Farm was nationally-recognized operation that raised quality show cattle. When I lost my father a few years back, we talked about the fact that he was able to exhibit a Grand Champion Bull or female at the National Western Stock Show in Denver, the granddaddy of them all, in each of the last five decades. What a legacy! I know you share similar stories about your farms. Thanks to my nephew Jeff Weaver for continuing the family name in the Angus business.

The ethics and abilities of farm families are known by my legislative team in Springfield and my constituent service team in Peoria. We communicate regularly with local agriculture and agri-business professionals. We are here to serve you. Our Team recently worked with Representative Swanson to successfully lobby to have Knox and Henry Counties included in the Governor's disaster proclamation to help our farmers affected

by historic rainfall and flooding. We can do

Some recent action worth mentioning:

- •The Department of Agriculture will implement a crop insurance reward program for cover crops to help farmers meet Illinois Nutrient Loss Reduction Strategy goals by reducing nitrate and phosphorous from non-
- •We stopped SB 154, which would have prohibited more exotic animals in traveling animal acts (currently, only elephants), which would negatively impact petting zoo owners, county fairs and agri-tourism locations.

•We passed HB 3623, which makes it easier for those interested in hunting to try the sport on lower-cost apprentice licenses, and expands the three-day, youth-only hunting season statewide.

Regional politics tend to drive the agricultural agenda from the White House to the State House, but the average person who depends on farm products realizes we're all stewards of the land. Our Chicago-centered General Assembly must understand the struggles that our farming and agribusiness professionals face.

President Dwight Eisenhower once said, "Farming looks mighty easy when your plow is a pencil, and you're a thousand miles from the corn field." I will continue to do what we can to help Illinois farmers and the agribusiness community succeed.

Sincerely, State Senator Chuck Weaver 37th District - Illinois 5415 N. University, Suite 105 Peoria, IL 61614 Phone 309 693-4921

These area businesses are proud to be a part of our 2019 Discount Program for members of the Knox County Farm Bureau®

The Knox County Farm Bureau does not intend the Membership Discount Program as an endorsement of any business or products/services on which discounts have been obtained, and assume no liability for any service rendered under the Membership Discount Program. Benefits may change without notice and some restrictions may apply.



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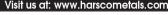
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Phone: Galesburg Office: 309-342-1625, Cell Phone: 309-335-

eMail Address: john.ryner@countryfinancial.com

Family: Wife, Cathy. Sons, Jordan, Joshua, Rodel, Jonas, Jannus. Education: 1987 Bachelor of Science in Agri-Business from Truman State University, Kirksville, MO

<u>Designations</u>: Investment Solutions Representative

Awards: Four-time All American and Nine-time All Star recipient; Honor Roll recipient Mission Statement: While adhering to the Golden Rule, I promise to give the most appropri-

ate insurance recommendations suitable to my clients' needs and provide the best personal service every client deserves.

Start the School Year Off Right **By Putting Safety First**

Summer days grow shorter and communities across America prepare for an annual ritual: the first day of school. It's a time when parents breathe a sigh of relief, students anticipate new challenges, and when all of us need to put safety first.

The start of school is among the most dangerous times of the year for children. This is when our children are at an increased risk of injuries from pedestrian, bicycle, school bus and motor vehicle crashes.

At the beginning of the school year more children are on the road each morning and afternoon and many drivers' patterns change. Shorter daylight hours make it especially difficult to see young pedestrians and bicyclists.

The following tips can help make this a safe and happy school year for the whole

Motorists: Be Alert

•Slow down and obey traffic laws and speed limits, especially áround schools.

 Stop for school buses that have stopped to load or unload passengers. It's the law.

 Watch for children walking in the street, playing and gathering near bus stops and those arriving late for the bus.

ullet Watch for young people who may be in a hurry to get to school and may not be watching out for cars.

Parents: Teach Safety

•Help children learn the safety rules for walking, bicycling, or riding in a passenger car, school bus or transit bus.

 Supervise children while they walk or bike to school or as they wait at the bus

 Buckle up when you're riding in a car and ensure all children and passengers are buckled up also.

•Place children in the back seat when riding in the car. It's the safest place.

•Be a good role model. Practice the safety rules you teach to children.

Students: Be Smart

Wear a helmet and follow traffic safety rules when riding your bike.

•Use available sidewalks or stay to the far left of the street when walking to school, or to the bus stop.

 Cross at the crosswalks when walking to school or to the bus stop, obey all traffic signs, stop lights and safety patrol instructions.

 Find a safe place to wait for the bus, away from traffic and the street.



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C.

 Stand at least five giant steps away from the curb and wait your turn to get on

•Be a good role model. Help other students learn and practice the safety

Start the school year off safely and you'll start it off right. For more information on school safety,

visit the Keeping Your Family Safe at www. countryfinancial.com under the Tools and Resources tab.

BOARD HIGHLIGHTS

The regular meeting of the Board of Directors of the Knox County Farm Bureau was held on July 18, 2019.

Education & Outreach – Becky King

The next E & O meeting will be held on August 22 at Noon at the Knox Agri

The Prep, Freeze, Cook class is scheduled for September 4.

Farm Business – Todd West

The 2018 Plat Book is available and is \$30 for members and \$35 for non-

2018 Knox County Wall Plat Maps are available for \$50 for members and \$55 for non-members. We have Peoria County Plat Books available in the office for purchase.

Government and Policy – Joe Webel

Sign up for FB Act text alerts by texting the word FARM to 52886. Representative Lamont Robinson Jr. has chosen Knox County as his adopted county

Member Relations – Jennifer Beard

The Knox County Farm Bureau made its third quarter goals for the 2019 Quota Program. Fourth quarter ends August 31.

Foundation - Hailey Weyhrich

The Summer Ag Institute was held on June 11 and June 12. June 11 was hosted in Galesburg with 23 teachers in attendance. June 12 was hosted in Alexis with 16 teachers in attendance. The KCFB Foundation Golf Scramble will be held on July 19th at Oak Run Golf Course.

PrimeTimers - Hailey Weyhrich

On June 18, PrimeTimers met for potluck lunch and heard a presentation from Dot Hopkins from Cottage HealthCare about sleeping disorders. On July 16, Ken Springer from the Knox County Area Partnership for Economic Development

Young Farmers – Jeff Grady

The 2019 Hunter Safety Course was held on June 28-29 at the Knox Agri-

District 7&8 Young Leaders competed for the District Discussion Meet on July 16th at Peoria County Farm Bureau.

KAC - Terry Boydstun

The Knox Agri Center Condominium

Association Board met on May Nominations will be accepted for the Meritorious Service to Agriculture Award.

OLD BUSINESS

The COUNTRY Agent Appreciation Contest June 1- August 12 and golf outing is August 16 at Oak Run Golf Course.

The Knox Mercer Legislative Luncheon in June had a good turn-out and it will be held earlier in the year next year.

The ice cream socials, tractor and lawn mower driving contest and the ag Olympics were successful.

Applications will be accepted through July 26 for the Ag in the Classroom position.

NEW BUSINESS

Leaders to Washington is September 10-

Birkey's Day is August 7 and KCFB will pass out flyers and offer a door prize.

The ad design for the ACTIVATOR Sock Campaign was approved by general consensus.

A KCFB Board shirt proof will be emailed to Directors asking to reply with shirt size.

Board Meeting Attendance

May June July

ard, Jennifer	C	Р	Р
wley, Beau	000000000000000000000000000000000000000	Р	PPPPPPAPPAAPPPPAP
hnert Yoder, Tara	С	Р	Р
ydstun, Terry	С	Р	Р
n, Jarid	С	Р	Ρ
Sutter, Drew	С	Р	Р
gel, Lori	С	Р	Ρ
ckson, David S	С	Р	Α
edeke, Phil	С	Р	Р
ady, Jeff	С	Р	Р
nnenfent, Matt	С	Α	Р
sizer, Matt	С	P P	Α
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k, Jeff	С	Р	Р
k, Nathan	С	Р	Р
Connor, Tom	С	Р	Р
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om, Grant	Ç	Р	Р
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st, Todd	С	Р	Р
Cancelled			



The KCFB Foundation sponsored the Grand Champion Breeding Doe at the 2019 Knox County Fair. Rob Link, a KCFB Foundation 2019 Knox County Fair. Rob Link, a KCFB Foundation Director, is pictured with winning junior exhibitor Ruby Gittings.



Director, is pictured with winning junior exhibitor Kyle Hofer.



The KCFB sponsored the Grand Champion Steer Open Show at the 2019 Knox County Fair. Beau Bewley, the KCFB Treasurer, is pictured with winning open show exhibitor Madeline Nightingale.

Hailey's Manager Update

What a fun-filled issue we have this July! We have made sure to include County Fair & 4-H Fair Highlights from the events we hosted as well as details for our upcoming events. Thanks to all the volunteers that helped make everything so successful during Fair Week. We could not have done it without you! From Ag Olympics to Ice Cream Socials to sponsoring livestock champions, the Knox County Farm Bureau made our presence known offering fun events for Fair attendees and our members. We cannot wait until next year! I mentioned our upcoming events above. We are bringing back some

favorites- Prep, Freeze, Cook and Monarch Migration Festival name a few-but also have new events such as the American



Flag Retirement Program and our Young Farmers Cover Crop Project that will be highlighted soon. I hope one of these programs is a real member "benefit" to

Intern Update

July seemed to come and go in the blink of an eye. Between the fair, golf outing and everything else we kept busy, and week of July was fairly uneventful. Most of the week was spent planning for the upcoming month's events. It was nice to have a little break on the 4th before we dove headfirst into fair week.

Tuesday the 9th marked the beginning of the Knox County Fair, and with it, the start of a long week ahead. I was able to help my family Tuesday with the Goat Show and Thursday with the Hog show, and I was amazed by the involvement of Farm Bureau families at the fair. Many Board members were helping their children prepare for the shows, volunteering at Pork Producers and Cattlemens⁷, and helping out at night with the grandstand activities. County Fairs like ours would not be possible without the support from the local community, and I saw plenty of support that week in Knoxville. We had another Marketing Club meeting Wednesday, and the rest of the week went off without a hitch.

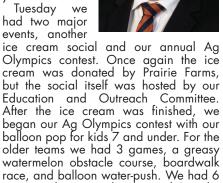
Saturday started the beginning of the Knox County 4-H Fair. Everyone in the office volunteered that morning to help with judging for the General Show at Knoxville High School. That afternoon we hosted an ice cream social after the annual rocket launch. The ice cream was donated by Prairie Farms, and we ended up going through a little more than 9 gallons that day. Members of the Board of Directors, Young Farmers, and Staff all came out to help serve.

Monday was our Annual Lawn mower and Tractor Driving Contest hosted by the Young Farmers. Contestants were required to attend a course in the spring to learn about safety and maintenance regarding the vehicle they are competing in. In our Lawnmower division we had 9 contestants and 4 in our Tractor division. Overall it was a very successful event

and one I remember competing in when

I was younger. I hope the Farm Bureau Young Farmers continue it for many more years to come.

had two major events, another



Senior division. Friday of that same week was our 3rd Annual Foundation Golf outing. We had 6 teams compete, and 8 sponsors generously donate to help agriculture literacy here in Knox County. By starting at 8 a.m., we were able to beat most of the heat and have an enjoyable day of golf. Once again I would like to congratulate Ross Reedy, Pat, David, and John Hennenfent for winning the outing. We hope to see even more teams and sponsors next year.

teams in the Junior division and 2 in the

Wednesday the 24th was our Marketing Club meeting hosted by Western Grain Marketing, and with that, my last major event as the Knox County Farm Bureau intern. I have had a fantastic summer, and I know that the experiences and lessons I've learned here will help me tremendously as I head back to Champaign and beyond.

Thank you,

Sean Welch KCFB 2019 Summer Intern



- CRP / CREP Prairie Grass and Tree Planting Field Maintenance.
- Township ROW clearing and chemical application.
- Pasture ground and field borders reclamation.
- Pond treatment.
- Removal and follow up chemical treatment of large stands Multiflora-rose
- Tree spade, grapple and tilling service.

Herbaceous invasive plants can be mechanically removed and treated any time of the year. Follow-up chemical maintenance is required to bring your land back to its original state.

Mike McKim



DeKalb Winners Spotlight

complimentary year membership for Knox County DeKalb Award winners. In 2019, Engel. (Not pictured: Kailey Senner)

The Knox County Farm Bureau gifts a three memberships were gifted to Kailey Senner, Kelsey Lindquist, and Dalton



My name is Kelsey Lindquist. I am the daughter of Missy Lindquist of Galva, Illinois and Jerrod Lindquist of Dahinda, Illinois. I graduated from R.O.W.V.A. High School in May 2019 and will be attending Western Illinois University in August 2019 studying Agriculture Business. In High School I was involved the FFA chapter as an officer and am the 2019 Dekalb Award recipient. I am a 10-year member of the Cloverleaf 4-H club where I have held many offices. My extracurricular activities include showing pigs at the local, state and national levels, playing volleyball through my High School career and spending time with my family and friends.



Dalton Engel is the son of Kevin and Lori Engel of Galesburg. He will be graduating from Galesburg High School in May, and then attending Carl Sandburg College in the fall, with plans on transferring to Western Illinois University to major in Ag Mechanization.

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Health on the Farm By the Knox County Health Department

Knox Community Health Center Celebrates National Health Center Week 2019 National Campaign Celebrates Health Centers Rooted in Communities

The Knox Community Health Center (KCHC) marked National Health Center Week 2019 (NHCW), as part of a weeklong campaign (August 4th – 10th). This is part of a national campaign to increase awareness of the ways health centers are providing affordable health care in communities.

Community Health Centers like ours in Galesburg are part of a national network of locally run health centers that serve more than 28 million people Health centers are a nationwide. lifeline in remove and underserved communities where the nearest doctor or hospital can be as far as 50 miles or more away. Nearly half of health centers (44 percent) are located in rural communities. Over the course of their existence, health centers have saved countless lives, reduced and prevented chronic disease in the most challenged of patients and provided patients with affordable options for care than a costly hospital emergency room. Health centers have proven to be innovators in treating chronic disease and responding to national health crises.

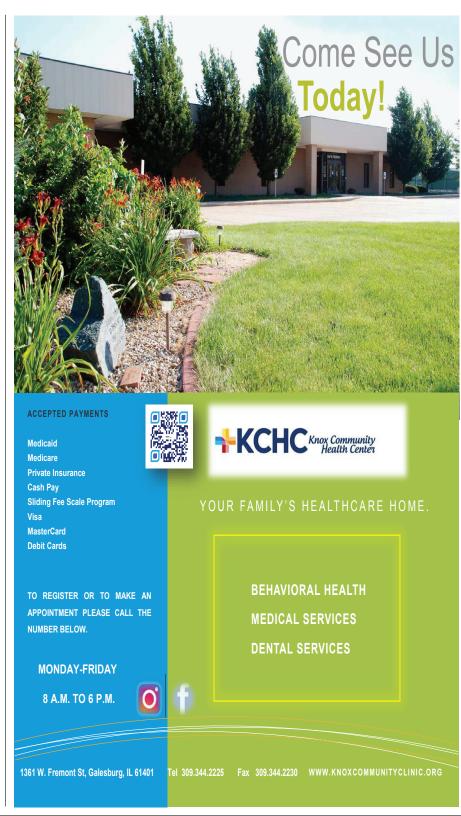
Health centers not only prevent illness and foster wellness in the most challenging populations, they produce innovative solutions to the most pressing health care issues in their communities. They reach beyond the walls of conventional medicine to address the factors that may cause sickness, such as lack of nutrition, mental illness, homelessness and opioid addiction. Because of their long record of success in innovation, managing health care costs, and reducing chronic disease, health centers have a proud tradition of

bipartisan support in Congress.

This year's NHCW 2019 highlighted how health centers are at the forefront of a nationwide shift in addressing environmental and social factors as an integral part of primary care, reaching beyond the walls of conventional medicine to address the factors that may cause sickness, such as lack of nutrition, mental illness, homelessness and substance use disorders. Community Health Centers' success in managing chronic disease in medically vulnerable communities has helped reduce health care costs for American taxpayers.

Every day in our, Knox Community Health Center, waiting rooms we witness the value of having a patient-centered health care home. When people have a place to go for regular care, they use it and stay healthier. We provide a range of services onsite - primary medical care services, dentistry, and even behavioral health services. Our patients not only get the care they need under one roof, but they are treated as individuals, with dignity and respect. This is what health care should be, and what we celebrate during National Health Center Week. The Knox Community Health Center provides care for the insured, uninsured, and underinsured alike and take most insurances. We provide access to affordable, high quality care to everyone.

Good health begins with primary care. Access to Community Health Centers is a prescription for the good health of our community. To learn more about the Knox Community Health Center or to become a new patient please call us at 309-344-2225.





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#FSPROUD #FPS19 Aug 27-28-29

MEMBERSHIP RECRUITERS OF THE MONTH

The Knox County Farm Bureau would like to COUNTRY recognize Financial Representatives Ed Johnson, Mike White, and Jason Lumberry as the top membership recruiters in July. Both Ed and Mike signed one new voting member and one new







Ed Johnson

associate member. Jason signed 5 new associate members.

Call your COUNTRY Representative for all your insurance and financial needs.

~ CLASSIFIED ADS ~

To place ads in the Bulletin or on the website, you must be a Knox County Farm Bureau member. Call 309-342-2036 or e-mail us at jreedy@knoxcfb. org by the last Friday of each month to place the ad.

FOR SALE: Ready to lay your fresh eggs, Pullets, various breeds, hatched 2.11.19 Call 309.334.3424 8/19

WANTED: Harvest help; modern machinery, prefer combine and/or grain cart experience, daylight hours. Call 309.299.2657 8/19

FOR SALE: 410E John Deere Backhoe with heated cab, 4x4, Extendahoe, two buckets, power beyond, Knoxville, retiring. Call 309.289.4141 or 309.368.0666 7/19

WANTED: Broken concrete or bricks. Call 309.484.2160 7/19

WANTED: to buy 20-40 square bales of alfalfa hay. Call 309.333.5447 6/19

TAKING ORDERS: for small, square bales of wheat straw out of field on wagon for \$3/bale for 100+ bales or \$4/bale for 99 or fewer bales. Call 309.230.7227 6/19

FOR SALE: Full sized, clean and neat whirlpool refrigerator in good working condition. \$175 OBO. Call 309.342.5796 6/19

FOR SALE: 22+ total acres, includes 3 +/- acres tillable or bldg site, 2 +/acre pond, the rest in timber. Copley township. Call 309.879-2932. 5/19

If you sell your items, please contact the Knox County Farm Bureau office at 309-342-2036 or email ireedy@knoxcfb.org, so we can provide our readers with up-to-date information.

PRIMETIMERS NEWS

Ken Springer from Knox County Area Partnership for Economic Development was the guest speaker at the July potluck meeting. The PrimeTimers do not meet in

August but will meet at the Knox Agri-Center September 17. The PrimeTimers invite all members 55+ to attend.

FOUNDATION GOLF OUTING

By Sean Welch

Friday, July 19th was our 3rd Annual County Farm Bureau Foundation Golf Outing. This year we had 6 teams compete as well as 8 different sponsors for this event. It was a 3-club scramble, meaning you played all 18 holes with only 3 clubs per team, but hit based on the best ball of the team from the previous hit. This kept the pace fast on a very warm Friday morning. Teams started at 8 a.m. playing all 18 holes with three golf games at the 11th, 14th, and 16th holes. Teams competed for the best overall score, but also closest to the pin, longest drive, and longest putt. After all teams were finished they enjoyed lunch at The Watering Hole provided by the KCFB Foundation. The team of Ross Reedy, Pat Hennenfent,

David Hennenfent and John Hennenfent were our winners for the day, graciously donating their winnings back to the Foundation. We would like to thank West Central FS, AC McCartney, Anderson State Bank, Tompkins State Bank, Ladner Orthodontics, Whitney and Potts, Ltd, Swanson Seeds, Compton Accounting, F&M Bank and Galesburg Hospitals Area Services for their donations to this outing. Money raised from this event will go towards promoting agriculture literacy in our local communities, fund scholarships for local students in need, and facilitate our summer internship program. We would again like to thank everyone involved in this event, and we hope to have even more participation next year.





Looking Back

TAKEN FROM THE AUGUST 1929 BULLETIN

Farm Bureau Established

The Farm Bureau is now an established institution in Knox County, in Illinois, and in the United States because of its accomplishments and because of the fact that the farmers now realize as never before that an effective organization is a necessity in this highly organized business and commercial world.

It is true that during the past few years a few have become discouraged because conditions were not improved over night. Farm Bureau members should be encouraged now because of the recognition given farm organizations, resulting in the appointment of the Federal Farm Board, which is now conscientiously working on the big problems confronting agriculture.

TAKEN FROM THE AUGUST 1939 BULLETIN

Farmers increase Agricultural Production

In the last two years (1937 and 1938) the average production on farms was 5 percent greater than in the year 1929. Factory production for the same years acked 19 percent of being up to 1929 levels. With no marked change in the farm population in the last 40 years, farmers are providing abundantly for city populations which have increased by more than two-thirds during that period.

TAKEN FROM THE AUGUST 1949 BULLETIN

August 19th Named as Farmers' Day

August 19 has been designated as Farmers' Day at the Illinois State Fair which will open in Springfield Aug. 12 and close Aug. 21.

On Farmers' Day the board of directors and officers of the Illinois Agricultural Association, the state Farm Bureau organization, will be on hand at the Farm Bureau tent to welcome and talk with Farm Bureau people.

As in previous years the Illinois Agricultural Association will set up the Farm Bureau tent during the Fair for the convenience of Farm Bureau people. It can be used for eating lunches and suppers, resting, or as a center for meeting friends.





Slow Cooker Pineapple Brown Sugar Pulled Pork

Prep time: 10 mins Cook time: 8 hours Total time: 8 hours 10 mins Serves: 10-15 servings

<u>Ingredients</u>

- 1 (3-4 lbs) pork roast
- 2 cups water
- 1 tablespoon seasoning salt
- 2 cups pineapple juice 1 1/2 cup brown sugar, packed
- 1 tsp garlic
- 4 tbsp Worcestershire sauce 1 1/2 cups ketchup
- 1 pinch red pepper flakes (or more if
- you like it spicy!) 1 tsp onion powder
- 1/2 teaspoon salt (to taste)
- 1-2 tbsp corn starch
- 1-2 tbsp water

Instructions

1. Add pork roast to a 4-6 quart slow cooker. Pour water over and sprinkle with seasoning salt. Cook on low for

8-10 hours or high for 4-6 hours.

2. Just before pork roast is done (or make in advance and keep in the fridge), make the sauce. Add pineapple juice, brown sugar, garlic, Worcestershire sauce, ketchup, red pepper flakes, onion powder and salt to a large pot and bring to a boil over medium high heat.

3. Reduce heat to medium and simmer for 10-15 minutes, until slightly thickened. Combine equal parts water and corn starch and gradually add to the sauce, whisking constantly, until desired thickness is reached. Keep in mind it will thicken as

4. Drain juices from the slow cooker and shred pork. Pour sauce over pork and stir.

This makes a large batch but feel free to halve the sauce and use a smaller roast or tenderloin. We love pulled pork leftovers and use it on everything from baked potatoes to pizza!

Taken from

https://www.thereciperebel.com/slow-cooker-pineapple-brown-sugar-pulled-pork/

If you would like to submit a family-favorite recipe, please provide the recipe with a picture to the KCFB office.

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