## **KNOX COUNTY FARM BUREAU®**

Promoting the understanding of agriculture in our community to improve the profitability of farmers and enrich the quality of life in Knox County

**VOL. XCIV** USPS 297-360 August 2017

#### **CALENDAR OF EVENTS**

#### **August**

- District 8 Discussion Meet, 7 PM, 1st Farm Credit in

21

6

14

19

21

- 10-11 Defensive Driving Course, 10 AM -3:30 PM, KAC
- Ag Day at the Illinois State Fair 15
- 15 Young Farmer Ag Quiz Bowl at State Fair
- 16 West Central FS Young Producer Tour, Galesburg @ 7:45
- 16 Marketing Club, 12:30 PM, Pizza Ranch
- 17 Celebrate Ag Night at the River Bandit's Game, 6:35 PM, Quad Cities
- 17 KCFB Board Meeting, 7 PM Dinner, 8 PM Meeting
- 21 100th Year Committee – History Task Force, 6 PM, KAC 21 100th Year Committee - Pizza Dinner, 7 PM, KAC
  - 100th Year Committee Summer Event Task Force, 7:30
- 22 Knox County Farm Bureau Foundation Board Meeting, 6 PM, KAC 22
- Knox Agri Center Condominium Association Board Meeting, 7 PM, KAC
- 24 Young Farmer Reunion, 7 PM, Side Trax Side Room
- 27 Flick on the Farm, 5 PM, Swanson Family Farm 30
  - Marketing Club, 12:30 PM, Pizza Ranch

#### September

- Solar Energy Workshop, 9 AM, Brimfield American Legion Monarch Migration Festival, 10 AM, Lakeside Nature
- 10 Williamsfield Ag Days
  - Young Farmers, 6:30 PM, KAC
  - PrimeTimers, 12 PM, Western Illinois Home Health, KAC

THE KNOX COUNTY FARM BUREAU

INVITE ALL PAST YOUNG FARMERS & YOUNG

PEOPLE OF FARM BUREAU TO ATTEND THE

YOUNG

AUGUST 24, 2017 AT 7PM SIDETRAX BAR & GRILL 441 E. MAIN ST. GALESBURG, IL

JOIN US FOR A FUN EVENING! APPETIZERS WILL BE PROVIDED
CASH BAR AVAILABLE

RSVP: (309) 342-2036

KCFB Board Meeting, 7 PM Dinner, 8 PM Meeting, KAC

## Young Farmers host Ag Olympics

Each year, the KCFB Young Farmers Committee hosts the Ag Olympics to cap off a successful 4-H Fair. The balloon scramble kicks off the event and is a way for children 7 and under to show off their speed and balloon popping skills. The Ag Olympics event is split into two divisions and 4-Hers combine into teams to participate as

either a junior or senior team. Teams go head to head in ag themed competitions and the winning teams are awarded with cash for their 4-H clubs.

The Junior and Senior Ag Olympics consisted of a frozen t-shirt race, the shovel dragging race, an egg on the spoon relay, and the human ring toss! These activities allowed our 4-Hers to

practice their teambuilding skills while letting off steam during the 2017 4-H Fair.

To end the Ag Olympics, the Education & Outreach Task Force scooped ice cream for the participants and families.

Thank you to everyone that helped make the 2017 Ag Olympics a success!



The winning Junior Division team which includes from left to right: Erin Danner, Ella Soper, Ava Johnson, Annalyn Lovell, Ethan Main, and Lauren Johnson.



The winning Senior Division team which includes from left to right: Tyler West, Emma Hawkinson, Christina Seibolt, Taylor Main, and DJ Cain.

## 4-H Tractor and Lawn Mower Driving Contest

The Young Farmers Committee sponsored the Tractor and Lawn Mower Driving Contest. In order to participate in the driving contest, the kids must have completed the safety class held earlier in the year or written a one-page paper on tractor or lawn mower safety. Drivers split into groups to complete either the



The winners for the senior division of the tractor driving competition, from left to right: Tyler West, 2nd place recipient, and Dylan West, 1st place recipient.

written exam about lawn mowers or tractors. After the exam, the participants put their skills to the test by driving through a figure 8 for the lawn mower competition, a course driving a tractor pulling a two-wheeled trailer for the junior division, or a tractor pulling a four-wheeled trailer for the senior division. Each participant



The winners for the junior division of the tractor driving competition, from left to right: Kyle Engel, 1st place recipient, and Luke Nelson, 2nd place recipient.

was judged on how safely and accurately they completed the course.

The Young Farmers would like to say thank you to all who participated and a special thanks to Birkey's Farm Store for the use of the equipment and COUNTRY Financial® for sponsoring the trophies.



The winners for the lawn mower driving competition, from left to right: Zach Hopkins, 1st place recipient, and Lucas Cain, 2nd place recipient.

## Help the Knox County Farm Bureau Service!

All members are invited to help the Knox County Farm Bureau celebrate 100 years of service in 2018. To begin preparations, we ask that any historical documents,

records, photos, or memorabilia be shared with the Knox County Farm Bureau. We will be collecting all items to be on display for the 100th Annual Meeting in January

of 2018. If you have anything you would like to be included, please stop by or call the Knox County Farm Bureau office at (309) 342-

» <del> </del> -	knox county farm bureau's  Flick on the Farm			
	August 27th 5 PM - 8 PM			
	Charlottes Web			
	Popcorn Included Food Available			
Swanson Family Farms 2553 Knox HWY 3 Oneids II 61467				

#### WANTED ~ TRACTORS FROM 1918-2018

We are looking to showcase a tractor or farming implement from each year the Knox County Farm Bureau was in service at a family fun day at the Knox County Fairgrounds on July 28, 2018. If you have a running tractor or farming implement from 1918 until 2018, please fill out the form below and turn it into the office.

Name:
Phone Number:
Email Address (if available):
Tractor Type:
T

Would you want to participate in tractor games? (Please circle)

YES NO Page 2 • KCFB Bulletin • August 2017

Members are always welcome at Knox County Farm Bureau's Board of Director meetings. They are held the third Thursday of each month. Please call for times.



August 2017

No. 8

**Published Monthly** 

KNOX COUNTY FARM BUREAU, Inc.

cooperating with the

ILLINOIS AGRICULTURAL
ASSOCIATION
and the

AMERICAN FARM BUREAU FEDERATION

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#### **BOARD OF DIRECTORS**

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Telephone: 309-342-2036

#### Office Hours

Monday thru Friday 8:00 a.m. to 4:30 p.m. We reserve the right to reject any or all news material or advertisements offered to this paper.

PLEASE REPORT ANY CHANGES IN YOUR ADDRESS TO OUR OFFICE.

Thank You KNOX COUNTY FARM BUREAU



#### Bugs abound this season

Our little gardeners have witnessed the devastation of a tomato worm, but still succumb to its caterpillar cuteness. The worm's detailed spots and vivid V-shaped stripes outline a bright green body as large as my ring finger. The kids can't bring themselves to eliminate these cartoon-like creatures, which seem fit for a role in Alice in Wonderland.

As a compromise, they moved the first tomato worm of the season from our garden to an empty ice cream container. They named him Timothy Ray. They decorated his home with sticks and flower blossoms. They fed him small tomatoes and leaves. The kids

know that I tolerate their actions, as long as Timothy stays away from our tomato cages.

Lightning bugs usually receive the most insect-specific attention from our kids every summer, but not this one. In July, they helped remove camouflaging green worms that turned my garden cabbage to Swiss cheese. In June, they swatted at Japanese beetles as they picked raspberries. And we started carrying anti-itch cream in my purse a month earlier than usual for bug bites.

Entomologists call this summer a "good" one for insects, which thrived in the mild winter. Relatively speaking that is "not good" for farmers and gardeners, or even motorcycle drivers. We wondered how anyone could enjoy the open road this summer without a windshield. The flight of hard-shelled Japanese beetles pelted our minivan like pea gravel.

At the doorstep of "Beetle Mania," experts warned us to scout our farm's crops for alarming populations of Japanese beetles and other plant predators like armyworms, black cutworm, corn rootworm, earworm and stink bugs. Collectively, they eat leaves, clip ear silks, dine on roots, devour corn kernels, introduce plant diseases and make plants more susceptible to infection. University researchers define economic thresholds that outline the amount of insect

infestation that warrants treatment. Here and around the state, some fields met that threshold.

In our yard alone, we have thrown time and money at the beetle battle, having invested in milky spore, set traps, applied insecticide and hand-flicked Japanese beetles into buckets of soapy water. The bugs two years ago killed our young cherry tree and last year destroyed about 80 percent of our home's raspberry crop. My grandma this season called upset and seeking advice after she found they had turned her signature cannas to lace. It's beyond frustrating to work so hard and have insects ravage your season's work, whether cannas or field corn.

Meanwhile, we pay attention to beneficial insects, too, and continue a concerted effort to attract monarch butterflies. Our guys purposely have left milkweed alone in feasible grassy spaces on the farm for monarchs to feed and proliferate. We also transplanted some milkweed to our yard, with hopes to bring more butterfly beauty to Illinois. The tomato worms, however, better hope the kids find them first.

About the author: Joanie's family grows corn, soybeans and hay and raises beef cattle in West-Central Illinois. She is an avid gardener and mother of two farm kids.



#### Ag In The Classroom Goes Back To School

August brings the end of summer baseball and sports camps also the fair season is winding down. The Back to Schools sales are underway. Teachers are preparing for the start of school in the middle of August. Teresa Sanford-Shipplett, Roxanne Green, and Mary Beth Bowman, Knox County Ag Literacy Coordinators, are also busy planning lessons and making school contacts with teachers to schedule Ag in the Classroom presentations for the 2017-2018 school year. They will also be distributing Illinois Ag In The Classroom school calendars, posters, and other resources to educators for the coming school year. The Knox County Ag Literacy Coordinators are very busy getting ready for the 2017-2018 school year.

Knox County Ag Literacy Coordinators can provide new Pork, Pollinator, Corn, and Pork and variety of other agricultural topics Ag Mags to teachers who request them. These four-page magazines provide



Shown above is are students in a fifth-grade classroom at Knoxville Junior High displaying their pork facts paper fortune tellers after learning all about pork production from "Mrs. Farmer" aka Mary Beth Bowman.

agricultural information, bright pictures, classroom activities and career information about an ag commodity to be used in the classroom. Digital Ag Mags can also be accessed on the Illinois Ag in the Classroom website.

Educators are encouraged to apply for an Illinois Agricultural in the Classroom grant of \$300. This grant is awarded for a project promoting agricultural literacy in the classroom integrated into a variety of curriculum areas. Also, there are four \$250 special topic book grants available



Shown above is "Mrs. Farmer" aka Mary Beth Bowman teaching an energy lesson in a fourthgrade classroom at Neilson elementary school where they made windmills as the activity.

to teachers. The grants include the special topics: Pollinators, Soil and Water, Wheat, and Dr. Suess. These applications are available at www.agintheclassroom.org/Teacher Resources/Grants.html.

As the school bells ring Teresa Sanford-Shipplett, Roxanne Green, and Mary Beth Bowman will be teaching Knox county students about where their food comes from. They will also provide resources about agricultural topics to classroom teachers.

# Getting to Know Your Farm Bureau Policy

How well do you know Farm Bureau policy? In order to better understand it, KCFB will run monthly excerpts from the 2017 policy book. Interested in learning more about how our policy system works? It all starts with you! For more info contact the office!

301 / Animal Care

1. Proper care of livestock, poultry and furbearing animals is essential to the efficient and profitable production of food and fiber. No segment of society has more concern for the well-being of poultry and livestock than the producer. Animal-based medical research benefits both humans and animals – including pets, farm animals and endangered species. Research utilizing animas in necessary to ensure more effective human and veterinary medical practices.

5. We support:

5.1 The proper treatment of animals;

5.2 A farmer's right, in consultation with their veterinarians, to set appropriate protocol for common animal husbandry practices to be administrated by the farmer or trained employee that are appropriate for their farm;

#### Solar Energy Workshop

Are you interested in learning more about solar as an alternate energy source and how it could benefit your farming operation? Join the Knox and Peoria County Farm Bureaus on Wednesday, September 6, 2017 at 9:00 a.m. in the Brimfield American Legion. Attendees will hear from Garrett Thalgott, Attorney for the Illinois Farm Bureau, about solar energy. This meeting is free to attend and refreshments will be provided. To RSVP, please call the Knox County Farm Bureau at 309-342-2036.











# These area businesses are proud to be a part of our 2017 Discount Program for members of the Knox County Farm Bureau®

The Knox County Farm Bureau does not intend the Membership Discount Program as an endorsement of any business or products/services on which discounts have been obtained, and assume no liability for any service rendered under the Membership Discount Program. Benefits may change without notice and some restrictions may apply.

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Contact the Farm Bureau Office

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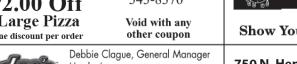
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## **NEWS FROM COUNTRY FINANCIAL**



## AGENT SPOTLIGH



Name: John Ryner Years with COUNTRY: 18

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Phone: Galesburg Office: 309-342-1607, Abingdon Office: 309-462-2317, Cell Phone: 309-33*5-*7893

eMail Address: john.ryner@countryfinancial.com Family: Cathy

Education: 1987 Bachelor of Science in Agri-Business from Truman State University, Kirks-

<u>Designations</u>: Investment Solutions Representative

Awards: Four-time All American and Eight-time All Star Representative; Honor Roll recipient Mission Statement: While adhering to the Golden Rule, I promise to give the most appropriate insurance recommendations suitable to my clients' needs and provide the best personal service every client deserves.

#### Start the School Year Off Right **By Putting Safety First**

Summer days grow shorter and communities across America prepare for an annual ritual: the first day of school. It's a time when parents breathe a sigh of relief, students anticipate new challenges, and when all of us need to put safety first.

The start of school is among the most dangerous times of the year for children. This is when our children are at an increased risk of injuries from pedestrian, bicycle, school bus and motor vehicle crashes.

At the beginning of the school year more children are on the road each morning and afternoon and many drivers' patterns change. Shorter daylight hours make it especially difficult to see young pedestrians and bicyclists.

The following tips can help make this a safe and happy school year for the whole community

**Motorists: Be Alert** 

Slow down and obey traffic laws and speed limits, especially around schools.

Stop for school buses that have stopped to load or unload passengers. It's the law. Watch for children walking in the street, playing and gathering near bus stops and those arriving late for the bus.

Watch for young people who may be in a hurry to get to school and may not be watching out for cars.

**Parents: Teach Safety** 

Help children learn the safety rules for walking, bicycling, or riding in a passenger car, school bus or transit bus.

Supervise children while they walk or bike to school or as they wait at the bus

Buckle up when you're riding in a car and ensure all children and passengers are buckled up also. Place children in the back seat when

riding in the car. It's the safest place. Be a good role model. Practice the

safety rules you teach to children.

#### **Students: Be Smart**

Wear a helmet and follow traffic safety rules when riding your bike.

Use available sidewalks or stay to the far left of the street when walking to school, or to the bus stop.

Cross at the crosswalks when walking to school or to the bus stop, obey all traffic signs, stop lights and safety patrol instructions.

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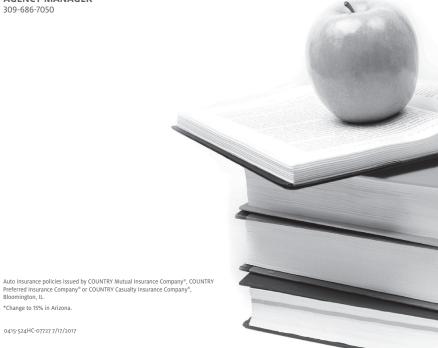
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Find a safe place to wait for the bus, away from traffic and the street.

Stand at least five giant steps away from the curb and wait your turn to get on the bus safely.

Be a good role model. Help other students learn and practice the safety

Start the school year off safely and you'll start it off right.

For more information on school safety, visit the Keeping Your Family Safe at www. countryfinancial.com under the Tools and Resources tab.

## **BOARD HIGHLIGHTS**

#### The regular meeting of the Board of Directors of the Knox County Farm Bureau was held on Thursday, July 20, 2017

#### Education & Outreach – Lori Engel

The E&O TF hosted a health fair at the Knox County Fair on Friday, July 14 from 5PM-8PM, 7 organizations participated in

The E&O TF will provide water and ice cream during the Ag Olympics on July

The Stampede 5K will be hosted at Kevin & Michelle Erickson's on August 5, 2017 with a 9:00 AM start. Child Care, AITC Activities, Petting Zoo, & Youth Competitions will be available in addition to the 5K Run/Walk. The T-Shirts will be a cotton t-shirt in a neon color. Sponsorships are available. All participants will be given fruit, water, and granola bars.

A survey is being sent out to schedule the family picnic.

#### Farm Business Taskforce – Jarid Cain

2016 Knox Co. Plat Books are available. 2018 Knox Co. Commemorative Plat Books will be available December of 2017. I you would like to advertise in this plat book, please contact the office at 309-342-2036.

Government and Policy Taskforce – Joe

Sign up for FB Act text alerts by texting the word FARM to 52886.

#### The Centennial Celebration committee

Member Relations – Matt Hennenfent met on June 26th at Big Catz Bar & Grill in Knoxville. The committee began preparing for the 100th Celebration and the next meeting is set for July 24th at 7PM at Big Catz Bar & Grill.

The Agent Appreciation Golf Outing has been scheduled for August 25th.

IFB 2017 Quotas: Voting MIGS + 1 M Member; Total MIGS + 1%

2016: Aug. 31, 2016 – Voting Members: 856; Total Members: 2,753

NEED: Voting Members by Aug. 31, 2017 - 857; Total Members by Aug. 31, 2017 - 2,781

#### Foundation – Caitlin Chrzanowski

The Foundation hosted a 3-Club Golf Outing on June 23,2017 at Oak Run Golf Course. 8 teams participated and 9 local businesses sponsored the event. Thanks to all who helped make it a success!

#### PrimeTimers - Caitlin Chrzanowski

The PT took a trip to the Rock Island Arsenal Island on June 20th. 23 people attended. The Primetimers are meeting on July 18th the hear from Big River

#### Young Farmer's - Krista Swanson

The Young Farmers have raffle tickets available for a Remington 870 12-gauge shotgun provided by Representatives Hammond and Swanson. Tickets are \$5 or 5 tickets for \$20. The winner will be drawn at the Trap Shoot Fundraiser on July 29th.

#### **KAC - Terry Boydstun**

The KAC is replacing the carpet in the meeting room this August.

#### IFF - Lori Engel

Like the Knox Warren-Henderson Illinois Farm Families page on Facebook! Send farming pictures to Tara Bohnert Yoder to use with educational posts.

#### **OLD BUSINESS**

The Railroad crossing closure policy resolution submitted by Tim Main will be presented at the State annual meeting.

The Farm Income & Innovations Conference held in Normal, IL on July 26, 2017 was discussed.

#### **NEW BUSINESS**

It was discussed that we do not need the COUNTRY Financial Social Engineering Fraud Insurance.

A brief update on the Knox Area Partnership for Economic Development was provided and the board viewed the website of Transition Curriculum, and new business coming to Galesburg.

It was discussed to wait until January to send PM membership acquisition letter for

It was discussed that instead of conference calling from the board meeting into the August IFB Farm Talk, that instead board members are encouraged to participate in the talk on August 21st at 8 pm.

Hannah Libby reported that through her internship at KCFB she has been working on membership benefits by trying to get new businesses, and she has learned to do radio spots.

It was discussed that there are 4 retiring directors and all nominations must be provided to the office to confirm membership before being brought to the nomination committee.

The board discussed and agreed to send a letter to WGIL stating the importance of Jim Lee's work and urging them to continue the agricultural programming.

Jarid Cain reported from the Health Department Board Meeting that There are not as many school sport physicals as expected. WICK coupons good for only farmers markets not being used a lot so some sellers are coming to the Health Dept. with produce.

With no further business to come before the meeting, a motion was made by Tom Hoben and seconded by Jarid Cain that the meeting be adjourned. Motion passed. The meeting was adjourned at 9:39 pm.

#### **Board Meeting** Attendance

May	June	July
P	Р	P
Р	Р	Р
Α	Р	Р
Р	Α	Α
Р	Р	Α
Р	Р	Р
Р	Р	Р
Р	Р	Α
Α	Р	Р
Р	Р	Р
Р	Α	Α
Р	Р	Р
Α	Р	Α
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Α	Р	Р
Р	Α	Р
Α	Α	Α
Р	Р	Р
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#### **SUMMER INTERN UPDATE**

How has summer flown by so quickly? It seems like not too long ago I was just starting my internship at the Farm Bureau, and now it is almost ending. I have had wonderful opportunities to attend various activities, conferences, and meetings throughout my internship experience as well as being able to meet and gain relationships with new people.

I have enjoyed being able to attend various fundraisers and meetings like the golf outings and the Knox County Farm Bureau's monthly board meeting. I think it is great to see the community come out and support the Knox County Farm Bureau and all the activities the Farm Bureau puts on as well as hear what the board works on for our members.

Throughout the summer I have been gaining new communication skills by doing the radio spot each week. It has been fun getting to share Knox County Farm Bureau's news and upcoming events with everyone on the radio. This is something I have not done before, and I have enjoyed learning something new.

I also have been doing many writing tasks. Some have included articles for the bulletin after events. It is always great to reflect on events and see the success that each event brought. To promote events put on by the Farm Bureau, I have made also various flyers for events as well as wrote and sent out sponsorship letters to businesses to support our events.

One of the big things I have been working on throughout my internship has been working to expand benefits for our members here in Knox County. I have written letters and sent them to local businesses hoping to have them returned with new benefits that we can begin to offer to all our members. I hope to get a variety of new businesses to participate on top of the businesses that already do.

With summertime being full of fairs, I worked to organize the health fair held on July 14th at the Knox County fairgrounds during the Knox County Fair. It was great to see so many local health and fitness businesses come out to the fair and share their information with individuals. I also organized the Ag Olympics this year held on July 18th at the 4-H fair. Ag Olympics was always something I looked forward to participating each year as a 4-H member. It was great to be on the other side of the activity and see the youth have fun in the events that I put together this year.

On July 19th, I attended Galesburg Chamber's Dine and Develop event on Succession Planning and Talent Management for your business. I do not run a business, but I found it very interesting to hear and learn about the behind the scenes issues and how to overcome them within various businesses.

I also have been working to plan and get sponsorships for the Stampede 5K which will be held at Erickson Family Farm on August 5th. I am excited to see everyone there and have them partake in a great event for all!

Each day here at the Knox County Farm Bureau seems to be different, but I have had a great experience so far. I have been able to go out of my comfort zone, learn and try new things and meeting new



people. All the things that I have learned throughout my internship will help me succeed as I go farther down my career path. I am thankful to have been given this great opportunity to work here this



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YOUNG PRODUCER PROGRAM

Wednesday, August 16, 2017

9 a.m. - Tour of OCI Nitrogen Fertilizer Plant - Wever, IA

10:15 – Tour of Big River Resources, LLC

12:15 - Lunch @ Drake- Burlington, IA

Please RSVP by Aug. 7<sup>th</sup> to:

Rich DeSchepper @ 309-299-6395 or <a href="mailto:rdeschepper@westcentralfs.com">rdeschepper@westcentralfs.com</a>

Or

Contact Your Local County Farm Bureau Manager

Transportation will be provided. Pick-up Points include:

WCFS Main Office-1445 Monmouth Boulevard, Galesburg @ 7:45 a.m.

Warren/Henderson Farm Bureau-1000N. Main St. Monmouth @ 8:10 a.m.

WCFS Office-1202 West Piper Street, Macomb @ 7:30 a.m.

WCFS Facility- 1790 # US Hwy 136, Carthage @ 8 a.m

Or meet at OCI- 180th St. & 161 Wever, IA @ 8:50 a.m.



Knox County Farm Bureau Directors (L-R) Grant Strom and David S. Erickson helped serve ice cream during the Appreciation Ice Cream Social after the rocket launch of the 2017 4-H Fair.

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## Health on the Farm

By the Knox County Health Department



# Knox Community Health Center Celebrates National Health Center Week 2017

The Knox Community Health Center (KCHC) is marking National Health Center Week 2017 (NHCW), as part of a weeklong campaign (August 13th-19th) to raise awareness about the mission and accomplishments of America's Health Centers the largest and most successful system of primary healthcare.

Community Health Centers like ours in Galesburg are part of a national network that is the family doctor to more than 25 million Americans. The program started more than 50 years ago as a small but bold demonstration project to provide health care in medically underserved areas. Over the course of their existence, health centers have saved countless lives, reduced and prevented chronic disease in the most challenged of patients and provided patients with affordable options for care than a costly hospital emergency room. Health centers have proven to be innovators in treating chronic disease and responding to national health crises.

Health centers not only prevent illness and foster wellness in the most challenging populations, they produce innovative solutions to the most pressing health care issues in their communities. They reach beyond the walls of conventional medicine to address the factors that may cause sickness, such as lack of nutrition, mental illness, homelessness and opioid addiction. Because of their long record of success in innovation, managing health care costs, and reducing chronic disease, health centers have a proud tradition of bipartisan support in Congress.

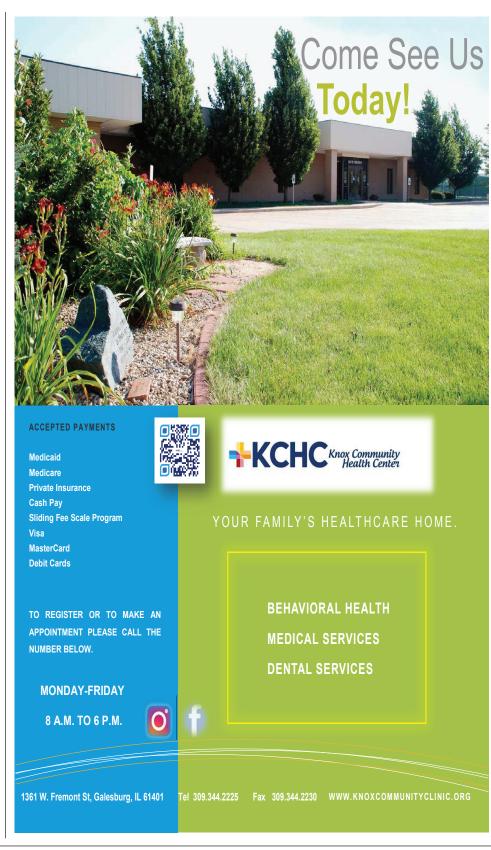
There is little doubt that health centers have contributed significantly to cost savings for the American taxpayer. In fact health centers save, on average,

\$2,371 (or 24%) in total spending per Medicaid patient when compared to other providers, according to a 2016 study published in the American Journal of Public Health. Yet, it is not sufficient to describe health centers as just another health care program. They are more than that. They are problem-solvers that look beyond medical charts not only to prevent illness but also address the factors that actually cause poor health, such as homelessness, lack of nutrition, stress or unemployment.

Every day in our, Knox Community Health Center, waiting rooms we witness the value of having a patient-centered health care home. When people have a place to go for regular care, they use it and stay healthier. We provide a range of services onsite – primary medical care services, dentistry, and even behavioral health services. Our patients not only get the care they need under one roof, but they are treated as individuals, with dignity and respect. This is what health care should be, and what we celebrate during National Health Center Week.

The Knox Community Health Center provides care for the insured, uninsured, and under-insured alike and take most insurances. We provide access to affordable, high quality care to everyone, even if you don't live in Knox County.

Good health begins with primary care. Access to Community Health Centers is a prescription for the good health of our community. To learn more about the Knox Community Health Center or to become a new patient please call us at 309-344-2225





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#### MEMBERSHIP RECRUITER OF THE MONTH



The Knox County Farm Bureau would like to recognize COUNTRY Financial Representative Jason Lumberry as top membership recruiter. Jason signed 9 new associate

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Jason Lumberry

#### ~ CLASSIFIED ADS ~

To place ads in the Bulletin or on the website, you must be a Knox County Farm Bureau member. Call 309-342-2036 or e-mail us at jreedy@knoxcfb. org by the last Friday of each month to place the ad.

FOR SALE: 1995 Basstracker Pro 16 loaded 40 hp Johnson. New boat cover. Minnkota 40lb power drive foot control. \$3,800. Call 343-6861. 8/17

FOR SALE: 0-1 inch & 0-2 inch metric micrometers. \$50 Each. 0-1 inch, 0-2 inch, & 0-3 inch starrett. \$50 each. Call 343-6861. 8/1*7* 

FOR SALE: Diamond Jubilee Exlectrolux vacuum cleaner with attachments. Call 309-484-2683. 8/17

FOR SALE: Small computer desk & chair. Asking \$30 for the pair. Call or text 299-5548. Can text pictures. 8/17

**HELP WANTED:** Local family swine & grain farm seeks two CDL Drivers. 1) Fulltime, year-round position of Feed Mill Operator. 2) Seasonal for Harvest. Reliable transportation required. Pay commensurate with experience. See our post and apply on Indeed. For questions, call and leave message at 309.335.9920. 8/17

FOR SALE: Eliptical Machine, like new, \$75. Call 342-0206 8/17

FOR SALE: Brinkman Water Smoker, good shape, \$40. Call 342-0206 8/17

FOR SALE: Fiberglass truck bed cover for Dodge Ram Quad Cab 6'6" long silver gray color. Call 309-337-0564 7/17

FOR SALE: New, in box, electric farm fuel pump, 15 gal. per minute, with hose and nozzle. \$175.00 OBO. Call 309-883-4568 7/17

FOR SALE: 26 ft steel Jet grain semi trailer, very little use. Asking \$17,000. Call 309-368-8245 7/17

FOR SALE: John Deere 737 ZTrak lawn mower, 23 HP, 60 in deck, Asking \$3100. Call 309-368-8245 7/17

FOR SALE: Speed Queen electric dryer, 3 yrs old, used very little, \$325. Call (309) 337-3174 6/17

FOR SALE: 1994, 8465 Case IH Automatic Baler, Approx. 2,500-3,000 bales through it. Asking \$5,000. Call 309-221-6310 after 4 PM only or 309-371-3977. 6/17

FOR SALE: New calf catcher cage that mounts on ATV to protect from cows while working on young calves. Asking \$1,500. Call 309-221-6310 after 4 PM only or 309-371-3977. 6/17

FOR SALE: Full Boer Goat buck, 1 year old, stocky & beautiful, \$250 OBO. Call (309) 639-2111. 6/17

FOR SALE: Full Boer Goat doe, 1 year old, \$200 OBO. Call (309) 639-2111. 6/17

FOR SALE: Border Collie puppies, black & white, shots & wormed, great farm dogs, \$300 each. Call (309) 368-7289

If you sell your items, please contact the Knox County Farm Bureau office at 309-342-2036 or email jreedy@knoxcfb.org, so we can provide our readers with up-to-date information.

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# Looking Back

#### TAKEN FROM THE AUGUST 1997 BULLETIN

Local Farm Bureau Members "Ride for Ag In The Classroom"

The Knox County Farm Bureau called members to action to donate funds for the 'Ride for Ag In The Classroom". This 252 mile ride looked to donate \$2500 to support the program. The entire ride was from the Quad Cities to Danville.

#### TAKEN FROM THE AUGUST 1977 BULLETIN

Featured in this month's bulletin forty years ago is a recipe for Pork Cake. Some ingredients featured are pork sausage, raisins, crushed pineapple, cinnamon, and hot coffee. This surely sounds interesting!

#### TAKEN FROM THE AUGUST 1951 BULLETIN

The Annual Bushnell Junior Market Hog Show and Sale will be held at the show pavilion at the Bushnell Stock Yards, Bushnell, Ill.

#### **PRIMETIMERS NEWS**

The PrimeTimers Committee heard from Gene Youngquist, Secretary on the Board of Director of Big River Resources and Project Developer of the Galva plant. Gene provided an update on Big River Resources and he provided insight into the development of the Galva plant. The PrimeTimers will not be meeting in August, but will meet at 12:00 p.m. for a potluck on Tuesday, September 19th and to hear from Western Illinois Home Healthcare.



#### Bacon, Cheddar & Jalapeno Pinwheels

#### **Ingredients**

1 can of Pillsbury Crescent Rolls (or dough sheet, if you can find it) 1 cup shredded Cheddar Cheese 12 Tbsp diced Jalapenos

5 slices crisp bacon, diced/crumbled 4 oz cream cheese, room temperature

#### **Directions**

- 1. Preheat oven to 350 degrees.
- 2. Mix cream cheese, bacon and jalapenos together in a small bowl and set aside.
- Roll out crescent roll dough and lightly press seems together to form a
- 4. Layer ingredients evenly on the dough, reserving about 2 Tbsp of cheddar, and roll lengthwise.
- 5. Cut into 3/4" slices and place 2" apart on a foil lined cookie sheet. Top with reserved shredded cheddar, if desired.
- 6. Bake for 911 minutes, or until bread begins to brown.
- 7. Allow to cool slightly before plating and serving.

Taken from Kristin's blog Yellow Bliss Road

If you would like to submit a family-favorite recipe, please provide the recipe with a picture to the KCFB office.

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