KNOX COUNTY FARM BUREAU®



WELCOME NEW MEMBERS

The Knox County Farm Bureau would like to welcome the following to our organization.

Roy Allen Nicole & Shawn Burns Robert Bush Ashley & Dustin Evans Cade Fogerty Bethany & Jon Gorman Linda & Warren Howe **Ronald Jensen** Judith Johnson Sandra & Rick Lindstrom Cindy & Steve Litchfield Erick Longange Brittney Thomas & Jon McCutcheon Kevin Melton **Travis Peterson** Jessica Plue & John Thompson Jordan Schisler Lori & Randy Stufflebeem

KAC Primetimers Luncheon, 16 Noon, KAC KCFB Board Mtg, 8 PM, 18

11

KAC KCFB Office Closed, Good 19 Friday

CALENDAR OF

EVENTS

<u>April</u>

Young Farmers, 6:30 PM,

<u>May</u>

- Touch-A-Truck, 10 AM, Lake Storey
- 5 4-H Family Fun Day & Reunion, 1-5pm,
- Fairgrounds 9 Young Farmers, 6:30 PM, KAC
- KCFB Board Mtg, 8 PM, 16 KAC
 - PrimeTimers Luncheon, Noon
- 27 KCFB Office Closed,

DON'T WAIVE AIMA PROTECTIONS PROVIDED UNDER ILLINOIS LAW

State law requires Agricultural Impact Mitigation Agreements (AIMA) for wind and solar farm projects. The Illinois Department of Agriculture (IDOA) negotiates AIMA's with companies on projects that will impact agricultural land. The goal is to ensure the land is restored to preconstruction capabilities and minimize damage to the property and losses of crops and livestock.

Wind farm developers in Illinois and when necessary, revise the terms to address specific impacts the must enter into an AIMA with the IDOA prior to a public hearing beproject may cause on their property. The AIMA is designed as the floor fore the county to approve a special use permit for a wind farm. State not the ceiling - and is a good law also requires solar energy deguide for landowners to follow. velopers to enter into an AIMA with Landowners could unknowingly IDOA at least 45 days before conwaive AIMA protections if lease struction. The IDOÁ posts AIMA agreements are signed prior to the templates online. Visit https:// www2.illinois.gov/sites/agr/Re-AIMA being signed, as some companies have taken the position that sources/AIMA/Pages/default.aspx the AIMA protections are waivable. IFB Senior Counsel Laura Harmon and scroll down to Agricultural Impact Mitigation Agreements. Cur- recommended landowners not sign information.

rent templates cover wind farms, solar farms, pipelines and electric lines.

Overall, AIMAs establish construction guidelines and cover similar issues, such as topsoil replacement, decompaction, repair of damaged tile lines, prevention of soil erosion, repair of conservation practices and deconstruction. Landowners should review the AIMA,

any lease or easement agreement for any project without tailoring and incorporating the AIMA protections into those agreements.

Landowners should also consider working with an attorney to incorporate the terms of the AIMA template into their individual agreements with the company. A landowner group in Knox County has hired an attorney to negotiate a wind farm lease with Orion Renewable Energy which announced plans to build the first wind farm in Knox County. Orion has not entered into an AIMA with the IDOA nor has it sought approval from Knox County to construct a commercial wind farm.

If you are negotiating a wind farm lease and haven't joined the landowner group or retained an attorney to represent you, please contact the Knox County Farm Bureau at 309-342-2036 for additional

Matt Young

JOIN US FOR A DAY OF FUN FOR THE WHOLE FAMILY!

21

Join Knox County 4-H Federation as we welcome past, present and prospective 4-H members and community members to an event filled with food, fun, friends, and 4-H! We will have pork loin sandwiches sponsored by Knox County Pork Producers Association and many delicious sides and desserts being served starting at 1 PM. We will also have a community kickball game beginning at 2:30 PM. We will form teams the day of to ensure proper distribution between adults and youth. If kickball isn't really

your speed, we will have some other lawn games and activities that community members of all ages can participate in! Make sure to respond to our Facebook event if you plan to come so we can make sure there is plenty of food for everyone! Our other amazing sponsors include Knox County 4-H and Extension Foundation, Knox County Cattlemen's Association, and Knox County Farm Bureau! For information and updates, check out our Facebook event at https:// go.illinois.edu/FunDay.

ILLINOIS Extension COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES



Sunday, May 5th Starting @1PM

Page 2 • KCFB Bulletin • April 2019

Members are always welcome at Knox County Farm Bureau's **Board of Director meetings. They** are held the third Thursday of each month. Please call for times.



April 2019

No. 4

Published Monthly

KNOX COUNTY FARM BUREAU, Inc. cooperating with the **ILLINOIS AGRICULTURAL** ASSOCIATION and the AMERICAN FARM BUREAU **FEDERATION**

The Knox Co. Farm Bureau Bulletin (ISSN 0892-1156) is published monthly with a subscription price of \$.50 per year. Periodicals Postage paid at Galesburg, IL 61401-9998. POSTMASTER: Send address changes to KNOX CO. FARM BUREAU, 180 S. Soangetaha Rd., Galesburg, IL 61401.

BOARD OF DIRECTORS

DISTRICT I

Jarid Cain Drew DeSutter David S. Erickson Monica Stevens

DISTRICT II

Matt Hulsizer Lori Engel Jeff Link Terry Boydstun, Vice President

DISTRICT III

Brett Swanson Tom O'Connor Tara Bohnert Yoder Nathan Link

DISTRICT IV

Matt Hennenfent, Secretary Jennifer Beard Becky King Phil Goedeke

DISTRICT V

Todd West Grant Strom, President Beau Bewley, Treasurer Joe Webel

Jeff Grady Young Farmers Representative

Farm Bureau Staff

Executive Director - Hailey Weyhrich Administrative Assistant - Jackie Reedy AITC Specialist - Mary Beth Bowman AITC Specialist - Roxanne Green

Managers, Affiliated Organizations Hailey Weyhrich - Mgr., Knox Agri Center Hailey Weyhrich - Reg. Agent, Knox County Farm Bureau Foundation Joe Youngman - Agency Mgr. Country Financial Jim McNelly - West Central FS



Bud not such a buddy Super Bowl ad infuriates farmers Mainstream, unusual mix on the farm

The Super Bowl beer advertisement brewed belly aches in my living room full of corn farmers. For a pain-staking 60-seconds, we watched Bud Light knights transport an oversized and unwanted barrel marked "corn syrup" in its medieval-themed advertisement. The knights traveled to the Miller Lite castle and then to the Coors Light castle to present the mistaken delivery to its rightful owner.

Their message: Bud Light doesn't brew with corn syrup. The ad directly attacked the smaller brands that do while offending the farmers who grow the grain crop.

Social media exploded with disgruntled

farmer football fans. Two weeks later, bartenders in Louisville talked about it during the National Farm Machinery Show. The Commodity Classic national farm event in March served only Coors Light and Miller Lite at a concert. And the U.S. Secretary of Agriculture even mentioned the commercial during his speech at the event. This disparaging commercial struck more nerves than tariff talk.

No doubt, Bud Light beverages would have lubricated the drain of my kitchen sink on that Super Bowl Sunday, had anyone held the beer brand in hand. I sighed and thought to myself, "What are you doing, Bud Light?" Here agriculture goes again with a misleading and irreversible fear-based marketing tactic detrimental to our industry. The one-minute skit tossed more fuel on the fear fire, insinuating that corn syrup likened its vilified step-sister, high-fructose corn syrup. Different product. Different sugar. And a topic for a different time.

Supposedly, brewing beer requires sugar for the fermenting process, and corn syrup does the job. Bud Light brews with rice, and that works just fine, too. I commend Bud Light for its recent voluntary commitment to ingredient labels, the root of the story here. However, in the beer maker's attempt to differentiate its recipe from rivals, it indicated the competitor's sugar choice as

inferior. Interestingly, the parent company uses corn syrup to brew some of its other brands. I guess it depends which label lingo tantalizes your beer-buying habits.

Fear-based marketing has increased over time, changing the way consumes shop and inadvertently the way American farms operate. Green bean cans state non-GMO, while there's no such thing as a GMO green bean. By federal law, no meat sold contains traces of antibiotic, regardless of what the label states or does not state. Orange juice contains no gluten and popcorn no genetic modification. Yet, those well-placed labels persuade the uninformed consumer to think positively of an omitted (or never present) ingredient.

During that dreadfully long 60-second commercial, the corn syrup barrel kept reappearing, costing about a million every time it did. CNBC reports a record-high \$5.25 million price-tag per 30-second Super Bowl commercial spot this year. Months from now, the ho-hum game won't earn a mention. But farmers and their friends likely will think twice at the beer cooler before the next summer barbecue.

About the author: Joanie Stiers, a wife and mother of two farm kids, writes from westcentral Illinois, where her family grows corn, soybeans and hay and raises beef cattle.

Break lture gricul JSINESS

Over 100 area business leaders and Farm Bureau members joined together for an Agriculture & Business Breakfast at Lake Storey Pavilion in Galesburg on March 12 during Ag Week hosted by the Knox County Farm Bureau and the Galesburg Area Chamber of Commerce. Attendees enjoyed breakfast catered by Henn House BBQ that featured local ag commodities such as pork donated by the Knox County Pork Producers and orange juice and milk made by Prairie Farms. The first 75 registrants purchased tickets for the event at \$2.22, the farmers share of the price. At the event, this concept was explained to the crowd that 14.8% of the meal cost was the farmers share of the price.

After Breakfast, attendees heard from Jonathan Coppess from the University of Illinois College of ACES in Urbana- Champaign. Jonathan spoke to the crowd about food policy and how it effects the local economy. After Jonathan's presentation, he moderated a panel of local business men and women. The panelists were Grant Strom, Strom Farms and Knox County Farm Bureau President, Becky King, Director of Agriculture at First Midwest Bank, Matthew Hansen, owner of Knox County Brewing Company, and Ken Springer, President of the Knox County Area Partnership for Economic Development. The audience was able to submit questions for the panelists using a mobile device.

This event was made possible through a Consumer Engagement Grant from Illinois Farm Bureau and sponsorships from F & M Bank, First Midwest Bank, Carl Sandburg College, Galesburg Community Foundation, and Swanson Seeds.



Jonathan Coppess from the University of Illinois College of ACES in Urbana - Champaign spoke to the Ag & Business Breakfast attendees.

FFA Acquaintance Night

Between the winter storms and school, The Young Farmers FFA Acquaintance Night finally took place on March 13 after having to be rescheduled due to weather earlier in the year. Abingdon-Avon, Galesburg, Knoxville, and ROWVA FFA chapters attended the night of bowling and pizza with Young Farmers. Over 50 people were in attendance

between FFA members and Young Farmers. FFA members learned about opportunities available to them now and in the future at Farm Bureau from Jeff Grady, Young Farmers Chairman, and Hailey Weyhrich, KCFB Director. This night was made possible by West Central FS!

Getting To Know Your Farm Bureau Policy

How well do you know Farm Bureau policy? In order to better understand it, KCFB will run monthly excerpts from the 2019 policy book. Interested in learning more about how our policy system works? It all starts with you! For more info contact the office!

25. FORESTRY

Telephone: 309-342-2036

Office Hours

Monday thru Friday 8:00 a.m. to 4:30 p.m. We reserve the right to reject any or all news material or advertisements offered to this paper.

PLEASE REPORT ANY CHANGES IN YOUR ADDRESS TO OUR OFFICE.

Thank You KNOX COUNTY FARM BUREAU





We support:

1. Incentives for the development of private forest resources in Illinois.

2. The planting of trees on land that is unable to meet conservation compliance standards to help control soil erosion and increase timber resources.

Have a Safe Spring!

These area businesses are proud to be a part of our 2019 Discount Program for members of the Knox County Farm Bureau®

The Knox County Farm Bureau does not intend the Membership Discount Program as an endorsement of any business or products/services on which discounts have been obtained, and assume no liability for any service rendered under the Membership Discount Program. Benefits may change without notice and some restrictions may apply.



NEWS FROM COUNTRY FINANCIAL

AGENT SPOTLIGHT

Name: Jeremy Kleine

Years with COUNTRY: 13 years as a financial representative; Client for 30 + years

Office Address: 415 N. Henderson St., Galesburg, IL 61401 Phone: 309-342-3177

eMail Address: jeremykleine@countryfinancial.com

Family: Molly Kleine

Education: BA in Sociology from Knox College, MA in Sociology from Western Illinois University

Community Service: Sunrise Rotary International, Former YMCA Board member, Galesburg Xtreme Board Member, ILLOWA Fellowship of Christian Athletes (FCA) Board member

Designations: Investment Solutions Representative

Awards: All American 12 years, 1988 State Baseball Champions - Galesburg High School Mission Statement: If you see a turtle sitting on a fence post, you know it had help getting there

Don't Let Your Financial Security Get Washed Away

Before floodwaters lap at your front door, make sure your financial security isn't in danger of being washed away.

Floodwaters can be a nasty cocktail of water, mud, sewage, animal waste and chemicals. A flood can ruin your home and belongings. Without flood insurance, you're likely to be on your own to pay for damage caused by flooding. Many homeowners have a false sense of security because they believe that their homeowner's insurance covers flooding. Homeowner policies typically do not cover flood damage

Other people believe that federal disaster assistance will provide them with full compensation in the event of a flood. This assistance often comes in the form of a lowinterest loan to help rebuild after flood damage. This is often insufficient compensation for the losses of flood victims.

Plus, federal disaster assistance loans are only available if the federal government formally declares a disaster. Few flood events are declared federal disasters, according to National Flood Insurance Program (NFIP) officials. That's not a gamble you want to take!

There's only one way to rest easy during wet months – purchase flood insurance through

the NFIP. You must live in a community that participates in the NFIP to qualify for National Flood Insurance. Visit http://www.fema.gov/ fema/csb.shtm to find out if your community participates in the program.

You may be eligible to buy federal flood insurance through your local COUNTRY® Financial representative. You might be surprised how inexpensive it is. Rates depend on whether you live in a low-to-moderate or a high-risk flood zone as well as the amount of coverage you need

You may believe you don't need flood insurance because you live in a low-risk area. Almost a quarter of all flood insurance claims come from areas with low-to-moderate flood risk. Those living in low-risk areas may qualify for the lower cost Preferred Risk Policy, which provides contents coverage beginning at \$49 per year and building plus contents coverage starting at \$129 a year.

Don't wait to shore up your financial security until it's too late. There is a 30-day waiting period for federal flood insurance to take effect.

Visit your COUNTRY Financial representative to learn more about flood insurance. Check out www.floodsmart.gov for more information about the NFIP.

guidance based on your goals. Call today to get started! JEREMY KLEINE **ED JOHNSON** 309-342-3177 309-342-1646 MICHAEL WHITE PATRICK YOUNG 309-342-3177

309-342-5316

Take charge of your future

Planning for your financial future isn't about numbers - it's about you. Your

security. I can help you get the peace of mind that comes with step-by-step

situations and goals are the basis for creating a solid plan for your future financial

JASON LUMBERRY 09-342-1647

COUNTRY

JOHN RYNER 309-342-1607

IOE YOUNGMAN AGENCY MANAGER 309-686-7050

Auto, home and business insurance policies issued by COUNTRY Mutual Insurance Company[®], COUNTRY Preferred Insurance Company[®] and COUNTRY Casualty Insurance Company[®]. Life insurance policies issued by COUNTRY Life Insurance Company[®] and COUNTRY Investors Life Assurance Company[®], Bioomington, IL.

0415-545HC-16904-3/16/2018

BOARD HIGHLIGHTS

The regular meeting of the Board of Directors of the Knox County Farm Bureau was held on March 21, 2019.

Education & Outreach – Hailey Weyhrich

On March 12, the Ag Day Breakfast was held with the Chamber of Commerce at the Lake Storey Pavilion. About 100 attended and it was a nice event.

Farm Business – Jarid Cain

Marketing Club winter session has concluded and will start again June 26.t

Government and Policy – Joe Webel

An Action Request is open until April 15 to support the new proposed Clean Water Rule.

Member Relations – Matt Hennenfent

KCFB made second quarter quota.

Foundation – Hailey Weyhrich

Scholarship winners were announced, and the internship interviews have been Tuesday, April 16 with Representative Dan Swanson to discuss current issues.

Young Farmers – Jeff Grady

The FFA Acquaintance Night was March 13 at 6PM. West Central FS sponsored the event. Galesburg FFA, Knoxville FFA, Abingdon-Avon FFA, and ROWVA FFA were in attendance.

KAC – Terry Boydstun

Spring clean-up day is Tuesday, March 26.

OLD BUSINESS

None.

NEW BUSINESS

Beau Bewley reported on his Leaders to Washington Trip. Applications are available for the IFB

Eagle Award for Excellence and Charles B. Shuman Distinguished Service Award.

Ag in the Classroom Coordinator

Don Teel Scholarship

The Don Teel Scholarship is a product of many who were privileged to experience the contribution Don made to agriculture. Members of Knox County agricultural organizations and individuals have joined together in hopes of helping provide an opportunity for young people to pursue higher education in an agricultural or related field.

Each year applicants will be considered for

one \$500 scholarship. Applicants must have a home address within Knox County and be a past or present 4-H member. They must be enrolled as a full-time student in a university or community college with a declared agriculture or related course of study.

Applications are available at the Knox County Farm Bureau. Completed applications must be submitted no later than May 31, 2019 to the Knox County Farm Bureau.

Safety School Success!

Nearly 30 kids tested what they learned at lawn mower and tractor safety school. The KCFB Young Farmers committee invited all kids in 4-H and FFA to Martin Sullivan for the safety school. The safety school is a

prerequisite to driving in the lawn mower and tractor driving contest at the Knox County 4-H fair in July. Special thanks to Martin Sullivan for the hosting that evening and Bill Hennenfent for serving as guest speaker.







Jeremy Kleine

COUNTRY

scheduled.

PrimeTimers – Hailey Weyhrich

The March meeting was held at the Knox Agri-Center and 20 committee members attended. TRIAD Coordinator, Jacque Arthur, gave a presentation to inform seniors of opportunities available to them. The April meeting is set for Roxanne Green updated the board on classroom visits.

The KCFB Board of Directors also supported sponsorship of \$150 to the Knox County Fair again this year.

Next month's meeting will start at 8:00 pm after dinner at 7:00 pm, weather permitting.

Board Meeting Attendance

Jan	Feb	Mar	NAME	Jan	Feb	Mar
Р	Р	Р	Hulsizer, Matt	Р	А	Р
Р	Р	Р	King, Becky	Р	А	Р
А	Р	Р		Р	Р	Р
				А	Р	А
						P
						A
						P
	•	•				A
Р	Р	A	Webel, Joe		Р	А
Р	Р	Р	West, Todd	P	Р	Р
	P P A P P P P P P P	P P P P P P P P P P P P P P P P	P P P P P P A P P P P P P P P P P P P P P P P P P P P P P P P P P P P P P P P P P A	PPPHulsizer, MattPPPKing, BeckyAPPLink, JeffPPPLink, NathanPAPO'Connor, TomPPPO'Connor, TomPPPStevens, MonicaPPPStrom, GrantPPPSwanson, BrettPPAWebel, Joe	PPPHulsizer, MattPPPPKing, BeckyPAPPLink, JeffPPPPLink, NathanAPAPLink, NathanAPPPO'Connor, TomPPPPStevens, MonicaPPPPStrom, GrantPPPPSwanson, BrettPPPAWebel, JoeP	PPPHulsizer, MattPAPPPKing, BeckyPAAPPLink, JeffPPPPLink, NathanAPPAPO'Connor, TomPPPPO'Connor, TomPPPPStevens, MonicaPPPPStrom, GrantPPPPSwanson, BrettPPPAWebel, JoeP



KCFB Bulletin • April 2019 • Page 5

Hailey's Manager Update

The day I wrote this update, I woke up to birds chirping and it wasn't the normal bird chirp. The chirp was one of a bird that was loving the warmer weather and was singing all about Spring being here, finally! That was a long, hard winter. The weather affected some of our programs and travels, but we managed to make it through, only closing the office once in 2019 so far! I know I was very thankful for my new AWD vehicle I got a year ago to get through this Knox County winter. Back home, Manito didn't get anything close to the amount we did! It really is true that when a system hits the Illinois river, it changes and sometimes even dissipates.

Enough about the winter and cold times. Spring is finally here, and we know what

that means in the Farm Bureau world- planting will soon begin! I know at Marketing Club, they have all been speculating

Purchase Craig Morgan Tickets at the KCFB Office



about what this planting season is going to be like and unfortunately, I think it is still too early to tell! Whenever that time comes, please remember to use caution, slow down, and share the road with our farmers. Farmers, please remember to try your best to get plenty of sleep and hydrate- with water, not coffee or Mountain Dew, water! Happy planting!





- CRP / CREP Prairie Grass and Tree Planting Field Maintenance.
- Township ROW clearing and chemical application.
- Pasture ground and field borders reclamation.

By Katie Grady

On March 14th, a group of individuals were able to represent Knox County on National Ag Day at the Women in Agriculture Conference in Rock Island, IL. Patricia Nelson, Cheryl Erickson, Tara Bohnert-Yoder, Adrienne DeSutter, Krista Swanson and Katie Grady spent the day listening and discussing the challenges facing agriculture. They were also able to interact with members from surrounding county farm bureaus.

Tyne Morgan, the host of U.S Farm Report, kicked off the event discussing current policies and news that is shaping the agriculture industry, as well as discussing what the future could hold. Breakout sessions in the morning included, Livestock Standards of Care, Direct Food Marketing, and Managing Stress while Farming.

The attendees were fortunate enough to hear from Peggy Browne, Deputy Administrator for Field Operations for USDA. She spoke during lunch, and provided an update on the FSA offices and how critical client relations are. Rincker Law also reviewed succession & estate planning during the break.



Afternoon breakout session topics included, reviewing farm finances, trends and issues in the food industry, and finding balance with physical and mental wellness. The final speaker was Erin Brenneman, Farmer & Farrowing Manager at Brenneman Pork. She talked about finding common ground with others outside the farm, and then tying the farm back into the conversation. Her slogan for the day was "We mend more fences when we meet in the middle."

Scholarship Recipients

WIA Conference Update



Dalton Engel is the son of Kevin and Lori Engel of Galesburg. He will be graduating from Galesburg High School in May, and then attending Carl Sandburg College in the fall, with plans on transferring to Western Illinois University to major in Ag Mechanization. Dalton was awarded the Thomas Lincoln Scholarship.



Hannah Libby is the daughter of Jason and Heidi Libby of Oneida. She is majoring in Agriculture Education at Western Illinois University. She plans to become a high school Ag teacher and FFA Advisor upon graduation. Hannah was awarded one of two KCFB Foundation Scholarships.



Blake Hennenfent is the son of Bill and Becky Hennenfent of Gilson. Blake is currently a junior at Western Illinois University majoring in Agricultural Business. Also, Blake is the current President of the WIU Hoof N Horn club and on the Livestock Judging team. He was awarded one of two KCFB Foundation Scholarships.





Evan Link is the son of Rob and Joy Link of Gilson. He will be graduating from Knoxville High School in May and then attending ICC in the fall, with plans on transferring to a 4-year university to major in agricultural engineering. Evan was awarded one of two O'Connor Family Scholarships.

Hannah Hawkinson is currently a sophomore attending the University of Illinois Urbana-Champaign for Agricultural and Biological Engineering planning to specialize in Off Road Equipment. She holds an executive office in her Cooperative sorority on campus, 4-H House. Although she misses the farm kid summer life, she looks forward to her second internship with John Deere for this upcoming summer at Harvester Works. Hannah was awarded one of two O'Connor Family Scholarships.

344-9045

1179 N SEMINARY ST

GALESBURG, ILLINOIS

WWW.HIPIND.COM

- 0
- Pond treatment.
- Removal and follow up chemical treatment of large stands of Honeysuckle, Autumn and Russian Olive, Locust, and Multiflora-rose.
- Tree spade, grapple and tilling service.

Herbaceous invasive plants can be mechanically removed and treated any time of the year. Follow-up chemical maintenance is required to bring your land back to its original state.

> Mike McKim 309-981-9716 • Invasiveprm@gmail.com

309.981.9716

Hoses • Fittings • Adapters • Hydraulic Cylinder Repair • Now New Jacks Health on the Farm

By the Knox County Health Department

Knox County Health Department Recognized National Public Health Week April 1st – 7th "Create the Healthiest Nation in One Generation"

Knox County Health Department Recognized National Public Health Week April 1st – 7th.

Everyone deserves to live a long and health life in a safe environment. To make that possible, we need to address the causes of poor health and disease risk among individuals and within our county. Where we live, learn, work, worship and play affects each of us and can determine our health and life expectancy. In the workplace, we can partner across sectors to make sure decisions are made with the public's health in mind. Within our county, let's start conversations with our neighbors and become advocates for positive change. Working together, we can build healthier communities and eventually, the healthiest nation. But we will continue to need your health to get there.

Public health efforts are devoted to preventing health problems before they occur. Examples of this at the Knox County Health Department include programs such as restaurant inspections, water well testing, infant immunizations, communicable disease surveillance and investigation, and chronic disease screening and education, to name a few. Ultimately, to be effective, public health prevention activities must be carried out through collaboration with various agencies such as: government agencies, private sector entities, and voluntary organizations.

How can we help make Knox County a Healthier County?

• Quit using tobacco products. Call 1-866-QUIT-YES (1-866-784-8937) for FREE cessation help.

• Follow the recommended immunization schedule for children and adults

 Encourage proper hand-washing and food preparation habits to limit the spread of

communicable diseases.

• Seek out proper treatment, promote your community's resources and receive proper screening for mental health issues.

• Encourage routine dental appointments for the entire family.

• Communicate with children regarding their knowledge, values, and attitudes related to sexual health and healthy relationships.

• Have routine preventive screenings to enhance early detections of STDs.

• Encourage youth to participate in activities in and out of-school.

• Make half of your plate fruits and vegetables, make at least half of your grains whole grains choose foods with less sodium and drink water instead of sugary drinks.

• Plan family trips to local parks and other outdoor locations

Please join the Knox County Health Department in working to make Knox County a healthier place to live, learn, work, worship and raise a family. Take a moment and make just one positive change a day that will help you live a healthier life. These seemingly small actions can have a big impact when they are spread throughout an entire family, community and nation. Increasing awareness on how to live longer lives is the first step in helping us create a healthier nation, but there is more you can do beyond taking these actions. Raise awareness of the importance of taking preventive measures within your community all year. Your community will be healthier and happier as a result.

We look forward to serving you for 26 more years. For more information regarding National Public Health Week please visit www.nphw.org or call your Knox County Health Department at 309.344.2224.

PRESCRIPTION

DRUG TAKE BACK



Sharps Thermometers

Inhalers

**All prescriptions, inhalers & thermometers must be in Ziploc bags

SPONSORED BY: CITY OF GALESBURG, KNOX COUNTY HEALTH DEPARTMENT & KNOX COMMUNITY HEALTH CENTER

for more information: (309) 344-2224





Check us out at: www.yemmford.com 309-342-1121 W. Main St & Linwood Rd Galesburg, IL 61401

IL Farm Bureau Members can Save \$500 on select new models!

West Central FS, Inc.

westcentralfs.com



DEVELOPED LOCALLY WITH HIGH EXPECTATIONS. JUST LIKE YOU.

At FS, we're grower-owned and grower-focused. We answer to you—and only you. That means when you put down your hard-earned money on FS InVISION and FS HiSOY, you can be sure you're getting seed that is proven to perform. Simply put, it's not just the local choice. It's the better choice.

KCFB Bulletin • April 2019 • Page 7

MEMBERSHIP RECRUITERS OF THE MONTH



The Knox County Farm Bureau would like to recognize COUNTRY Financial Representatives Jason Lumberry & John Ryner as the top membership recruiters in March. Jason & John each signed four new associate members.

Call your COUNTRY Representative for all your insurance and financial needs.

PRIMETIMERS NEWS

The March meeting was held at the Knox Agri-Center and 19 committee members attended. Jacque Arthur from the Knox County Sherriff's Office spoke to the group about Knox County TRIAD. The April meeting is set for Tuesday,

April 16th with Representative Dan Swanson to discuss current issues. The potluck will begin at noon, so please bring a dish to pass and your own table service. The PrimeTimers invite all members 55+ to attend.

John Ryner



~ CLASSIFIED ADS

To place ads in the Bulletin or on the website, you must be a Knox County Farm Bureau member. Call 309-342-2036 or e-mail us at jreedy@knoxcfb.org by the last Friday of each month to place the ad.

Mayfield's Backhoe Service: Drainage Improvements/Repairs, Trenching, Grading, and more. Call Eric 309.351.9520 4/19

FOR SALE: Very nice LP gas stove. New dining room table w/leaf, seats 10 people. Call 309.509.2659. 4/19

FOR SALE: 2011 Bennington pontoon boat, 20 ft with 25 hp motor. Si fish finder with two live wells, around 400 hours, full cover docking light, horn, and radio. Call 309.368.8513 4/19

FOR SALE: 1964 Chevy Classic C-10 1/2 ton pickup, blue in color, 350 cu.in. motor with 4 bbl.carb. 4 spd. trans. chrome wheels, with white lettered tires, bucket cloth seats, hurst shifter, lots of new parts, everything works. Call 309.368.2733 after 6 PM. 4/19

FOR SALE: Esteban's Granada Classical Guitar & 15 watt amp. Case & 10 ft amp cable. 2 Instru. DVD & Lesson books. Extra strings \$200.00. Call 309.368.2733 after 6 PM. 4/19

FOR SALE: St. Croix Pro 55 Fly fishing rod & reel \$85.00 Call 309.368.2733 after 6 PM. 4/19

FOR SALE: Plex-O-Glass sheets 4 ft x 8 ft x 1/10 in thick. 4 each \$60.00 or 4 for \$200.00. Call 309.344.2358. 4/19

FOR SALE: 9 large, round, grass hay bales, stored outside, baled 2017. 1000 small, square, twine, grass hay bales, stored inside, baled 2017. Orange TWP, Knox County. Call Steve Litchfield at 319.931.6730 or litchfield@iowatelecom.net. 3/19

HELP WANTED: 2200 Acre Grain/250 Sow Farrow-Finish Farm seeks full-time, experienced employees. Health care, dental, pension, & housing available. Resume & references required. Email: DSEngland@ mymctc.net 3/19

FOR SALE: Cattle Equipment-14 corral gates, 2 hay rings, 1 catch chute, 2 creep feeders, 1 hay rake, 1 mower conditioner, 1 corn pro trailer, 1 castrator, OB chains, 2 three point bale carriers, 100 gal water tank. Maquon area. Call 309.333.6209 3/19

WANTED: Broken concrete or bricks. Call 309.484.2160 3/19

If you sell your items, please contact the Knox County Farm Bureau office at 309-342-2036 or email jreedy@knoxcfb.org, so we can provide our readers with up-to-date information.

SPECIAL PROMOTION • LIMITED-TIME OFFER

READY TO WORK FOR YOU.

You'll see, firsthand, why the most respected landscape professionals trust Exmark[®] 2-to-1 over the next best-selling brand of zero-turn mowers.

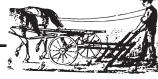
SELECT LAZER Z[®] E-SERIES MOWERS



664 US Highway 150 E • Galesburg, IL 61401 (309) 341-4360 • www.birkeys.com



Looking Back



TAKEN FROM THE APRIL 1979 BULLETIN

"As I took one of my strolls through the new building, I continually become more excited. The Carpenters are now putting on many 'finish' items

and the ceiling work is nearing completion...We are especially pleased with the quality of the structure and much credit is due to the architect, contractor and building committee for their efforts." -Mark Frels

TAKEN FROM THE APRIL 1989 BULLETIN

'April 17-23 was National Volunteer Week, and I can't think of busier or more helpful and dedicated people than those of you who are involved with Farm Bureau. You people are part of an organization that gets its spirit and strength directly from the people who care about agriculture and the ag-community. Without your services, time, dedication, etc. our (nox County Farm Bureau would cease to exist. It is only by you volunteering your talents hat we are able to serve the agricultural community and to help improve net farm income. '-Dennis Hartung

TAKEN FROM THE APRIL 1999 BULLETIN

'I love spring! I have been waiting for it since the first leaves started turning last fall. As usual, winter drug on, but the tulips (my favorite flower) are finally blooming, gracing us with their beautiful presence and aroma. And the pastures are loaded with babies and their mommies – a good indication that spring is finally here. I hope everyone has a great spring, along with a sunny and enough-rainfall-at-the-right-time kind of spring planting season!" -Jennifer Beard





the oven temperature up to 375°F. Transfer

the pan and discard, or save it for another

use. Set the ham cut side down in the pan.

Using a brush, slather the glaze all over the

Cook, basting twice, with the glaze until

caramelized at the edges and an instant-

read thermometer inserted into the center

140°F, 15 to 20 minutes. Transfer the

of the meat without touching bone registers

ham to a carving board and let rest for at

least 30 minutes and up to 2 hours before

Transfer any glaze from the bottom of

the pan to a gravy boat or bowl and serve

The glaze can be made one day ahead.

Cider-Braised Ham with Spicy Pineapple

Glaze: Put the ham cut side down in a

large roasting pan (preferably with a

stick (omit the water). Cook, covered,

as directed in the master recipe, until an

instant-read thermometer registers 130°F,

about 2 hours. Drain the braising liquid

master recipe, and return it to the oven to

and glaze the ham as directed in the

domed lid), without using a rack. Add 6

cups apple cider, 1 Tbs. allspice berries, 1

Tbs. whole cloves, and 1 4-inch cinnamon

the ham to a cutting board; remove the

rack from the pan. Drain the liquid from

exposed parts of the ham.

with the ham, if you like.

Make Ahead Tips

Refrigerate, covered.

carving.

Roasted Ham with Spicy Pineapple Glaze

Ingredients

For the glaze 1 cup drained canned crushed pineapple in juice

- 1/2 cup packed light brown sugar
- 3 Tbs. minced scallion
- 2 tsp. minced seeded habanero
- 1-1/2 tsp. dry mustard
- 1 tsp. minced garlic
- 1 tsp. dried thyme For the ham
- 1 8-10-lb. bone-in butt-end half city ham **Preparation**

Make the glaze

Mix all the ingredients together in a small bowl.

Cook the ham

Position a rack in the lower third of the oven and heat the oven to 350°F.

Set a flat wire rack in a large roasting pan (preferably with a domed lid) and pour 1-1/2 cups water into the pan. Put the ham cut side down on the rack.

Cover with the pan's lid or put a small piece of parchment on top of the ham and then tent with heavy-duty aluminum foil, pinching it over the lip of the roasting pan for a good seal. Roast until an instant-read thermometer inserted into the center of the meat without touching bone registers 130°F, 2 to 2-1/2 hours.

Remove the pan from the oven; turn

Taken from finecooking.com

If you would like to submit a family-favorite recipe, please provide the recipe with a picture to the KCFB office.

FOR SALE

finish cooking.

2018 Knox County Plat Books

2018 Knox County Wall Plat Map

KCFB Past President's Interview DVD

⁶Based on CSP of \$10,499 for a 52" Lazer Z E-Series with Kawasaki® FX751V engine and model number LZE751GKA524A2 or LZE751CKA524A2. See you dealer for qualifying models.

EXMARK.COM

e Kimark.

\$30 for members \$50 for members

\$10









www.bankofyatescity.com BOX 246 • YATES CITY, ILLINOIS 61572

WinshipFarmManagement.com

LEE BROS

Welding & Sandblasting SERVICE

COMPLETE WELDING & SANDBLASTING SERVICE PORTABLE WELDING - HELIARC WELDING ALUMINUM AND STAINLESS STEEL

342-6017

575 LINCOLN

GALESBURG, ILLINOIS



Locally Owned and Operated Office

WESTERN GRAIN MARKETING

"To Provide Competitive" Grain Marketing Solutions and Exceptional Service"

> Fairview 309-778-2216 1-888-458-2216